

SABATO 2 MARZO

ANGINA (EPICARDICA E MICROVASCOLARE) O PRECORDIALGIE ATIPICHE. DIAGNOSI DIFFERENZIALE CON LA RISONANZA MAGNETICA.

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Outline

- **Stress MRI: diagnostic performance**
- **Stress MRI and Prognostication**
- **Stress MRI management and prognosis**
- **Future : Fully quantitative analysis, T1 mapping and strain**

STRESS MRI: DIAGNOSTIC PERFORMANCE

STRESS CMR:



Perfusion Defects

Wall motion

**Function, valvulopathies
and shunts**

Tissue Characterization

STRESS CMR: DIAGNOSTIC PERFORMANCE: OBSTRUCTIVE CAD

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Cardiac Imaging

Diagnostic Performance of Stress Cardiac Magnetic Resonance Imaging in the Detection of Coronary Artery Disease

A Meta-Analysis

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Mohan R. Nandalur, MD,§ Ruth C. Carlos, MD, MS*

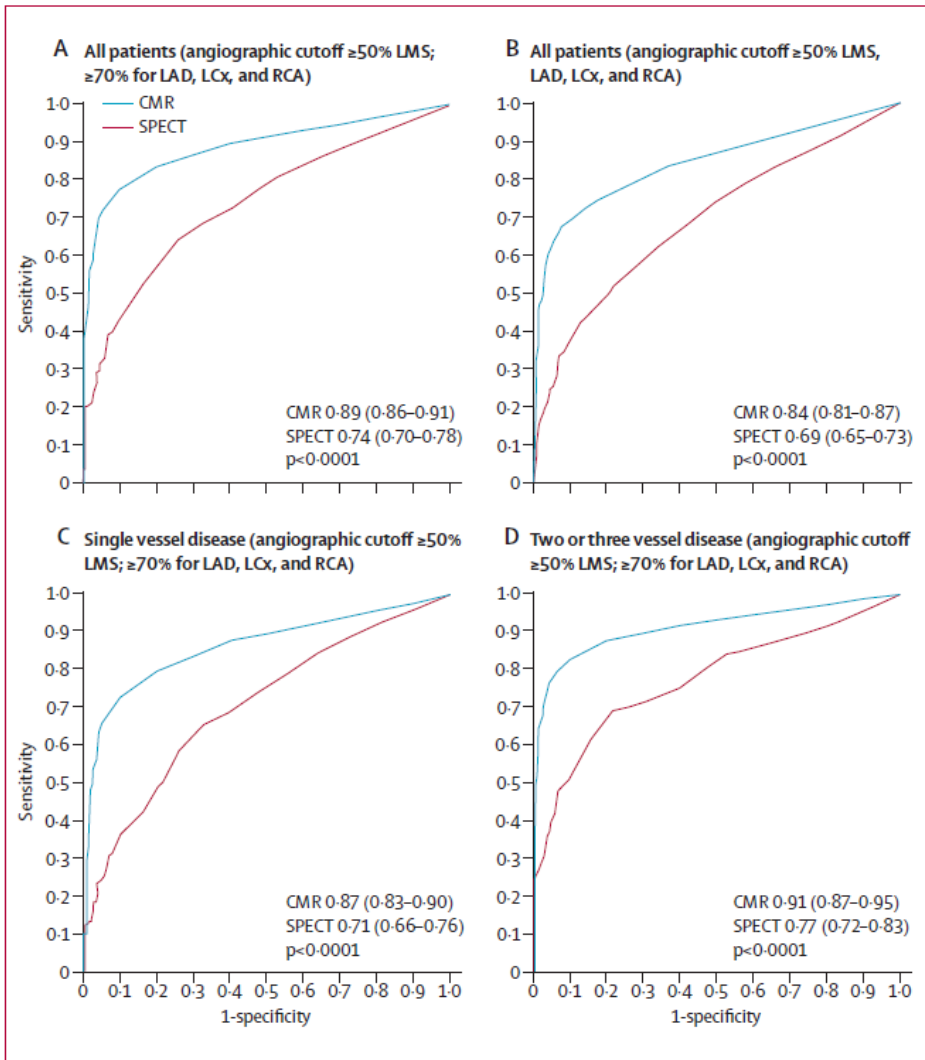
Ann Arbor, Michigan; Charlottesville, Virginia; and Washington, DC

Stress-induced wall motion abnormalities imaging demonstrated a sensitivity of **0.83** (95% confidence interval [CI] 0.79 to 0.88) and specificity of **0.86** (95% CI 0.81 to 0.91) on a patient level (disease prevalence = 70.5%).

Perfusion imaging demonstrated a sensitivity of **0.91** (95% CI 0.88 to 0.94) and specificity of **0.81** (95% CI 0.77 to 0.85) on a patient level (disease prevalence = 57.4%).

Thirty-seven studies (2,191 patients)

STRESS CMR vs SPECT: DIAGNOSTIC PERFORMANCE: OBSTRUCTIVE CAD

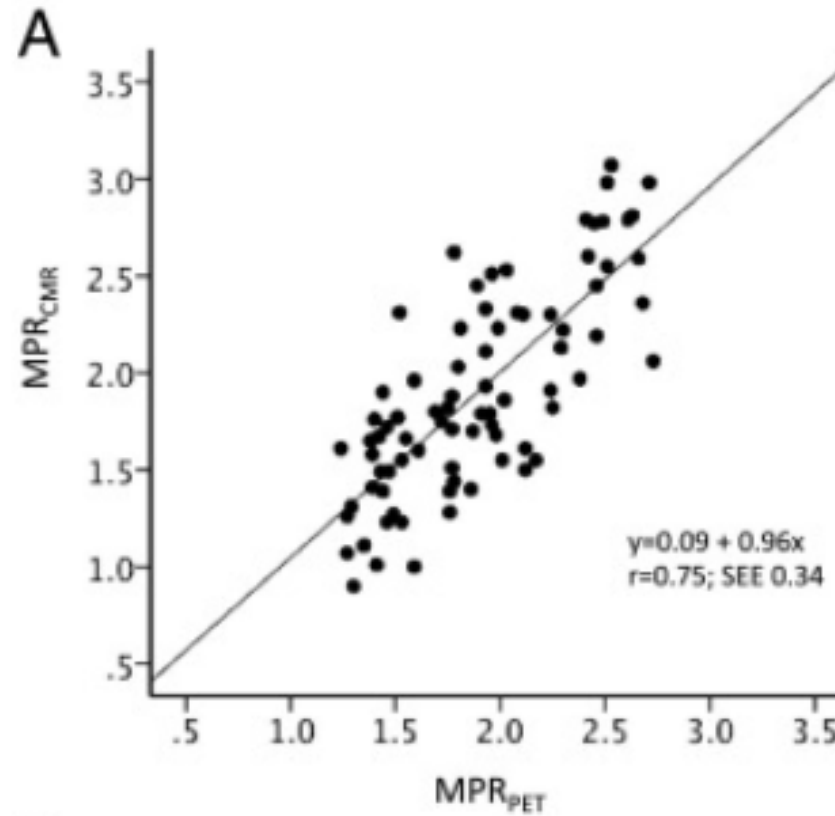
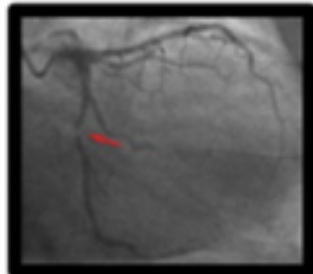
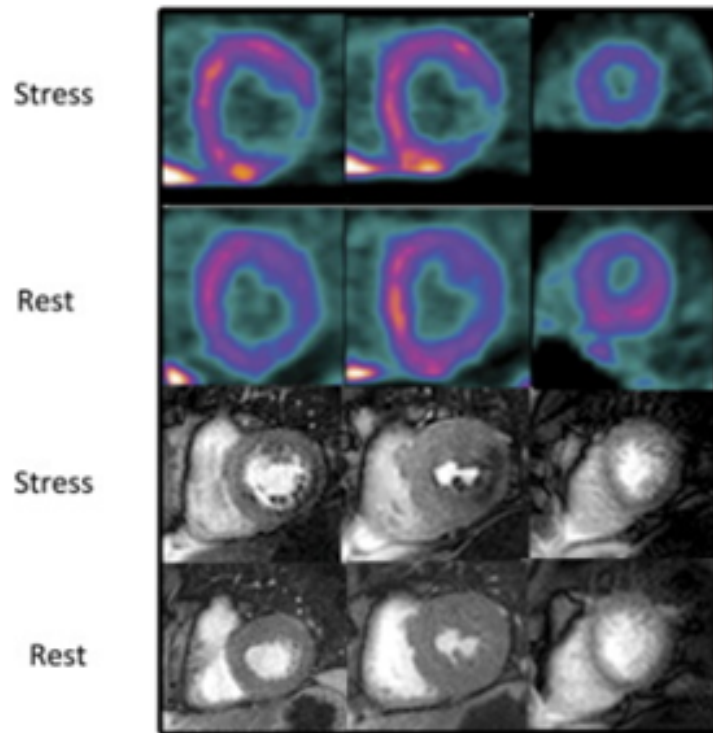


N. 752 pts

CMR: Sensitivity 86.5%, Specificity 83.4%,
PPV 77.2%, NPV 90.5%

SPECT: Sensitivity: 66,5%, Specificity 82.6%,
PPV 71.4%, PPV 71.4%

STRESS CMR vs SPECT: DIAGNOSTIC PERFORMANCE: OBSTRUCTIVE CAD



STRESS CMR: DIAGNOSTIC PERFORMANCE: iFFR

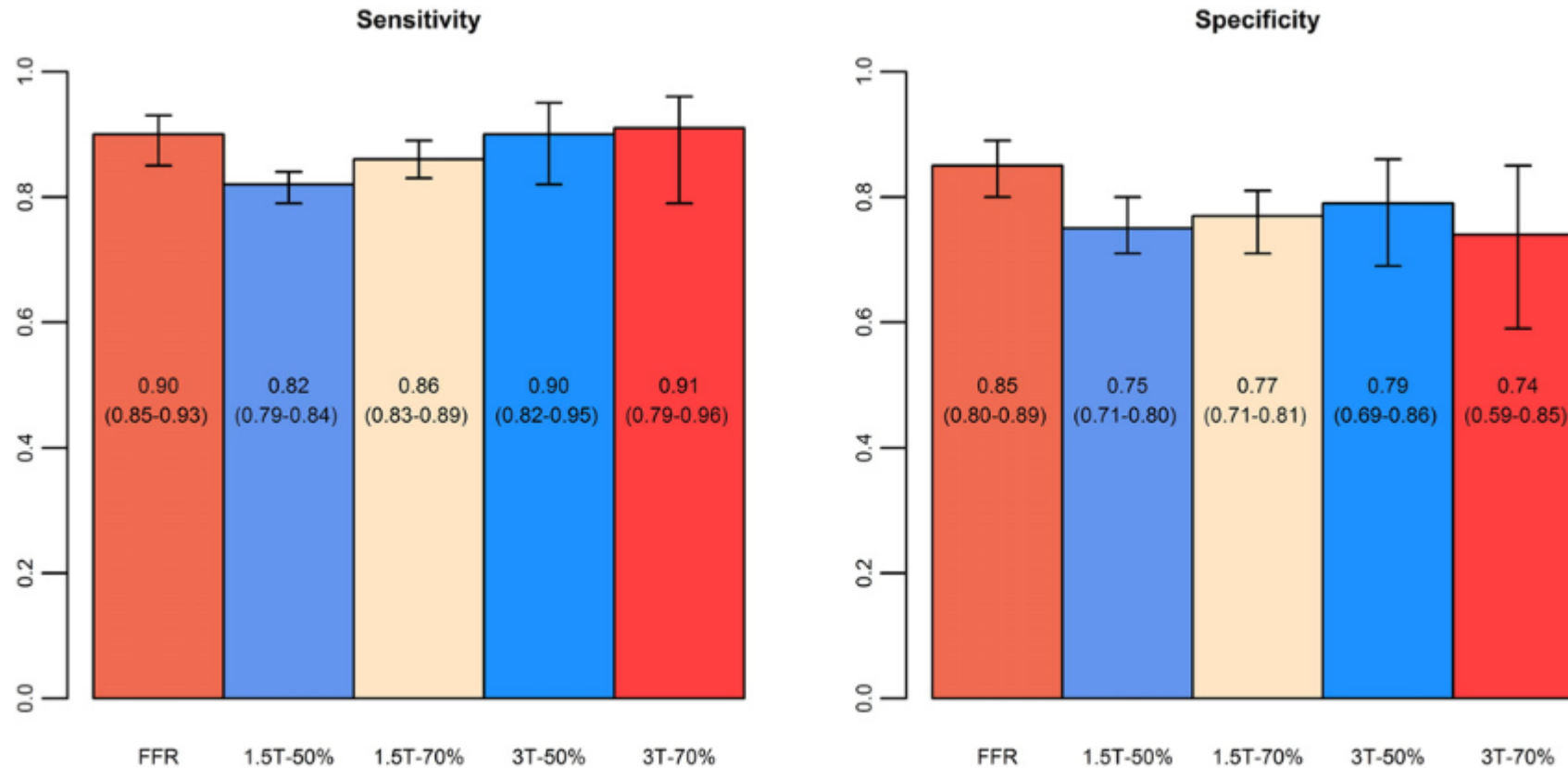
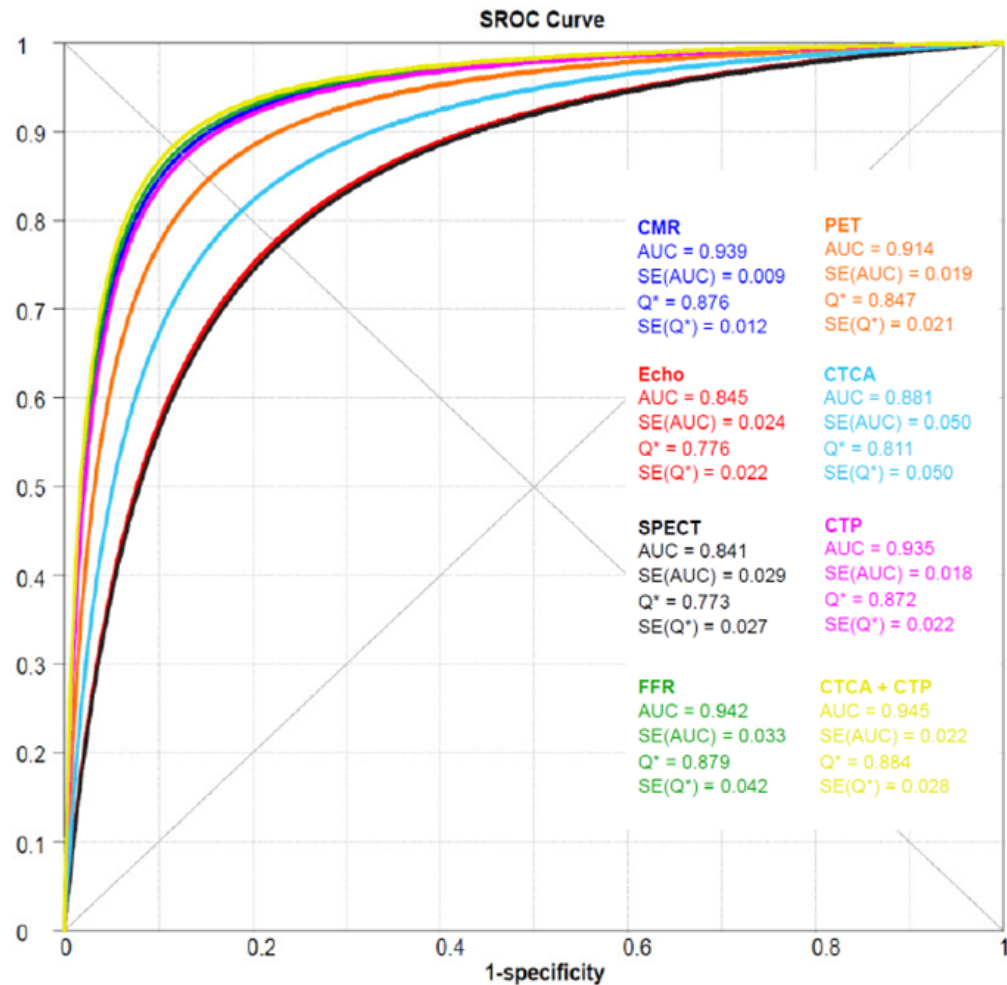
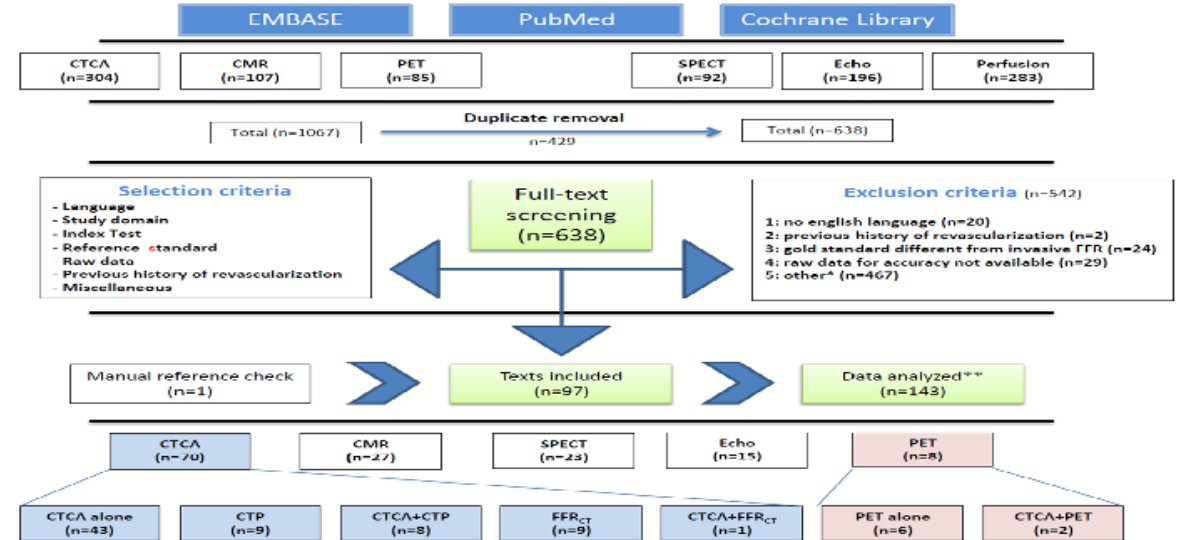


Fig. 1. Summary measures of sensitivity and specificity and their 95% confidence intervals for qualitative stress perfusion cardiac magnetic resonance at the patient level compared with FFR, at 1.5-T for detecting coronary stenosis $\geq 50\%$, at 1.5-T for detecting coronary stenosis $\geq 70\%$, at 3-T for detecting coronary stenosis $\geq 50\%$ and at 3-T for detecting coronary stenosis $\geq 70\%$. FFR, fractional flow reserve; T, Tesla

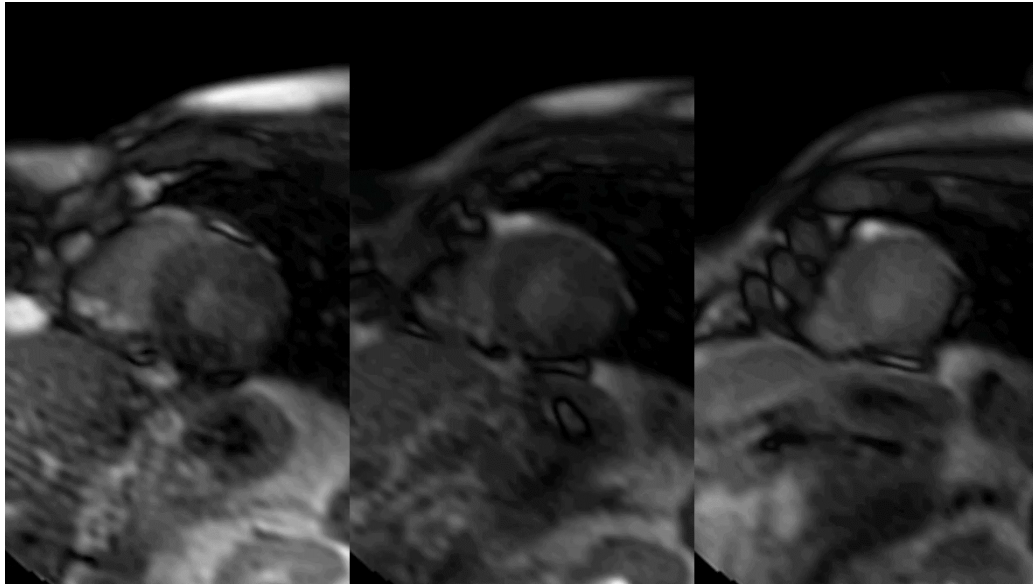
STRESS CMR: DIAGNOSTIC PERFORMANCE: iFFR



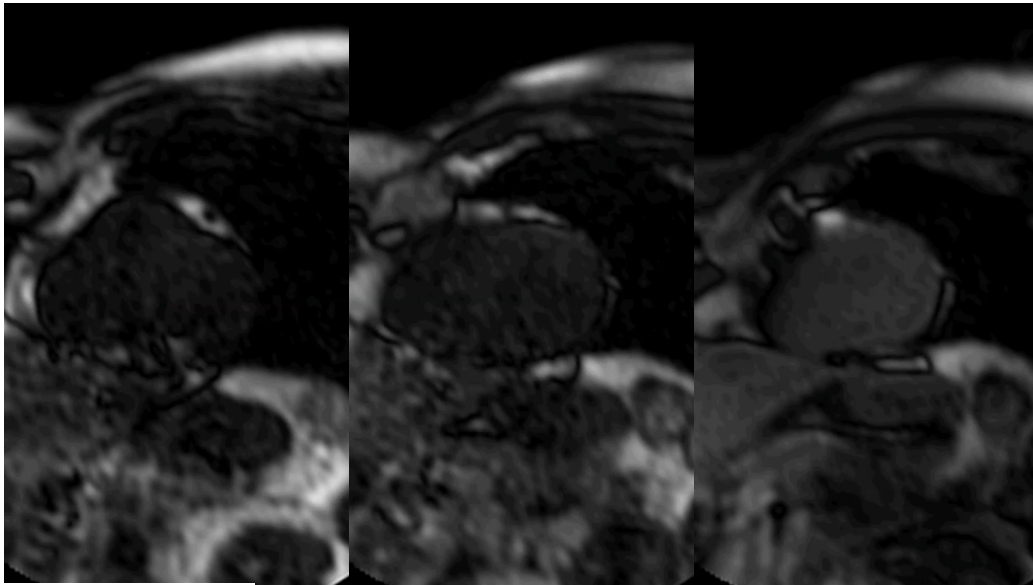
Diagnostic PERFORMANCE of stress echocardiography (Echo), stress single-photon-emission computed tomography (SPECT), positron emission tomography (PET), stress cardiac magnetic resonance (CMR), computed tomography coronary angiography (CTCA), stress computed tomography (CTP) and computed tomography fractional flow reserve (FFR_{CT}) for the assessment of Coronary Artery Disease (CAD) versus invasive FFR (FFR_i): a meta-analysis



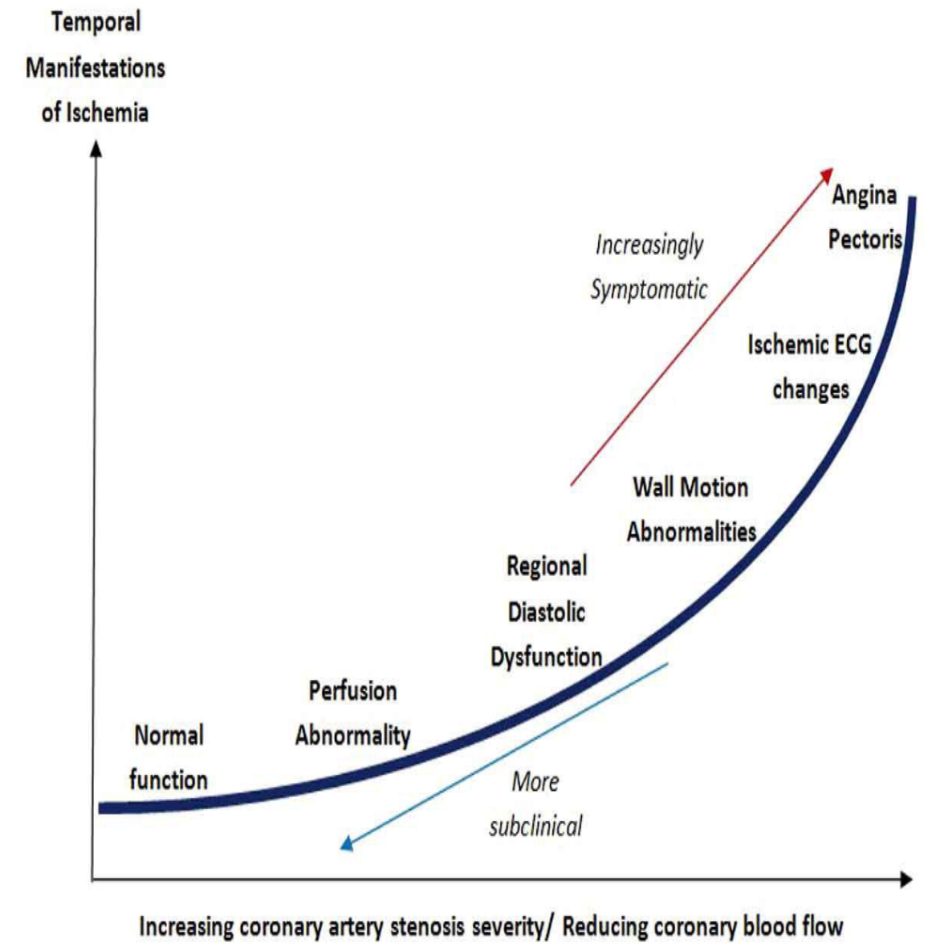
STRESS MRI PROGNOSTICATION



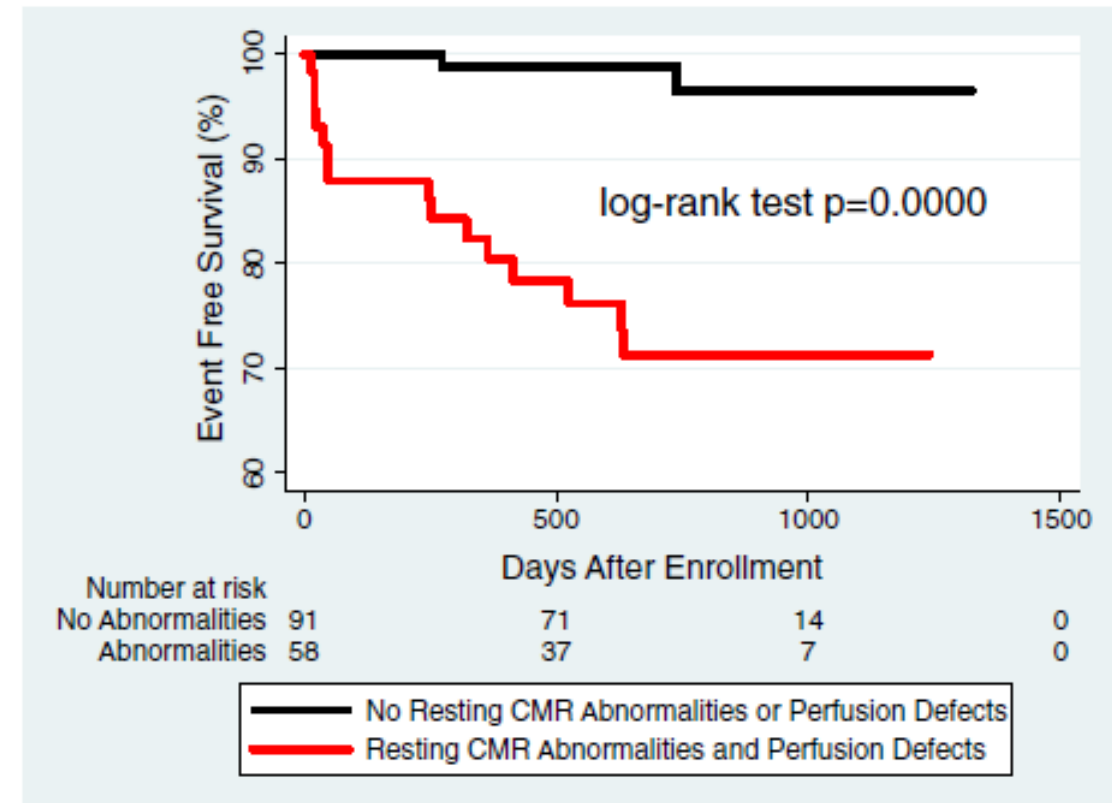
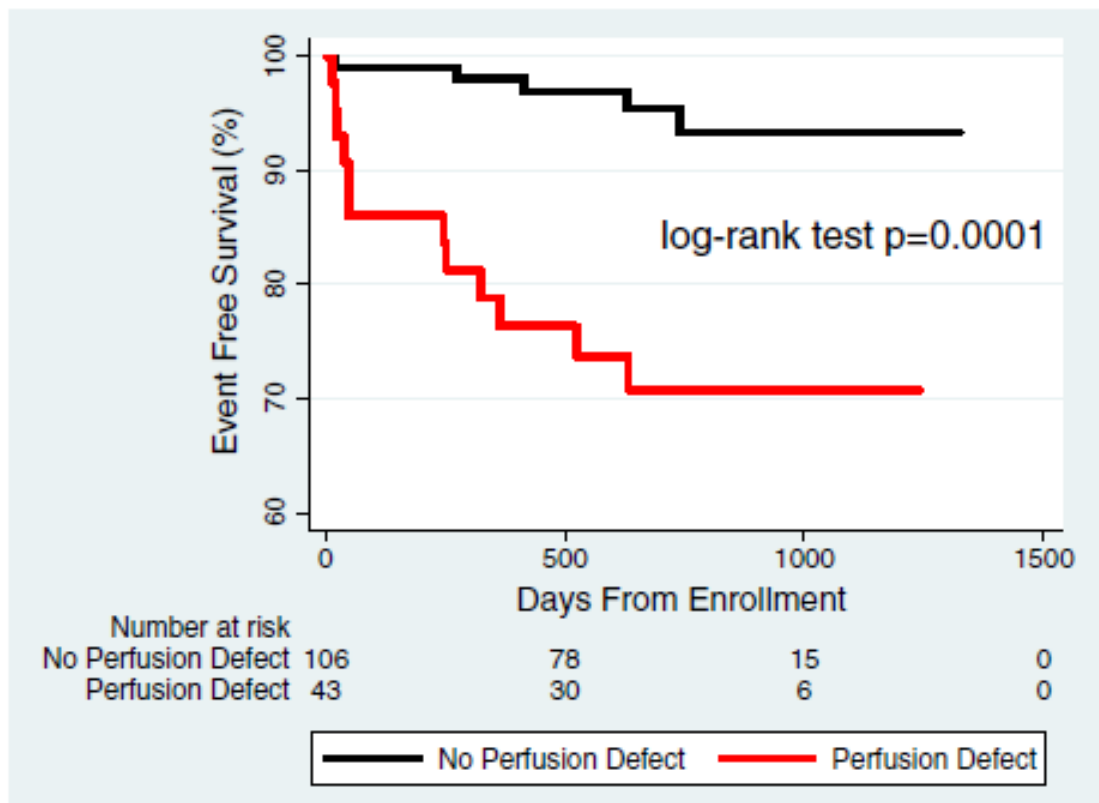
REST Phase



STRESS Phase

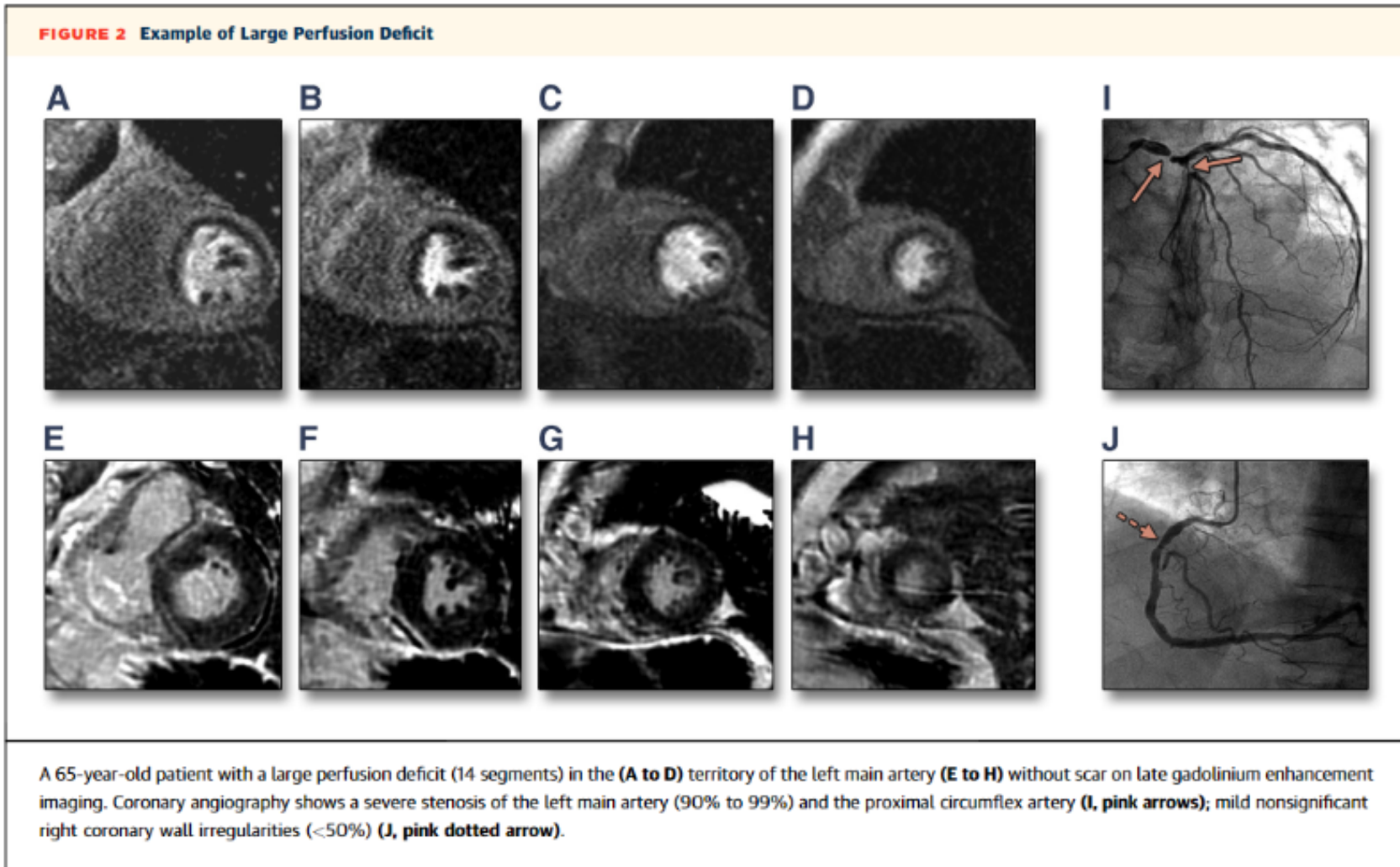


#REGADENOSON STRESS PERFUSION AND PROGNOSIS

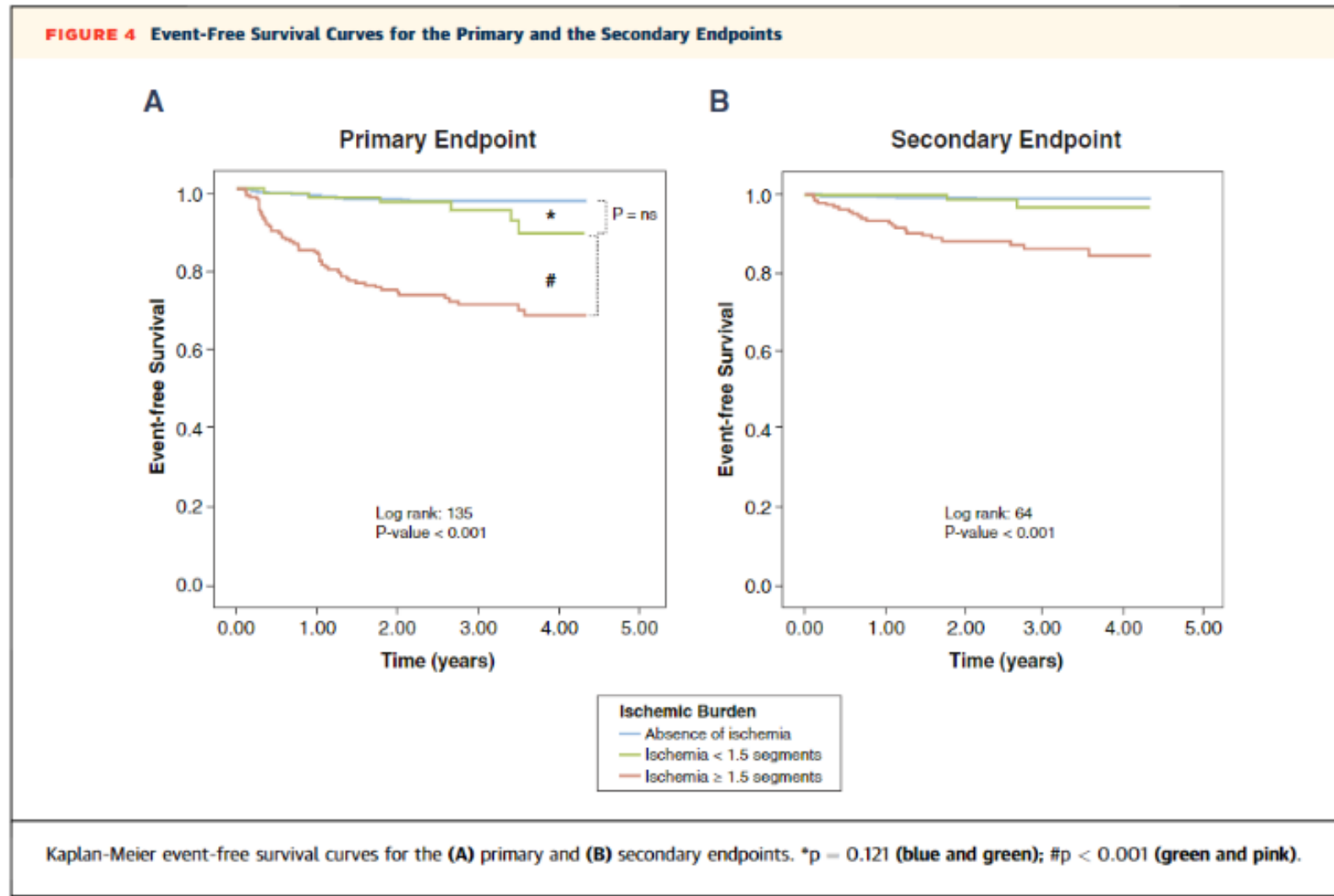


When the absence of perfusion defects was added to the absence of other resting CMR abnormalities, the negative predictive value improved from 96% to 99%. Regadenoson perfusion CMR provides high confidence for excellent prognosis in patients with normal perfusion.

ISCHEMIA BURDEN AND PROGNOSIS



#ISCHEMIA BURDEN AND PROGNOSIS



PROGNOSTIC ROLE OF DYPYRIDAMOLE STRESS CMR

Eur Radiol

DOI 10.1007/s00330-015-4064-x



CARDIAC

Prognostic value of dipyridamole stress cardiac magnetic resonance in patients with known or suspected coronary artery disease: a mid-term follow-up study

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Sara Salerni⁴ • Paola Gripari¹ • Carmen Rossi⁴ • Chiara Segurini¹ • Edoardo Conte¹ •
Virginia Beltrama¹ • Marta Giovannardi¹ • Fabrizio Veglia¹ • Andrea Igoren Guaricci⁵ •
Antonio L. Bartorelli^{1,2} • Piergiuseppe Agostoni^{1,2} • Mauro Pepi¹ • Pier Giorgio Masci³

PROGNOSTIC ROLE OF DYPYRIDAMOLE STRESS CMR

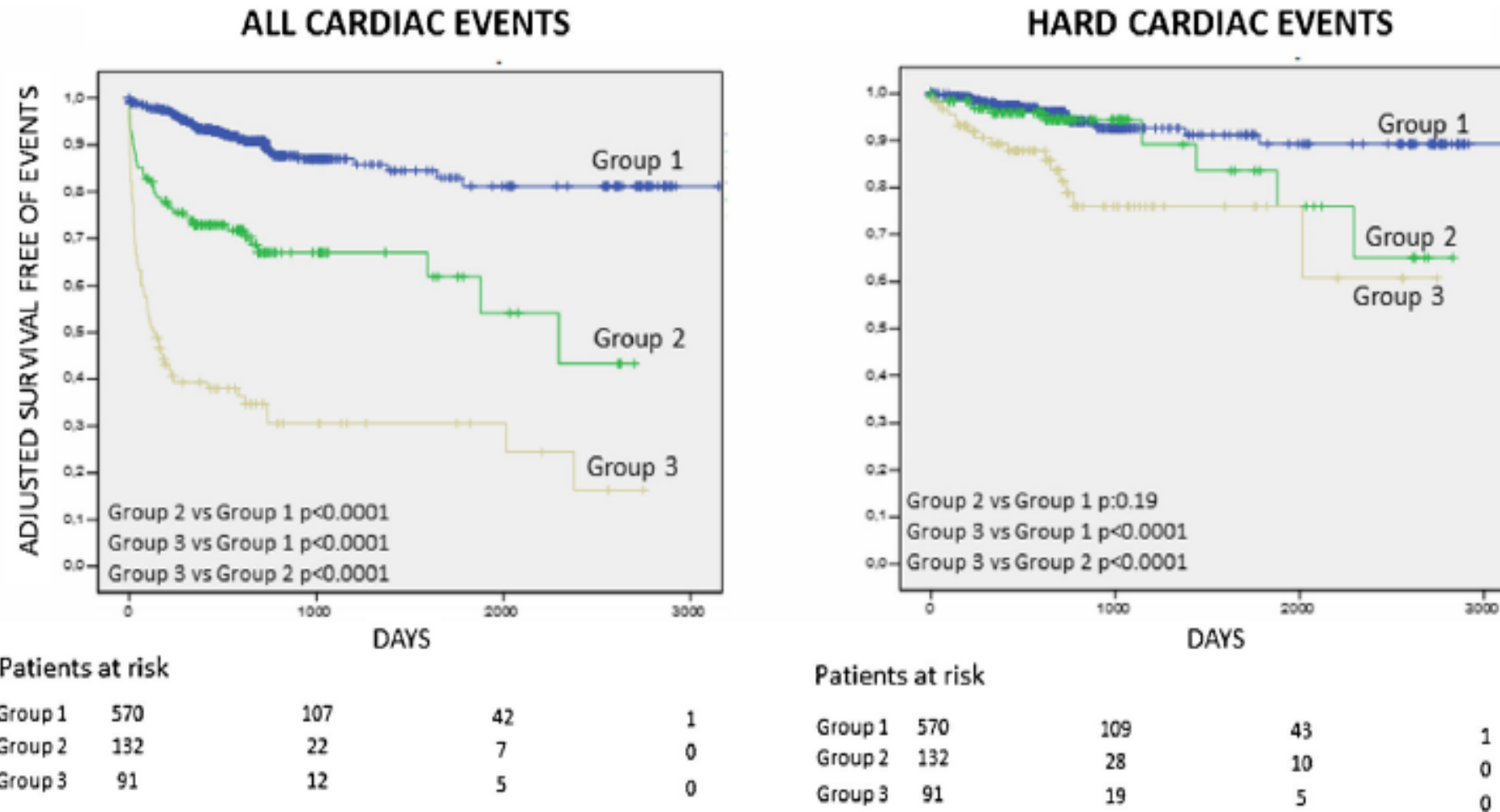
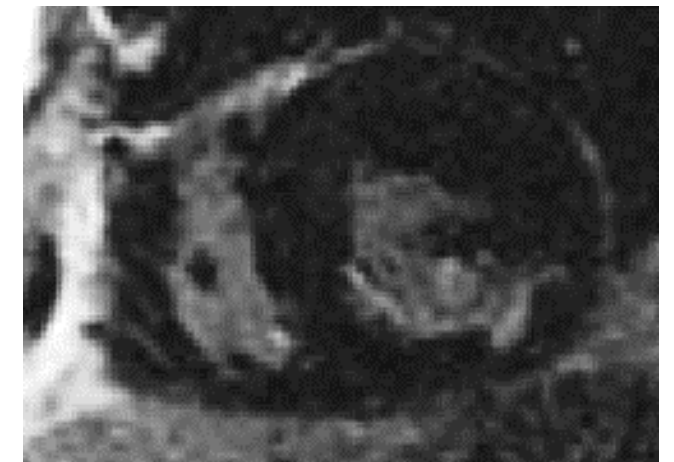
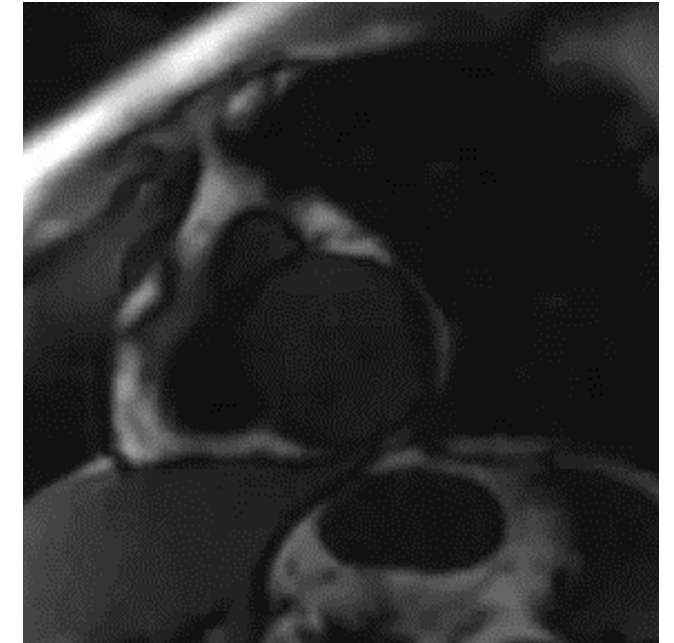
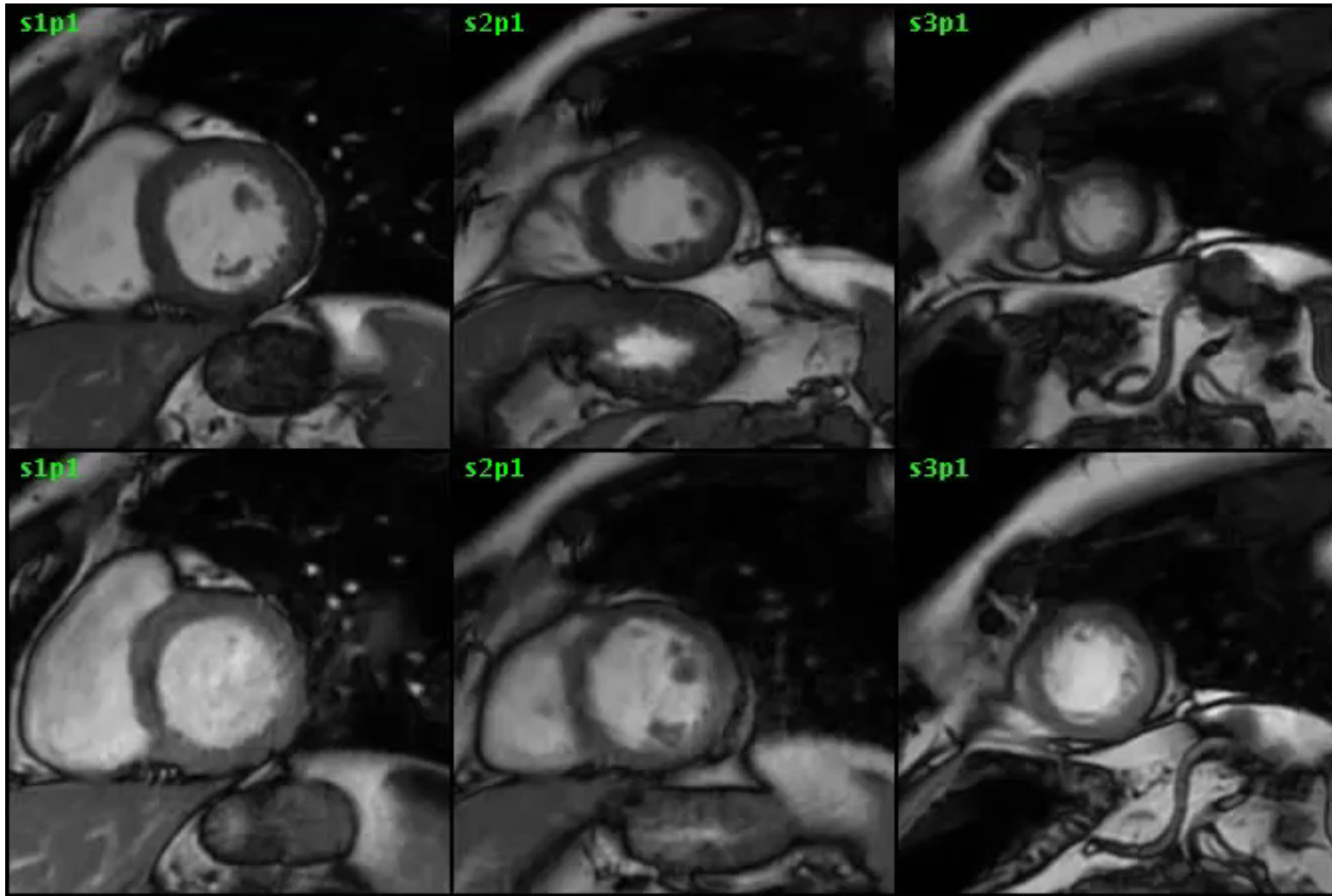


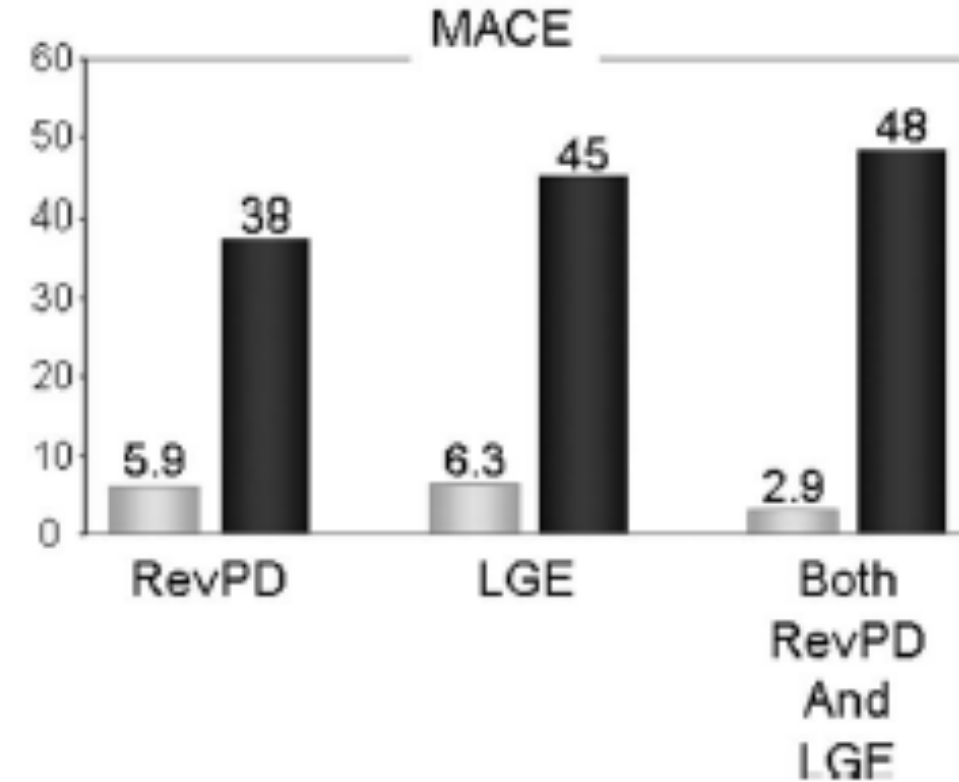
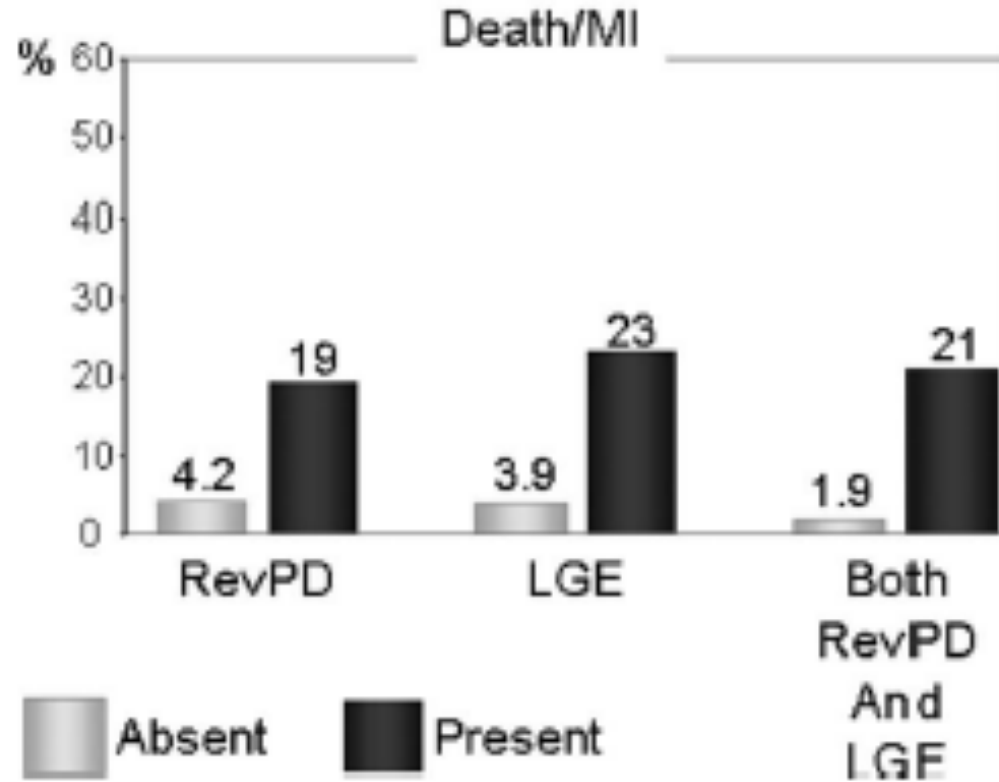
Fig. 3 Adjusted survival curves for all cardiac events (left panel) and hard cardiac events (right panel) in patients with normal stress CMR (Group 1), patients with perfusion defect alone (Group 2) and patients with perfusion defect+AWM (Group 3). *AWM: abnormal wall motion*

PROGNOSTIC ROLE OF DYPYRIDAMOLE STRESS CMR



COMPLEMENTARY ROLE OF LGE + PERFUSION DEFECTS

All patients n=254



INCREMENTAL PROGNOSTIC VALUE OF COMBINED CMR IMAGING

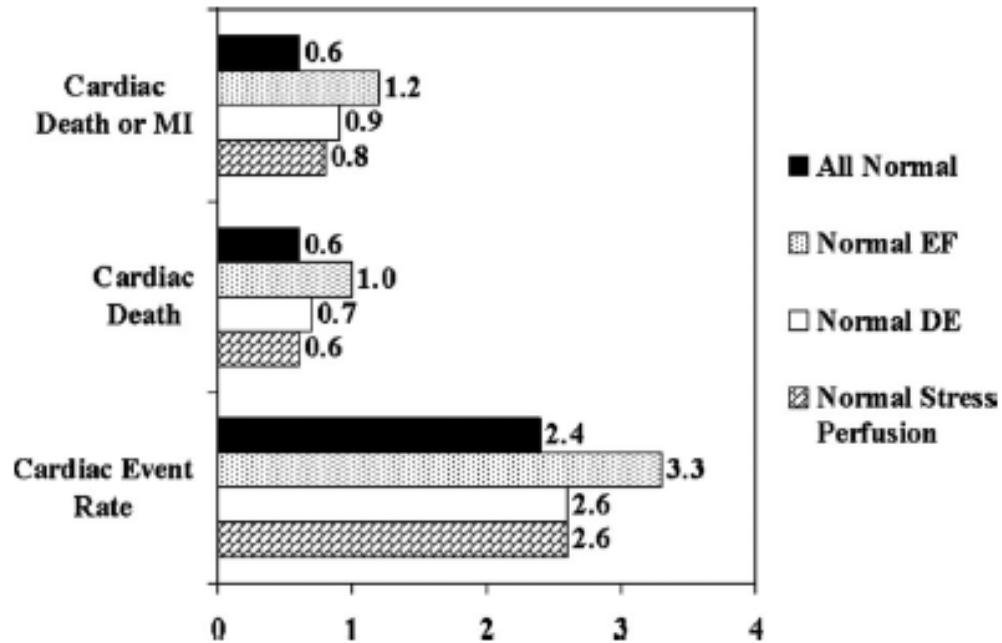


Figure 3. Frequency per year of cardiac death or myocardial infarction (MI), cardiac death, and cardiac event rate after normal stress perfusion (n=610), normal delayed enhancement (DE) (n=567), normal ejection fraction (EF) (n=770), or all 3 normal (n=488).

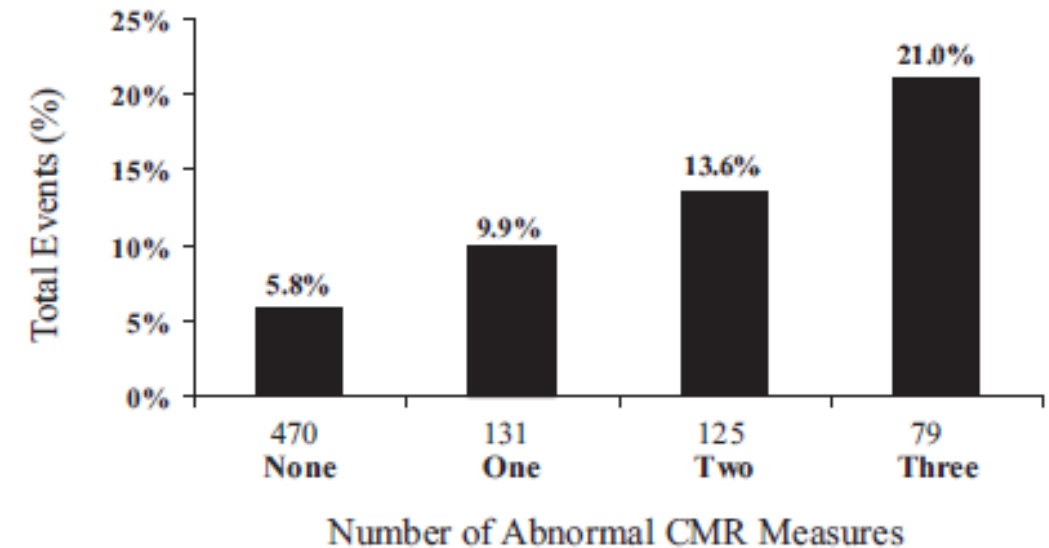
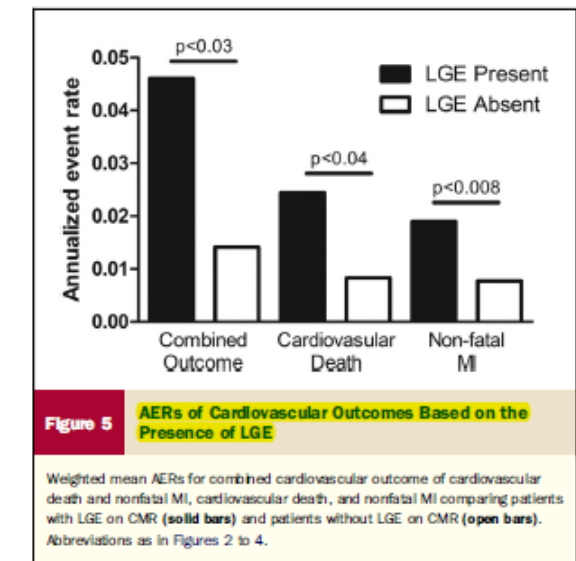
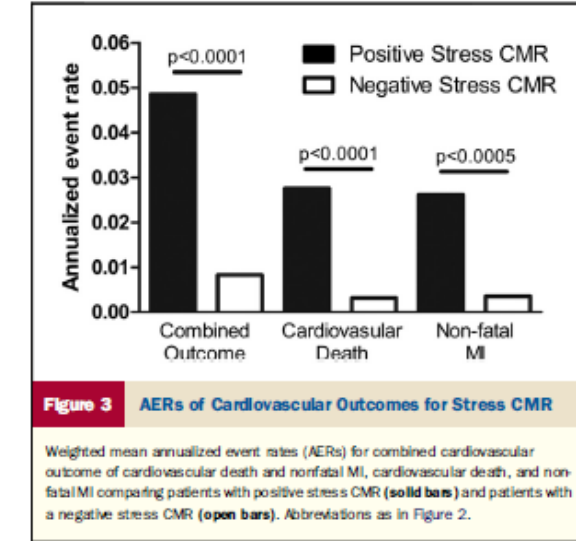
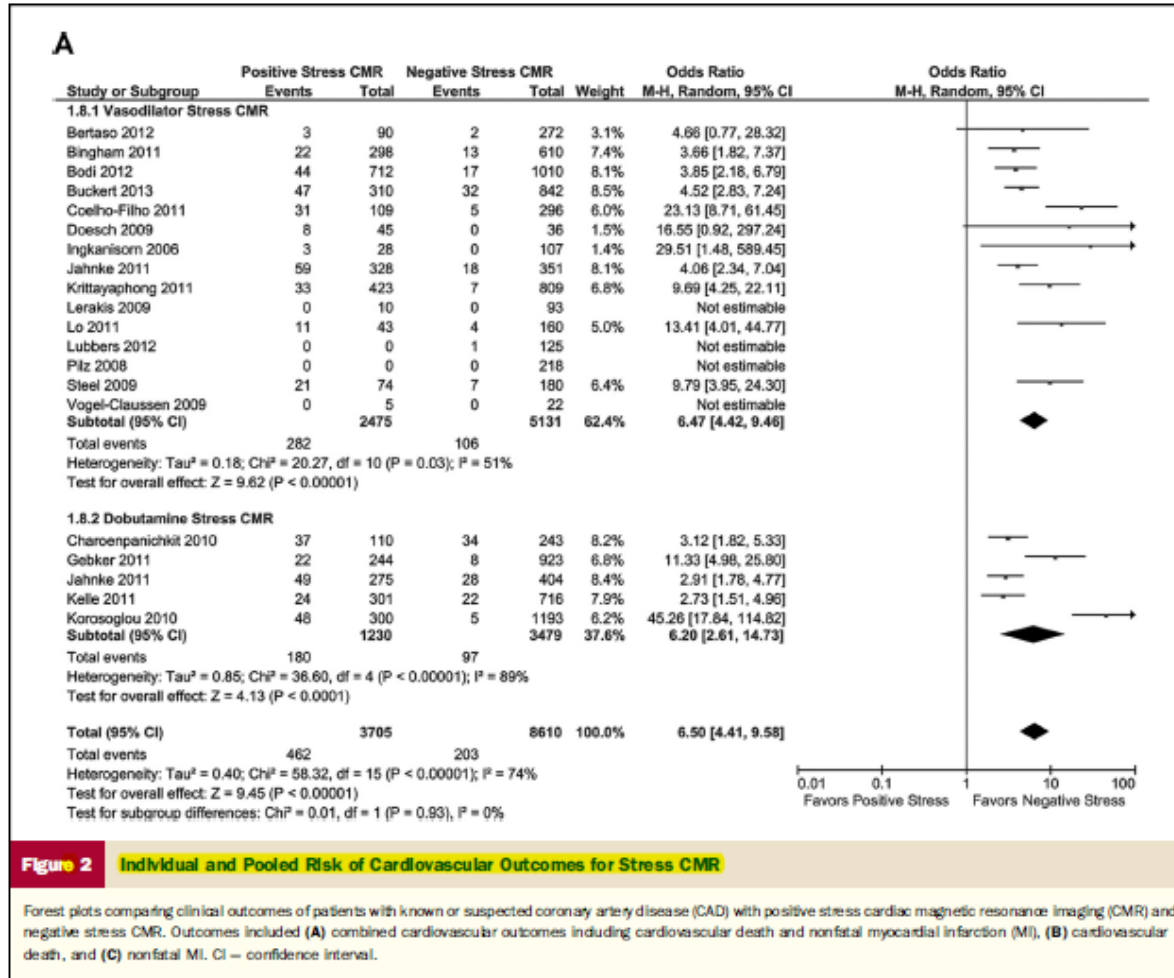


Figure 4. Frequency of total events as a function of the number of cardiac magnetic resonance imaging (CMR) test components abnormal (of stress perfusion, delayed enhancement [DE], and left ventricular ejection fraction [LVEF]). $P < 0.001$ across categories. N for each subgroup is underneath the bar.

#STRESS CMR AND PROGNOSIS: METANALYSIS



N= 19 FU 32 months
11.636 pts

#STRESS CMR AND PROGNOSIS IN WOMEN

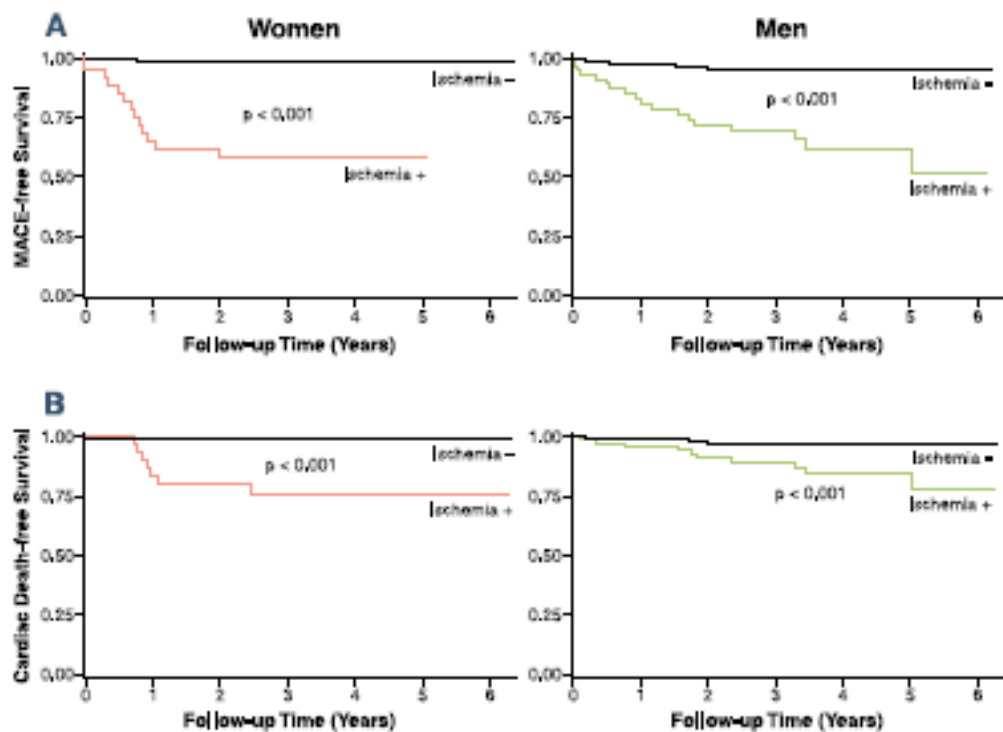


Figure 1. Kaplan-Meier Curves for MACE and Cardiac Death

Kaplan-Meier curves for major adverse cardiac events (MACE) (A) and cardiac death (B) stratified by evidence of ischemia in each sex.

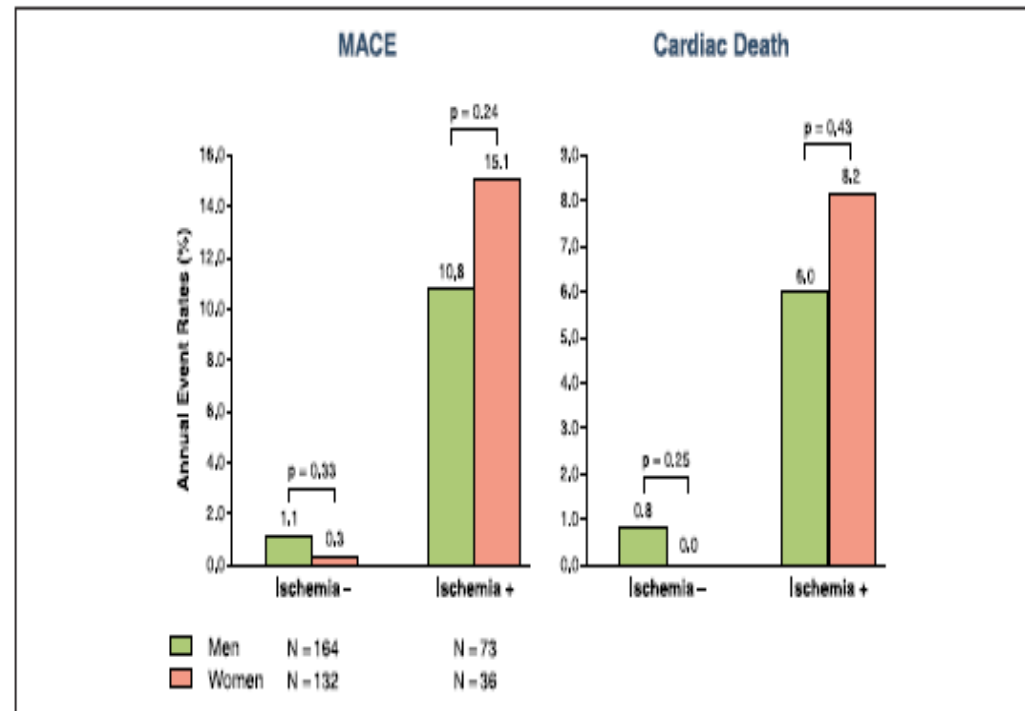
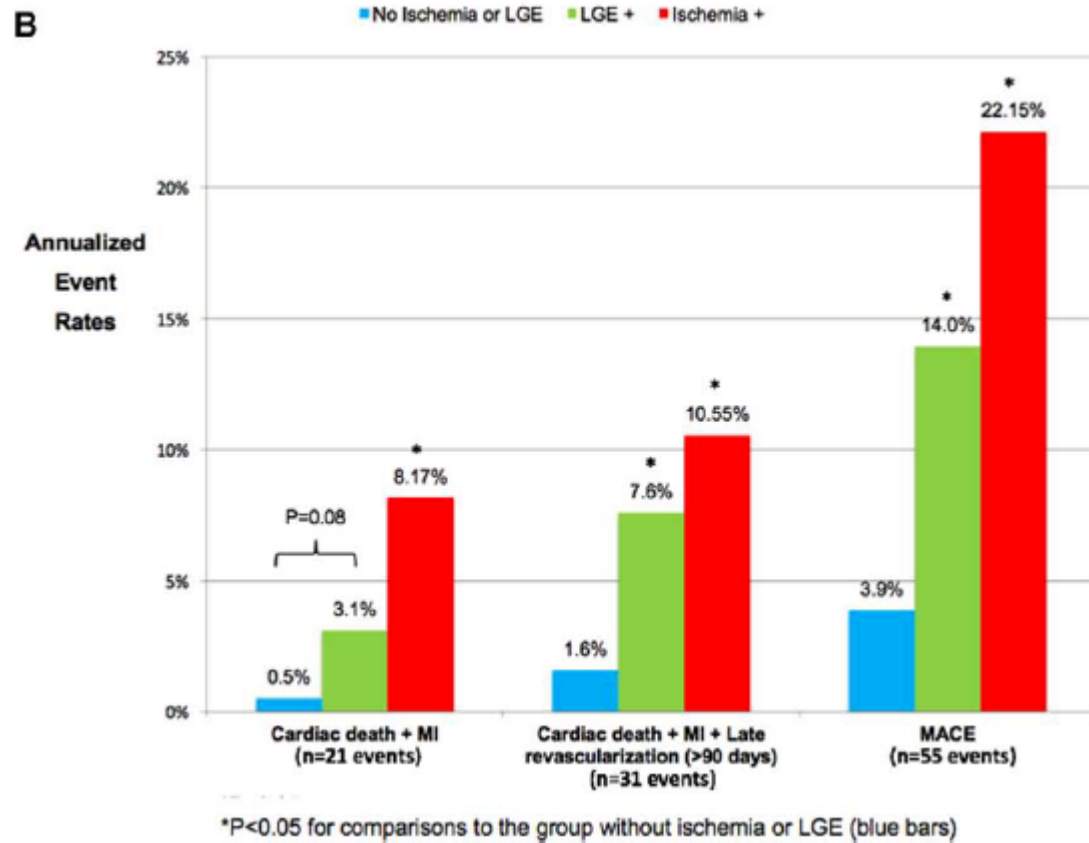


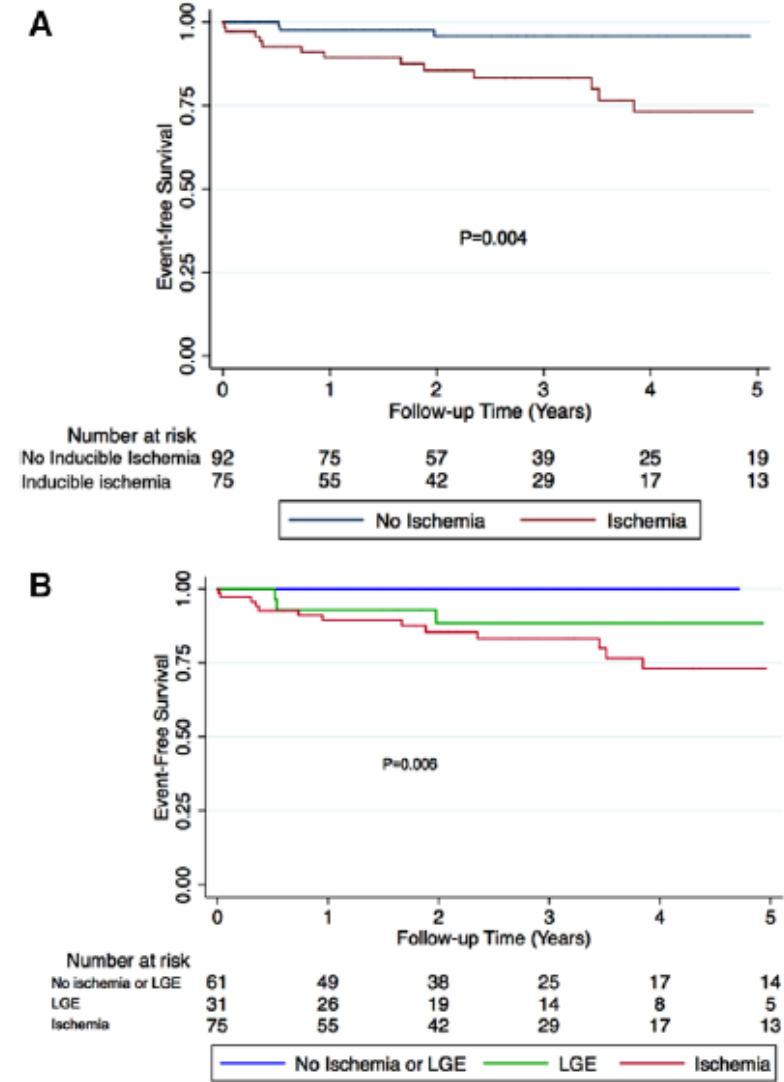
Figure 2. Patient Annual Event Rates of MACE and of Cardiac Death

Patient annual event rates of major adverse cardiac events (MACE) and cardiac death, stratified by sex and evidence of ischemia. Ischemia - = evidence of ischemia absent; Ischemia + = evidence of ischemia present.

#STRESS CMR AND PROGNOSIS IN DIABETICS



Estimated annualized event rates in diabetics stratified by the presence or absence of inducible ischemia and LGE by stress CMR



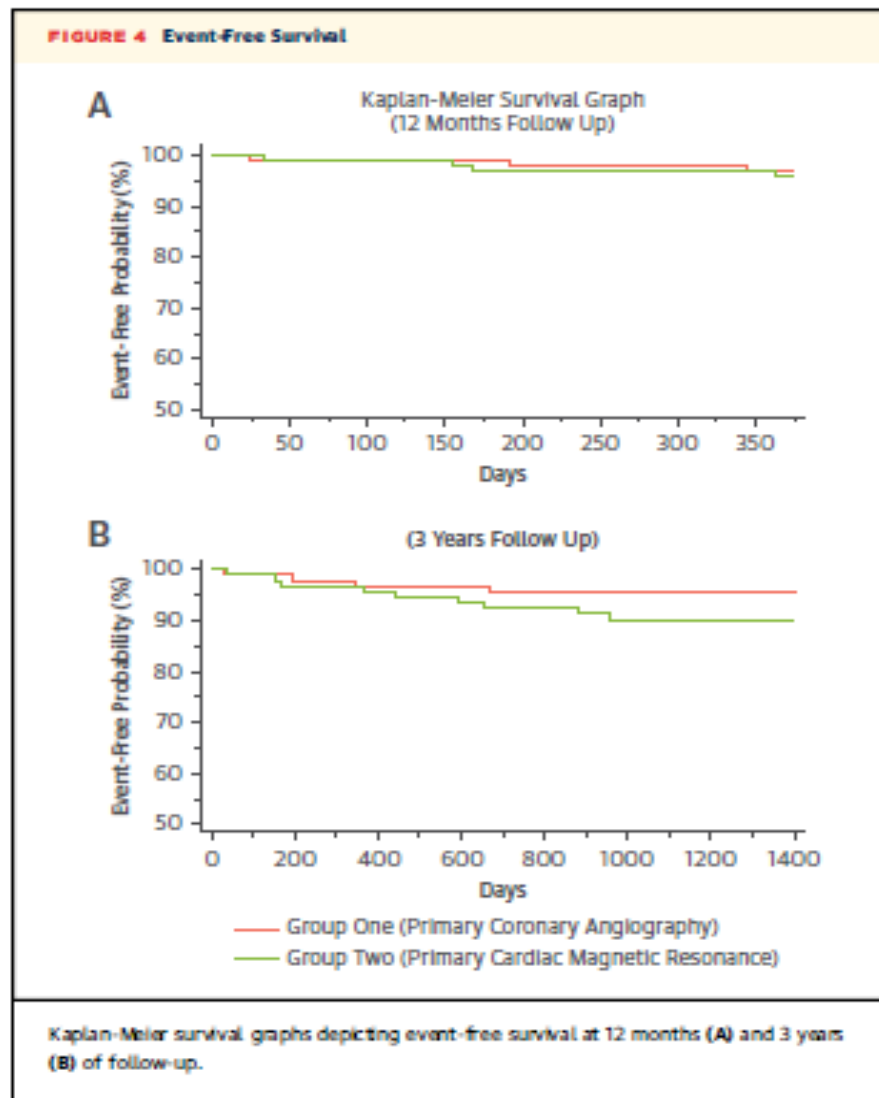
STRESS CMR MANAGEMENT STRATEGY AND PROGNOSIS

#STRESS CMR BASED MANAGEMENT STRATEGY

Comparing Cardiac Magnetic Resonance-Guided Versus Angiography-Guided Treatment of Patients With Stable Coronary Artery Disease

Results From a Prospective Randomized Controlled Trial

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#STRESS CMR BASED MANAGEMENT STRATEGY



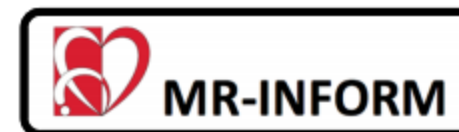
Randomization (1:1)

FFR INFORMED

- Invasive angiography in all patients
- FFR in all arteries >2.5 mm with a stenosis of 40-95%
- If FFR <0.8 revascularization (PCI or CABG) recommended
- CTO regarded as positive

MR INFORMED

- 1.5T multivendor
- Cine imaging
- Adenosine stress/rest first pass perfusion imaging using 0.075 mmol Gadovist / kg body weight for first pass
- Late gadolinium enhancement after top-up to 0.2 mmol/kg body weight
- If transmural defect or subendocardial defect >2 segments or in 2 adjacent slices was found, angiography with aim of revascularization recommended



#STRESS CMR BASED MANAGEMENT STRATEGY

 ACC.17

Discussion / Summary

- Guiding the initial management of patients with stable angina and an intermediate to high risk for coronary artery disease with non-invasive MR-perfusion imaging is non-inferior to a strategy with invasive angiography supported by FFR during a follow-up of one year.
- Both strategies are safe and result in a low total event rate.
- The number of revascularization procedures is significantly lower when guided by MR perfusion imaging in comparison to invasive angiography supported by FFR.



MR-INFORM

#STRESS CMR BASED MANAGEMENT STRATEGY

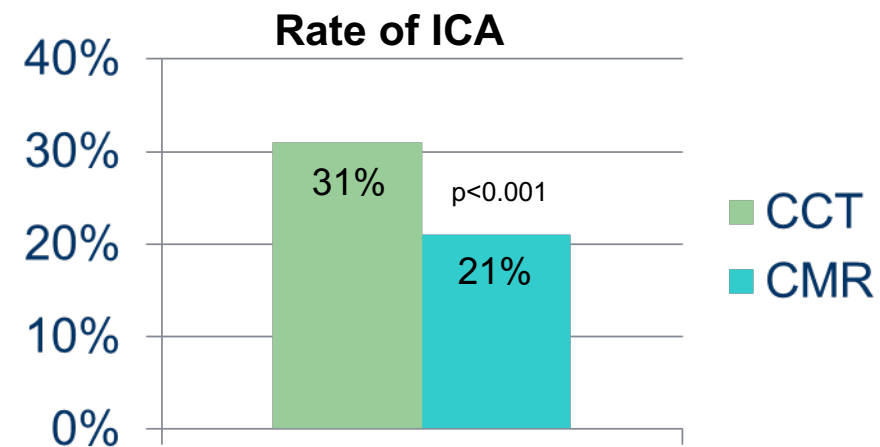
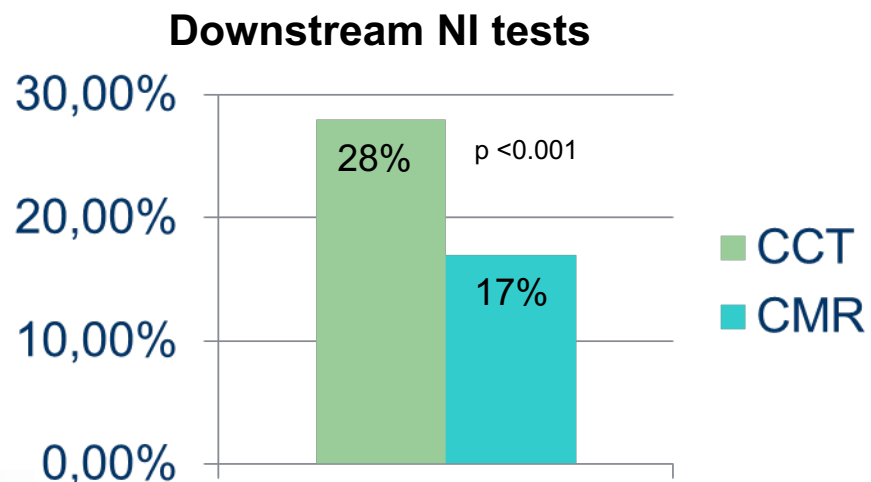
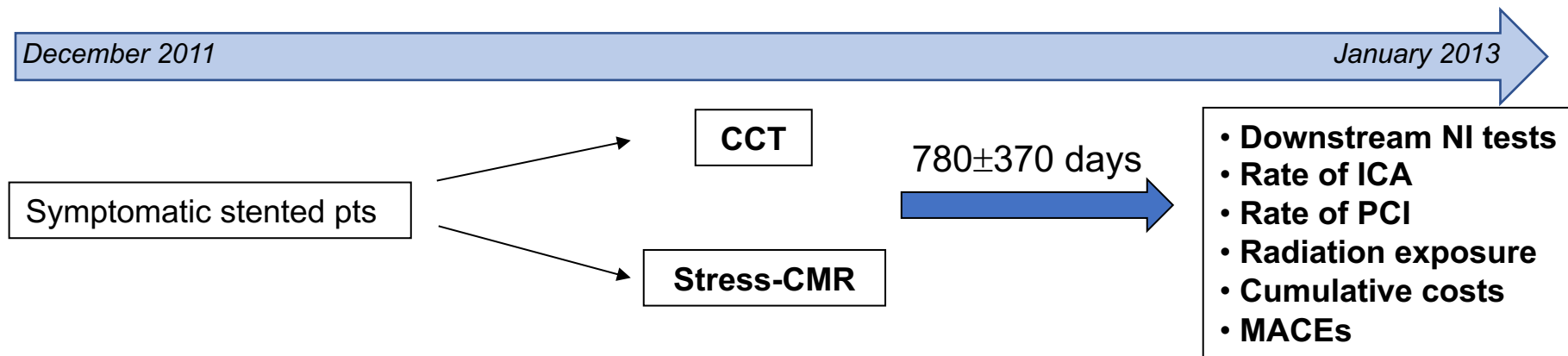
Ischemic Heart Disease

The STRATEGY Study (Stress Cardiac Magnetic Resonance Versus Computed Tomography Coronary Angiography for the Management of Symptomatic Revascularized Patients) Resources and Outcomes Impact

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Andrea I. Guaricci, MD, FESC; Cristina Rota, MD; Marco Guglielmo, MD;
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Andrea Annoni, MD; Alberto Formenti, MD; Maria Petulla', MD; Federico Lombardi, MD;
Giuseppe Muscogiuri, MD; Antonio L. Bartorelli, MD, FESC, FACC; Mauro Pepi, MD, FESC

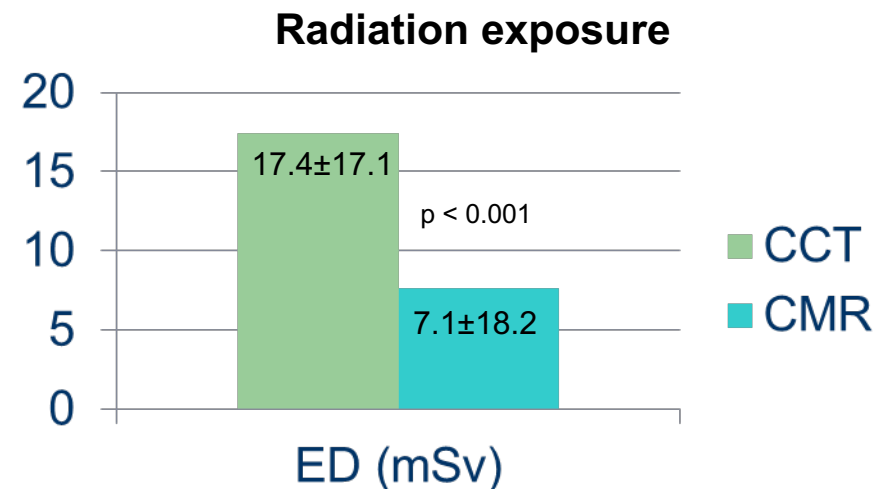
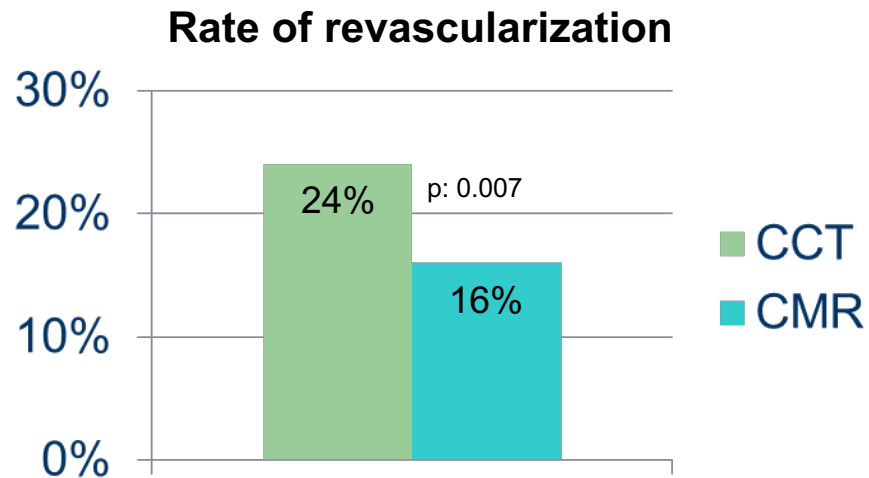
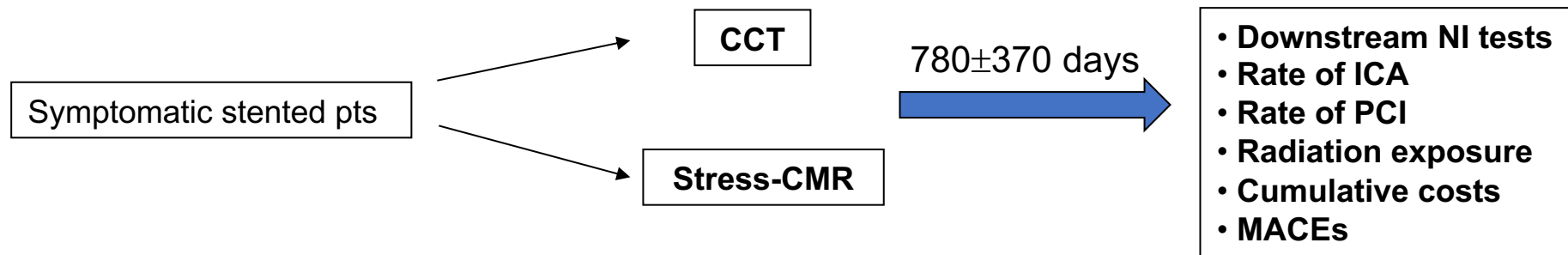
#STRESS CMR BASED MANAGEMENT STRATEGY

Computed tomography coronary angiography versus sTress cArdiac magneTic rEsonance for the manaGement of sYmptomatic revascularized patients: a cost effectiveness study (STRATEGY study)



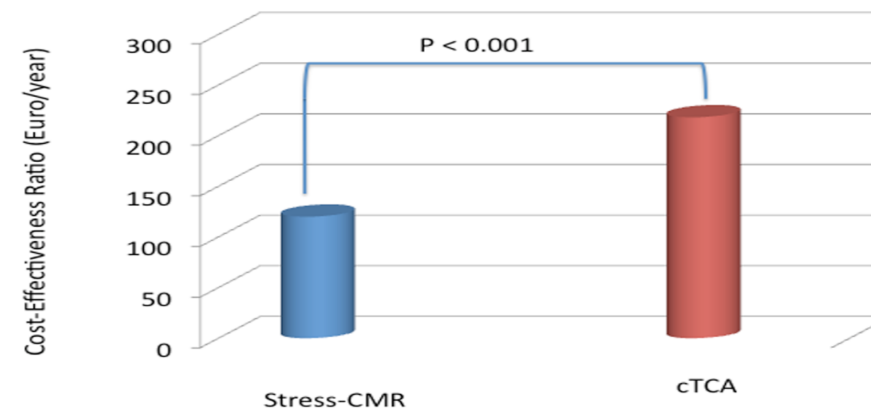
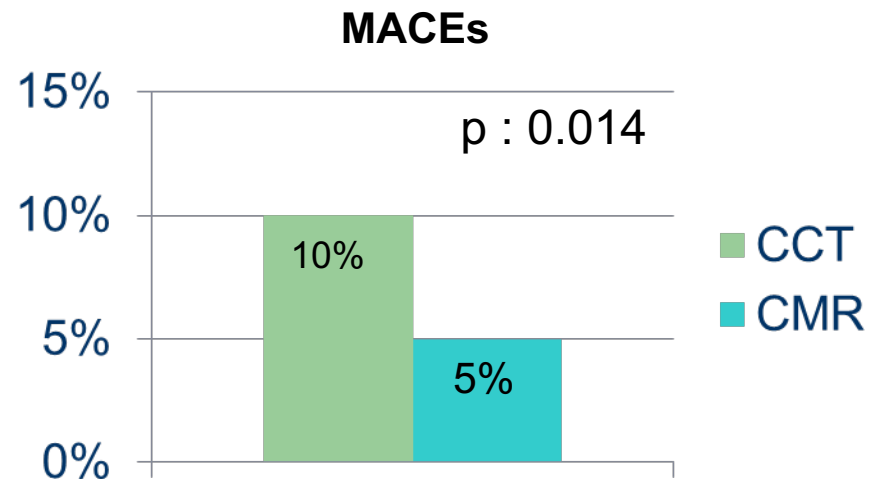
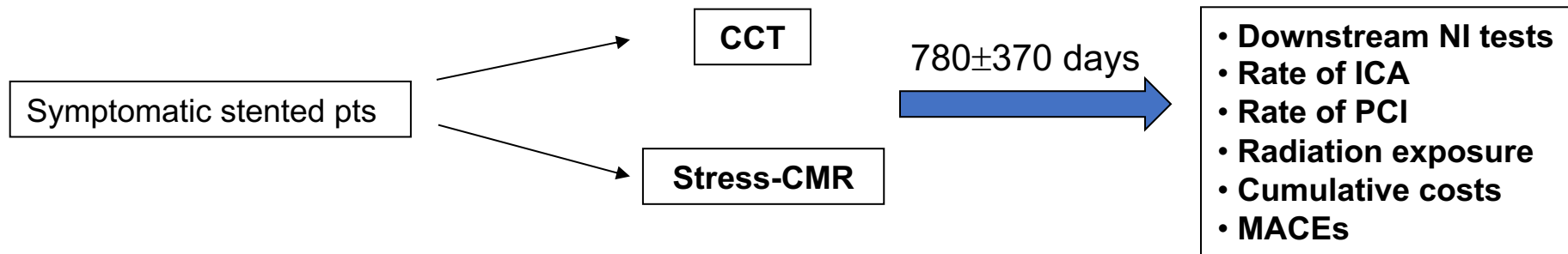
#STRESS CMR BASED MANAGEMENT STRATEGY

Computed tomography coronary angiography versus stress cardiac magnetic resonance for the management of symptomatic revascularized patients: a cost effectiveness study (STRATEGY study)



#STRESS CMR BASED MANAGEMENT STRATEGY

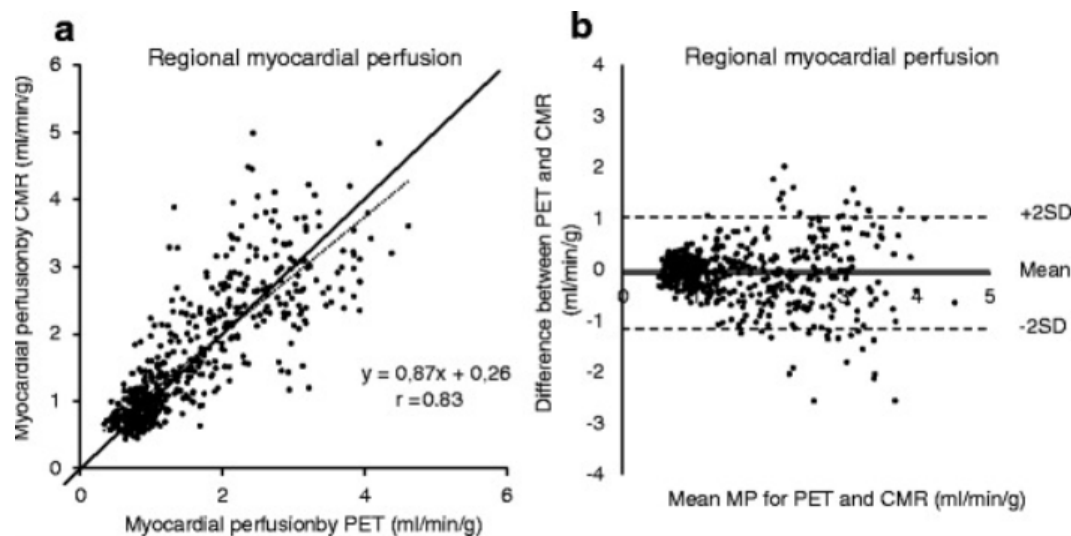
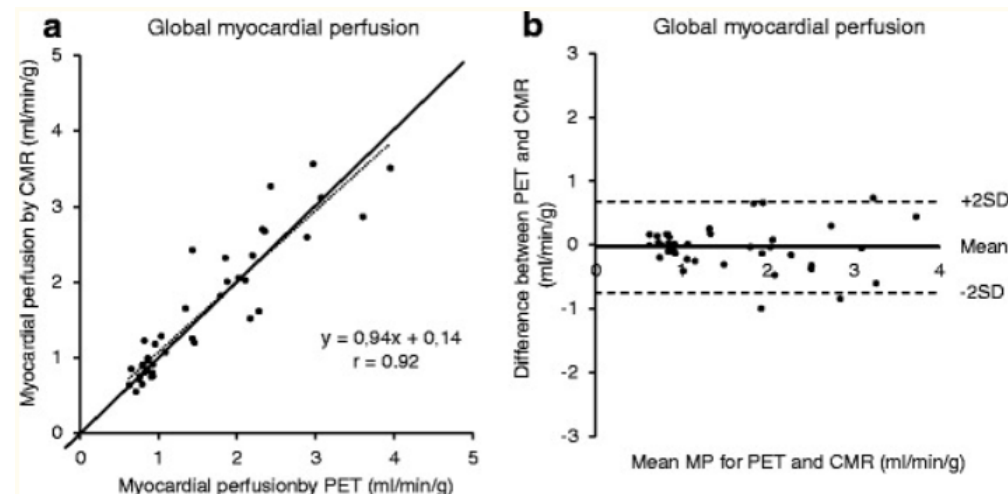
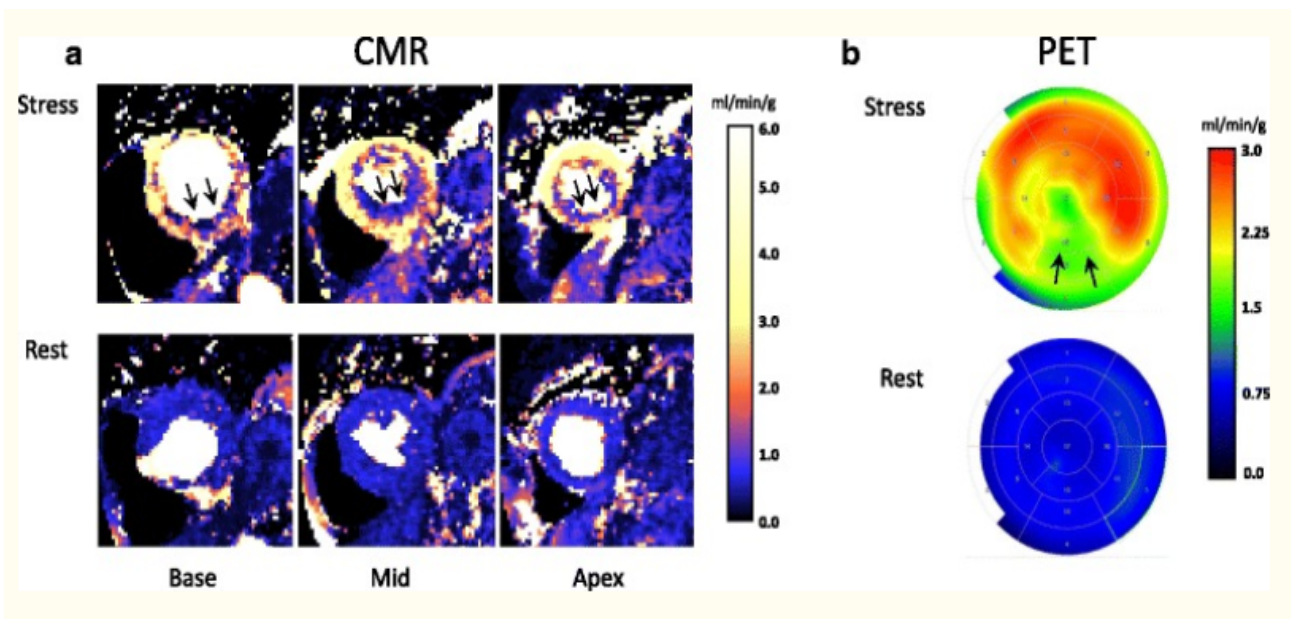
Computed tomography coronary angiography versus stress cardiac magnetic resonance for the management of symptomatic revascularized patients: a cost effectiveness study (STRATEGY study)



In revascularized patients the functional strategy seems to be superior as compared to anatomical strategy in terms of cost-effectiveness

STRESS CMR: FUTURE PERSPECTIVES

#STRESS CMR: FULLY QUANTITATIVE CMR PERFUSION



#STRESS CMR: FULLY QUANTITATIVE CMR PERFUSION

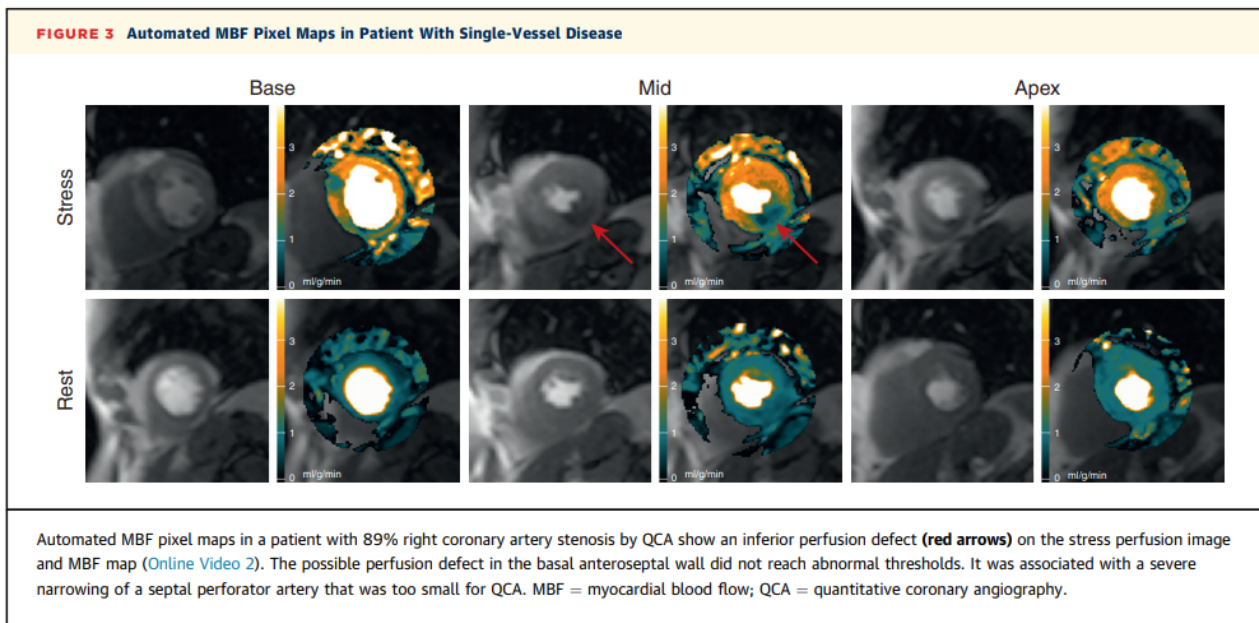


TABLE 3 Diagnostic Performance Comparisons of CMR Perfusion Quantification by MBF, MPR, rMBF, and rMPR From Automated Perfusion Maps

	AUC	95% CI	Threshold	Sensitivity (%)	Specificity (%)	Accuracy (%)
Per-patient diagnostic performance						
MBF	0.901	0.837-0.964	1.290	82.9	80.0	81.3
MPR	0.864	0.785-0.942	1.475	82.9	75.6	78.8
rMBF	0.925	0.863-0.988	0.570	85.7	84.4	85.0
rMPR	0.926	0.856-0.997	0.770	91.4	91.1	91.3
Per-vessel diagnostic performance						
MBF	0.841	0.784-0.898	1.350	75.0	71.8	72.5
MPR	0.837	0.773-0.902	1.435	80.8	74.5	75.8
rMBF	0.864	0.809-0.919	0.605	78.8	75.5	76.3
rMPR	0.844	0.778-0.909	0.775	82.7	80.9	81.3

Diagnostic performance comparisons of CMR perfusion quantification by myocardial blood flow (MBF), myocardial perfusion reserve (MPR), relative MBF (rMBF), and relative MPR (rMPR) from automated perfusion maps (see [Figure 7](#) for receiver-operating curves).

AUC = area under the curve; CI = confidence interval.

#STRESS CMR: THE ROLE OF T1 MAPPING

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EDITORIAL COMMENT

Mapping the Future of Myocardial Ischemia Testing With Cardiac Magnetic Resonance*

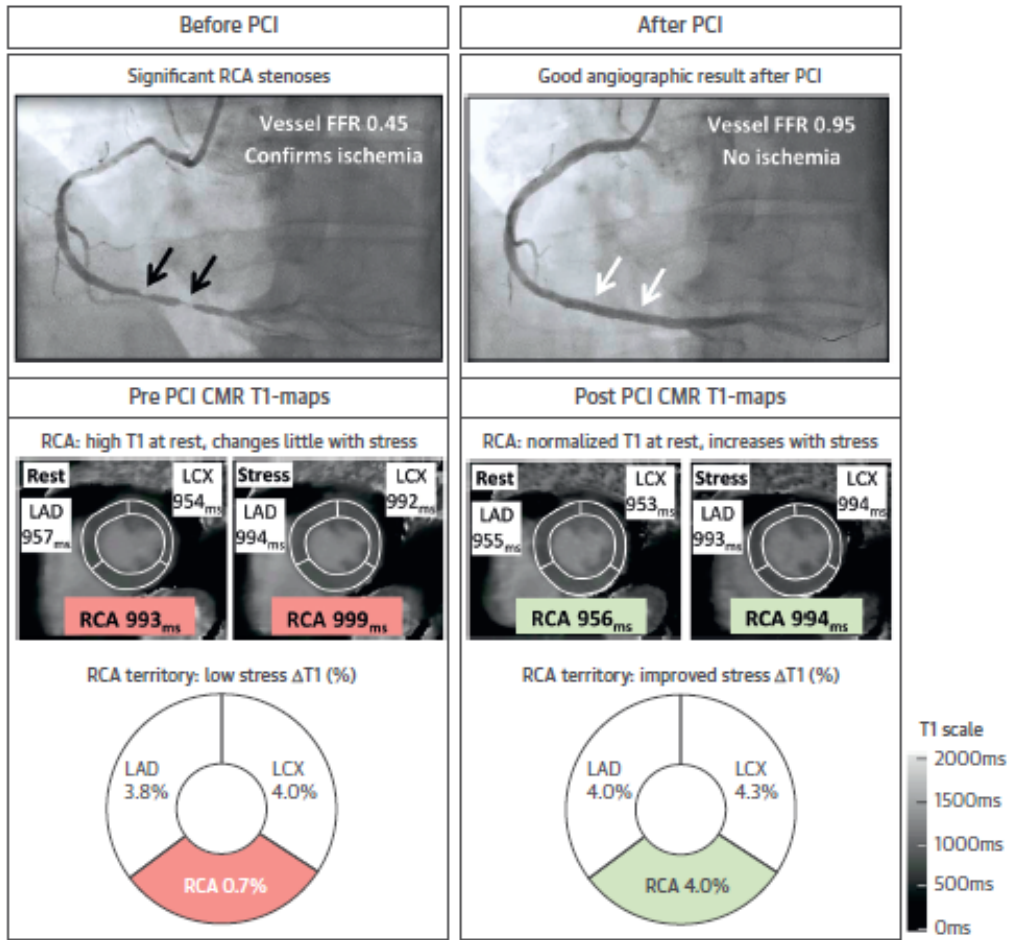
Theodoros D. Karamitsos, MD, PhD



There is no doubt that these novel, noncontrast CMR techniques offer important pathophysiological insights in myocardial ischemia and have a significant diagnostic potential that justifies the conduction of a large-scale study.

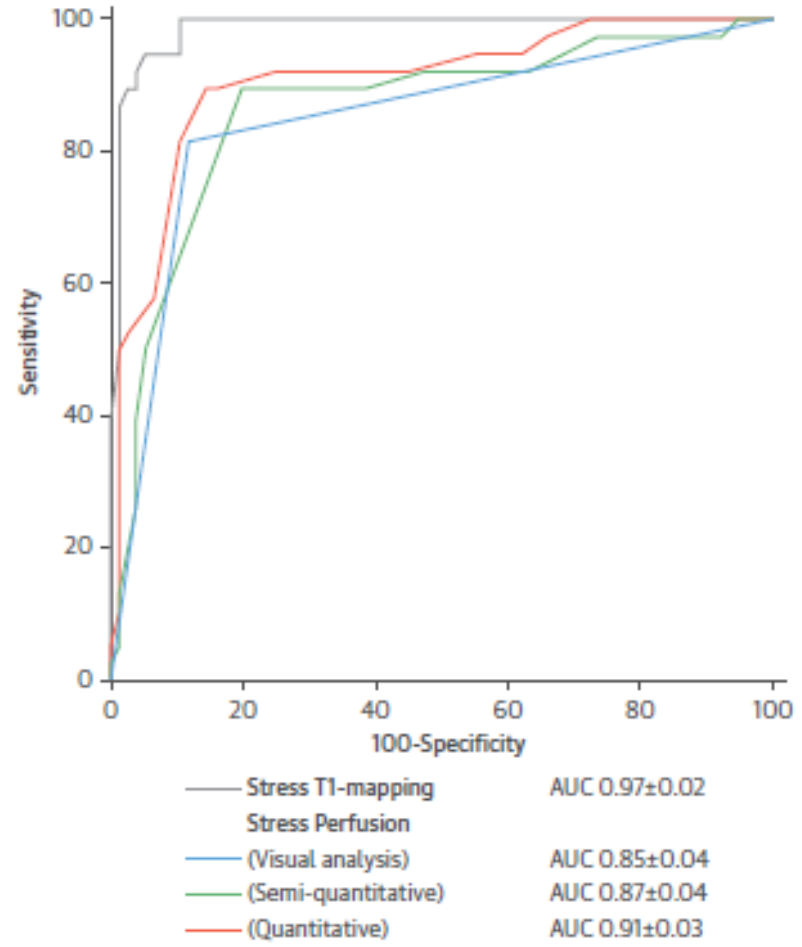
#STRESS CMR: THE ROLE OF T1 MAPPING

FIGURE 2 Noninvasive Assessment of Myocardial Ischemia Using Gadolinium-Free CMR Stress T1 Mapping

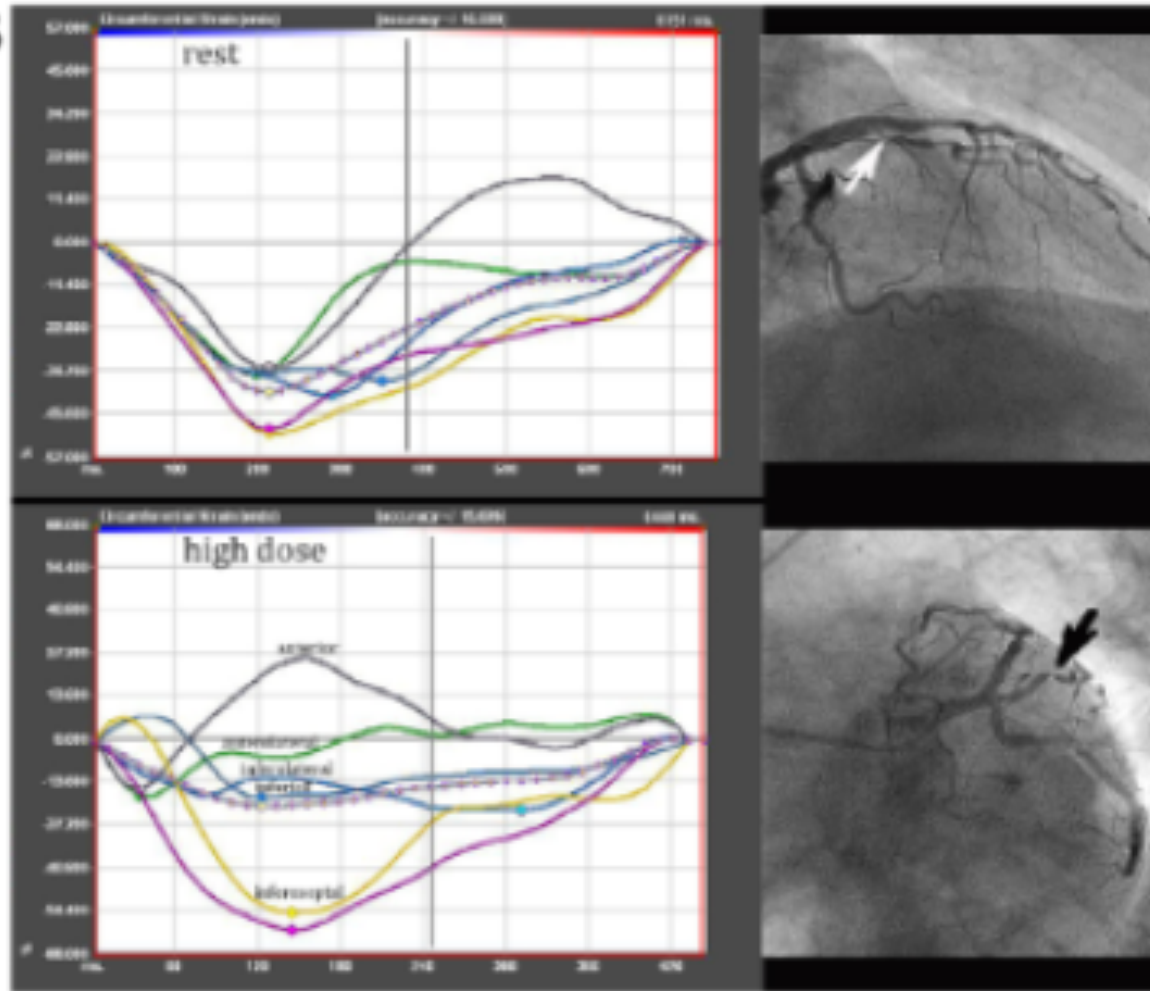


A 69-year-old male patient presented with angina for 3 months. On angiography, he had 2 significant right coronary artery (RCA) stenoses (black arrows), with a combined vessel fractional flow reserve (FFR) of 0.45, indicating coronary ischemia. The 1.5-T cardiac magnetic resonance (CMR) before coronary angiography showed an elevated resting T1 and reduced stress T1 response in the RCA territory (T_{1rest} 993 ms to $T_{1stress}$ 999 ms: $\Delta T1 = 0.7\%$). Percutaneous coronary intervention (PCI) relieved the stenoses with good angiographic result (white arrows) and normalization of vessel FFR to 0.95. This finding was accompanied by significant improvements in the rest and stress T1 responses (T_{1rest} 956 ms to $T_{1stress}$ 994 ms: $\Delta T1 = 4.0\%$).

FIGURE 4 Diagnostic Performance of CMR Stress T1 Mapping ($\Delta T1$) and Gadolinium Contrast-Enhanced Stress Perfusion for Detecting Obstructive CAD



#STRESS CMR: THE ROLE OF STRAIN

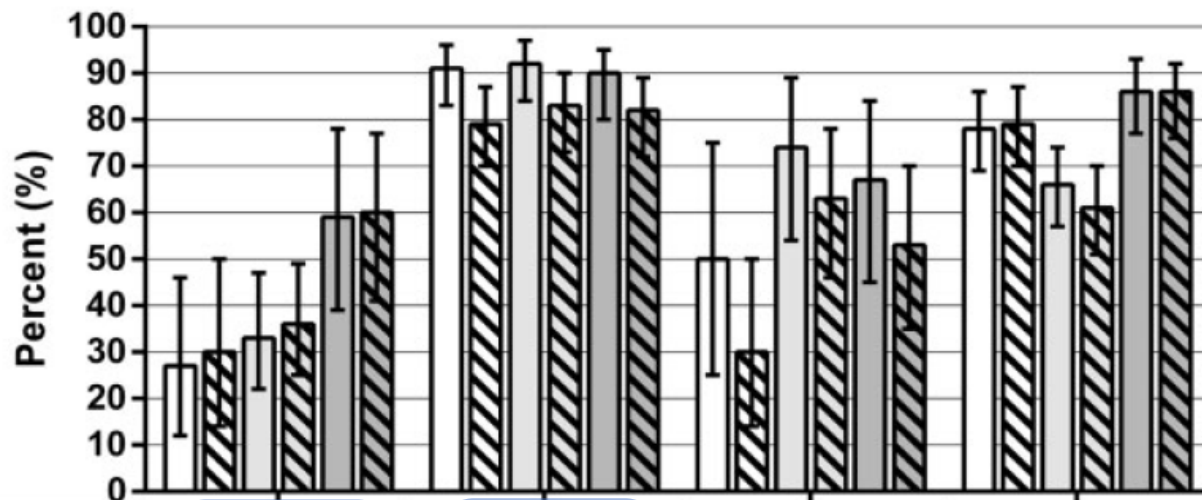


FT based analysis of Ecc during intermediate- and high-dose DS-CMR was feasible and differentiated between stenotic, remote and normal segments. Quantitative assessment of Ecc with FT may improve the diagnostic accuracy of DS-CMR for detection of ischemia.

#STRESS CMR: THE COMPETITION WITH DYNAMIC STRESS CTP

Diagnosing coronary artery disease after a positive coronary computed tomography angiography: the Dan-NICAD open label, parallel, head to head, randomized controlled diagnostic accuracy trial of cardiovascular magnetic resonance and myocardial perfusion scintigraphy

L. Nissen^{1*}, S. Winther², J. Westra², J. A. Ejlersen³, C. Isaksen⁴, A. Rossi⁵, N. R. Holm², G. Urbonaviciene⁶, L. C. Gormsen⁷, L. H. Madsen¹, E. H. Christiansen², M. Maeng², L. L. Knudsen¹, L. Frost⁶, L. Brix⁴, H. E. Bøtker², S. E. Petersen⁵, and M. Böttcher¹



	Sensitivity	Specificity	PPV	NPV
□ MPS - FFR 0.80	27% (12-46)	91% (83-96)	50% (25-75)	78% (69-86)
▣ CMR - FFR 0.80	30% (14-50)	79% (70-87)	30% (14-50)	79% (70-87)
□ MPS - QCA 50% stenosis	33% (22-47)	92% (84-97)	74% (54-89)	66% (57-74)
▣ CMR - QCA 50% stenosis	36% (25-49)	83% (73-90)	63% (46-78)	61% (51-70)
□ MPS - Visual 90% stenosis	59% (39-78)	90% (80-95)	67% (45-84)	86% (77-93)
▣ CMR - Visual 90% stenosis	60% (41-77)	82% (72-89)	53% (35-70)	86% (76-92)

#STRESS CMR: THE COMPETITION WITH DYNAMIC STRESS CTP

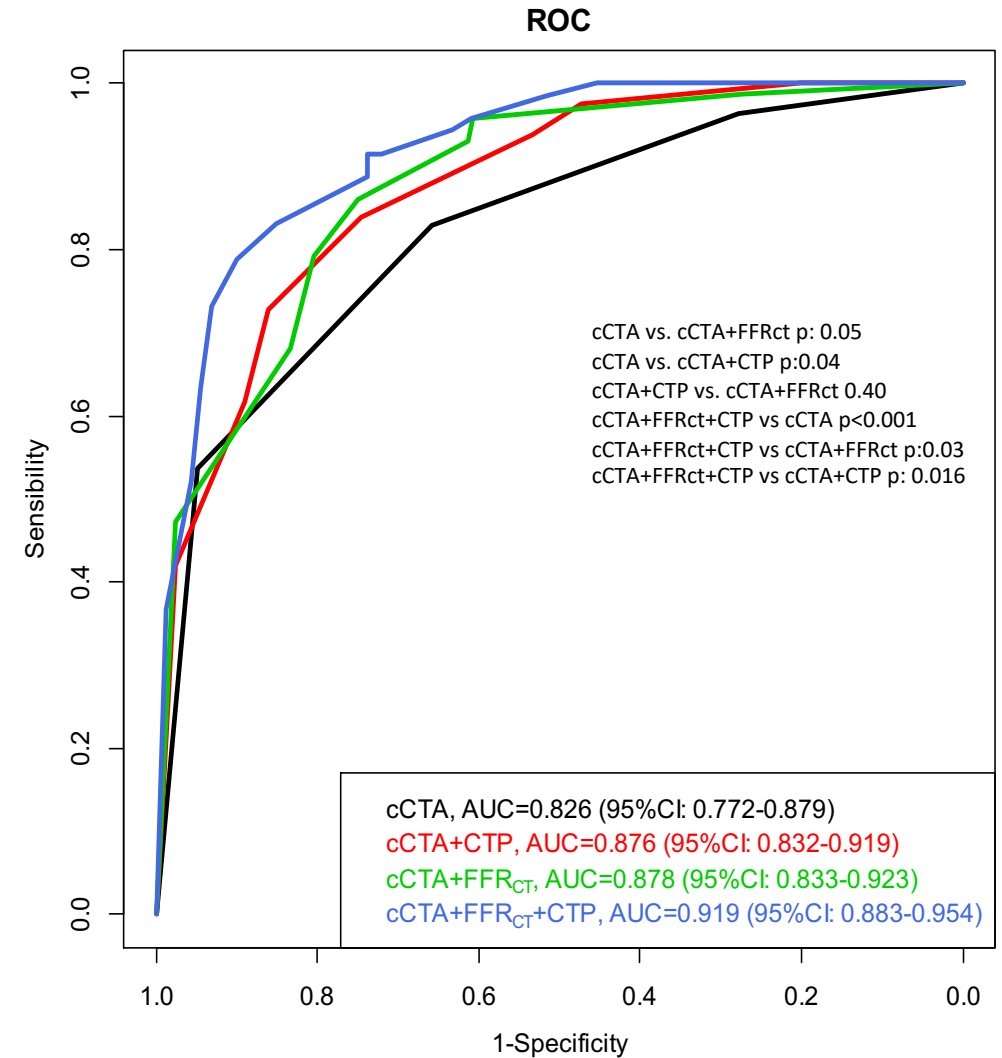
Dynamic stress CTP with a whole-heart coverage scanner in addition to

cCTA and FFR_{CT}

Dynamic CTP diagnostic accuracy

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	cCTA	cCTA+FFR _{CT}	cCTA+CTP	cCTA+FFR _{CT} +CTP
VESSEL-BASED ANALYSIS				
True positive, n	68	62	59	56
True negative, n	114	126	142	145
False positive, n	59	42	23	16
False negative, n	14	10	22	15
Sensitivity, % (95% CI)	83 (75-91)	86 (78-94)	73 (63-83)	79 (69-88)
Specificity, % (95% CI)	66 (59-73)	75 (68-82)	86 (81-91)	90 (85-95)
Negative predictive value, % (95% CI)	89 (84-94)	93 (88-97)	87 (81-92)	91 (86-95)
Positive predictive value, % (95% CI)	54 (45-62)	60 (50-69)	72 (62-82)	78 (68-87)
Accuracy, % (95% CI)	71 (66-77)	78 (68-82)	82 (77-87)	87 (82-91)



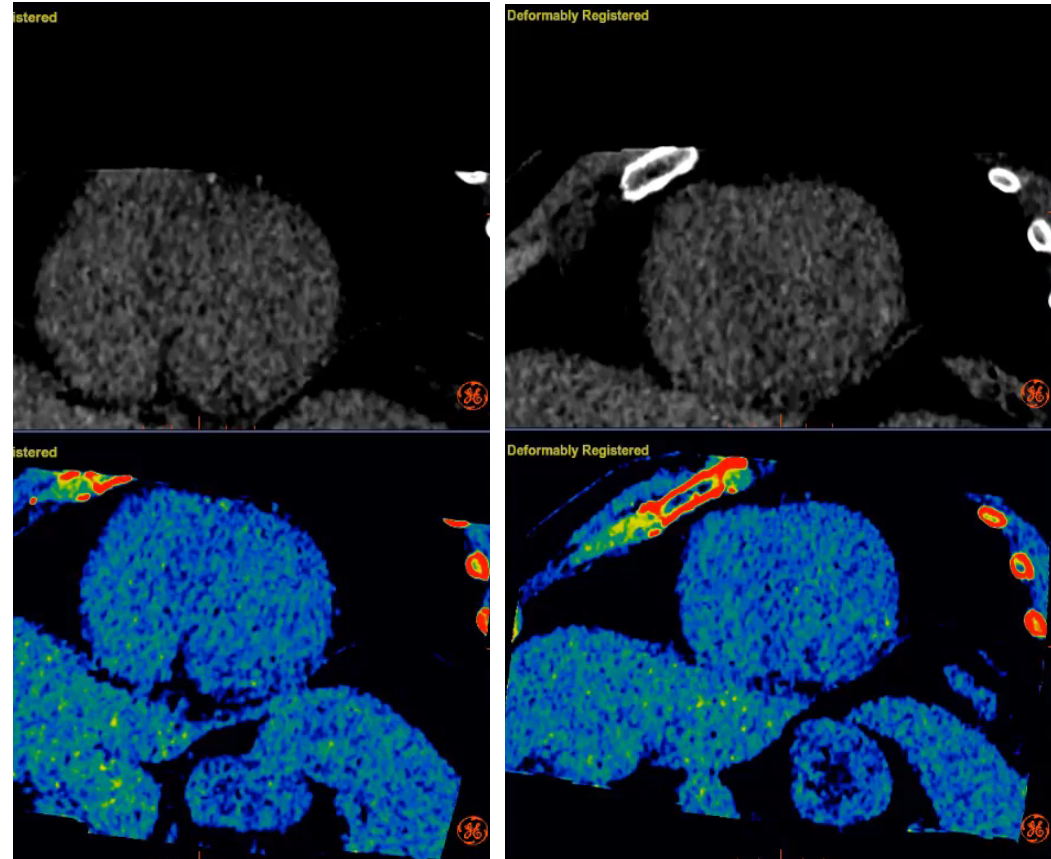
#STRESS CMR: THE COMPETITION WITH DYNAMIC STRESS CTP

Clinical Case: 72 y/o patient, risk factors: former smoker, hypertension, diabetes, dyslipidemia. No angina. Dispnea. SPECT positive in inferolateral wall

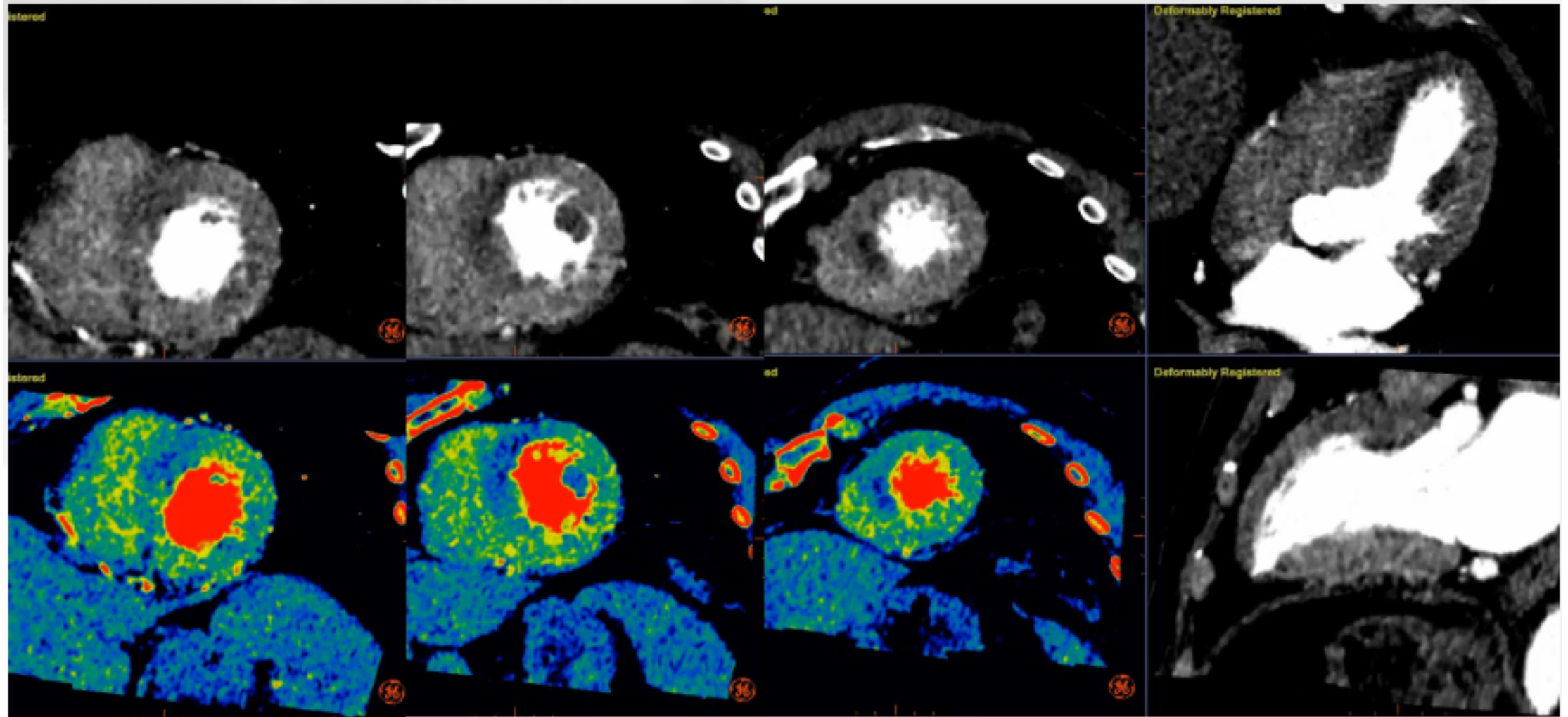


#STRESS CMR: THE COMPETITION WITH DYNAMIC STRESS CTP

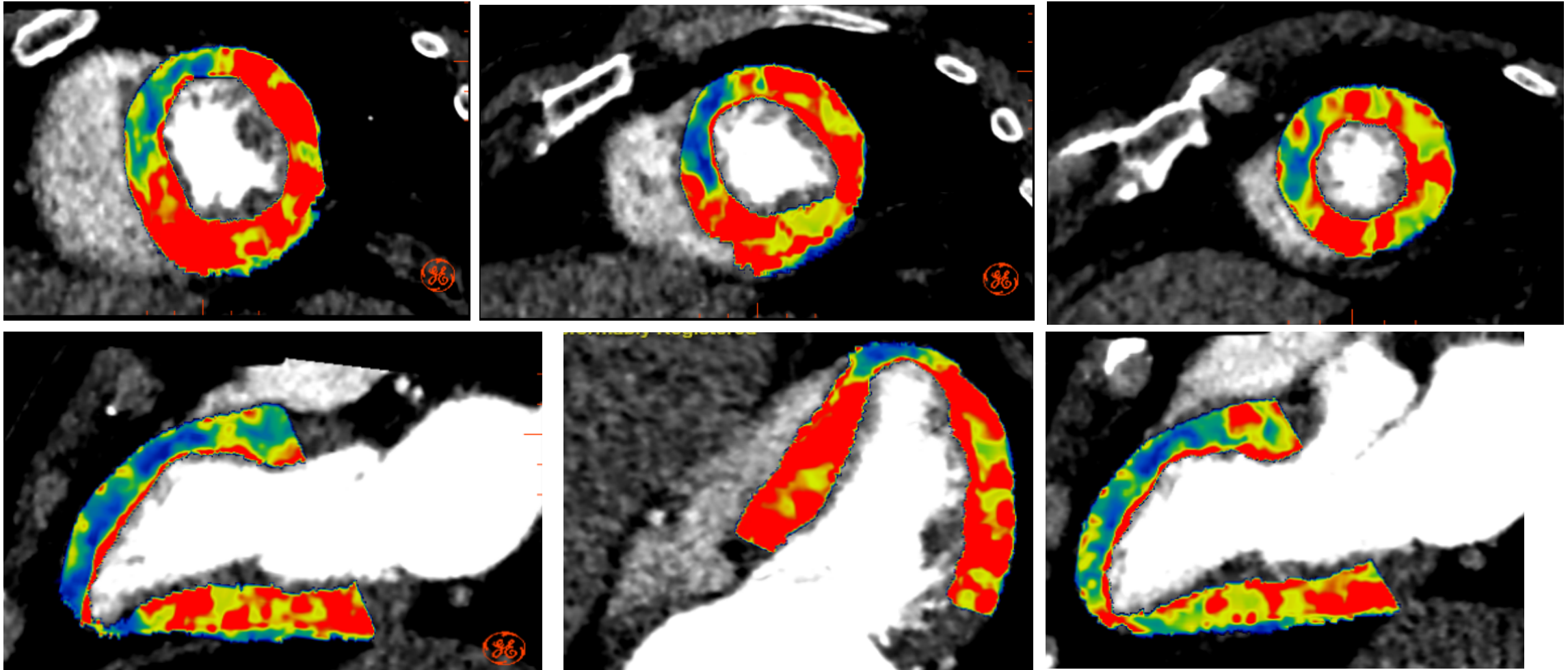
*Clinical Case: 72 y/o patient, risk factors: former smoker, hypertension, diabetes, dyslipidemia.
No angina. Dispnea. SPECT positive in inferolateral wall*



#STRESS CMR: THE COMPETITION WITH DYNAMIC STRESS CTP



#STRESS CMR: THE COMPETITION WITH DYNAMIC STRESS CTP



MBF: 45 ml/100 ml/min in LAD segments
ED: 5.1 mSv

TAKE HOME MESSAGE

- Meta-analyses of studies comparing stress perfusion CMR with coronary angiography or fractional flow reserve (FFR) as a reference standard have reported **high pooled sensitivity and specificity** with **overall performance** significantly higher than SPECT MPI and similar to PET
- Stress perfusion CMR provides **prognostic information** for the risk of developing major adverse cardiovascular events (**MACE**)
- **A CMR-based management strategy** for patients with stable coronary artery disease is safe, reduces revascularization procedures and costs
- **Fully Quantitative Perfusion, Stress T1 Mapping and Strain CMR** probably will improve further the diagnostic accuracy in the near future

NEXT MEETING



The poster for EuroCMR 2019 features a central image of a heart with colorful fiber-like structures. The text is arranged around this central image, including the EACVI logo at the top left, the event title 'EuroCMR 2019', the tagline 'EXTENDING THE CLINICAL VALUE OF CMR THROUGH QUALITY AND EVIDENCE', the dates and location '2-4 May Venice ITALY', and the ESC logo at the bottom right.

EACVI
European Association of
Cardiovascular Imaging

EuroCMR 2019

EXTENDING THE CLINICAL VALUE OF CMR
THROUGH QUALITY AND EVIDENCE

2-4 May
Venice
ITALY

17th Annual Meeting
on Cardiovascular Magnetic Resonance (CMR)
of the European Association of Cardiovascular Imaging (EACVI)

www.escardio.org/EACVI

#EuroCMR

ESC
European Society
of Cardiology

2nd – 4th May (Venice)



The poster for ICNC 2019 features a central image of a heart composed of various medical scan slices. The text is arranged around this central image, including the ICNC logo at the top left, the event title 'INTERNATIONAL CONFERENCE ON NUCLEAR CARDIOLOGY AND CARDIAC CT', and the dates and location '12-14 May Lisbon'.

ICNC 2019

INTERNATIONAL CONFERENCE ON
**NUCLEAR
CARDIOLOGY
AND CARDIAC CT**

12-14 May
Lisbon

12th – 14th May (Lisbon)



EACVI
European Association of
Cardiovascular Imaging





ESC

European Society
of Cardiology

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EACVI DOCUMENT

Training in cardiac computed tomography: EACVI certification process

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ESC

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EACVI COMMUNICATION

Cardiac Computed Tomography Certification at Euroecho Imaging 2018

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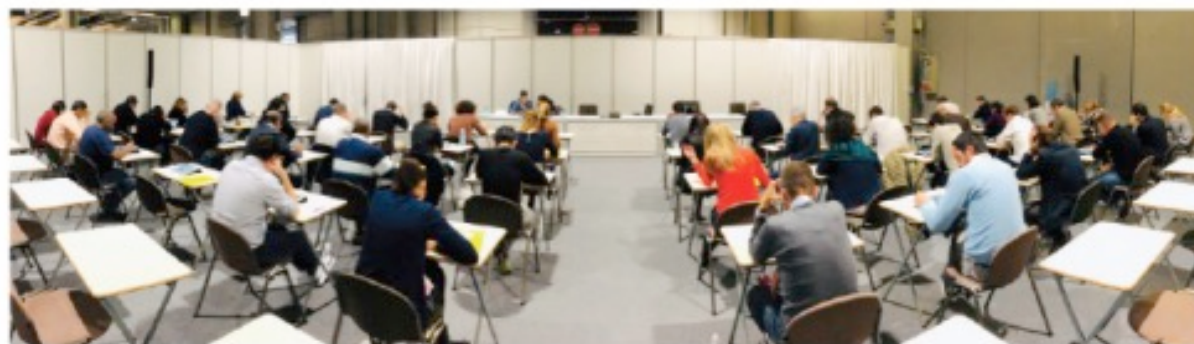


Figure 1 Cardiac computed tomography certification session during Euroecho Imaging Congress 2018 in Milan.

Next exam at ESC 2019 (Paris)

THANKS

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