

#### TERAPIA <u>MEDICA</u> DELLO SCOMPENSO: PASSATO, PRESENTE E FUTURO

Michele Senni

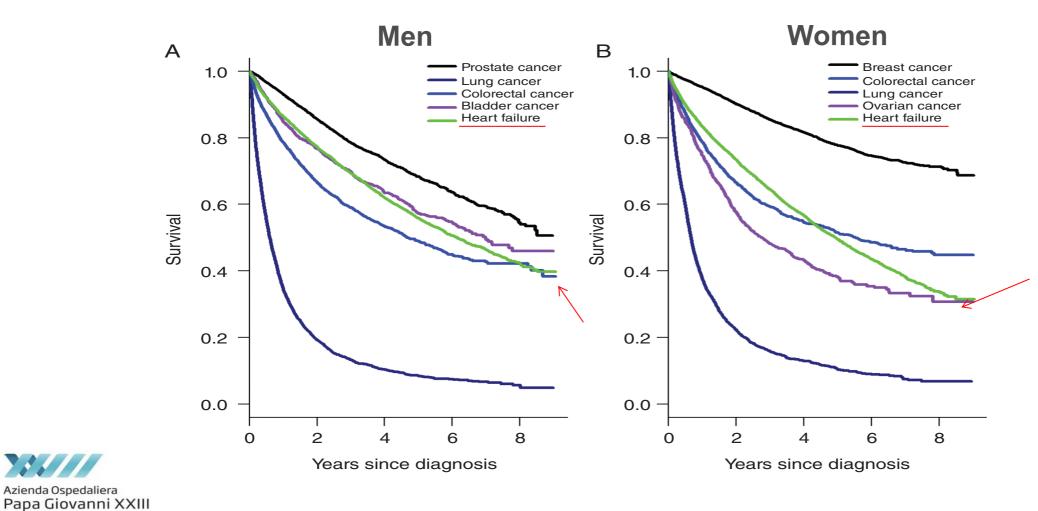
U.S.C. di Cardiologia 1 ASST Papa Giovanni XXIII, Bergamo

## Disclosures

## Received consultancy honoraria from Novartis, Bayer, Merck-SD, Abbot Vascular, Boehringer



#### **Do patients have worse outcomes in heart** failure than in cancer? A primary care-based cohort study with 10-year follow-up in Scotland



Azienda Ospedaliera

Bergamo

Mamas AM et al. Fur J Heart Fail 2017



Eugene Braunwald

Lancet 2015; 385: 812–24



# **Emodinamica cardiaca**

## (dal '600 al '700)

### Non farmacologiche

- Riposo al letto
- **Restrizione idrica**
- Salassi







# **Emodinamica cardiaca**

## (200 anni di storia: 1785 – 1988)

## Non farmacologica

Riposo al letto

Restrizione idrica

Salassi – Southey tubes

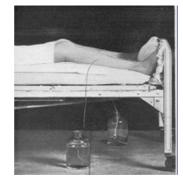
## Farmacologica

Inotropi: Digitale

Diuretici: Mercurio – Sulfaniramide

Vasodilatatori: Nitroglicerina





Paul Wood, 1957 Southey tubes



William Withering, 1785 Digitalis



William Stokes, 1854 Mercury



Gerhard Domagk, 1949 Sulfaniramide



John B Johnson, 1957 Nitroglycerin

# **Emodinamica cardiaca**

## (200 anni di storia: 1785 – 1988)

### Non farmacologica

- Riposo al letto
- **Restrizione idrica**
- Salassi Southey tubes

#### Farmacologica

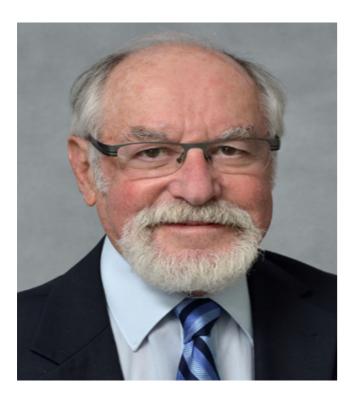
Inotropi: Digitale- Dobutamina – Dopamina – Adrenalina

Diuretici: Mercurio– Sulfaniramide - Furosemide

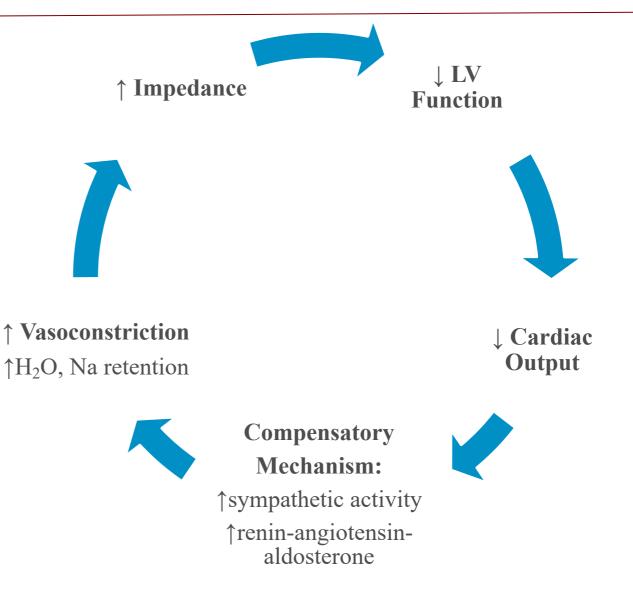
Vasodilatatori: Nitroglicerina- Nitroprussiato

Inodilatatori: Enoximone - Amrinone

## Il circolo vizioso dello scompenso cardiaco

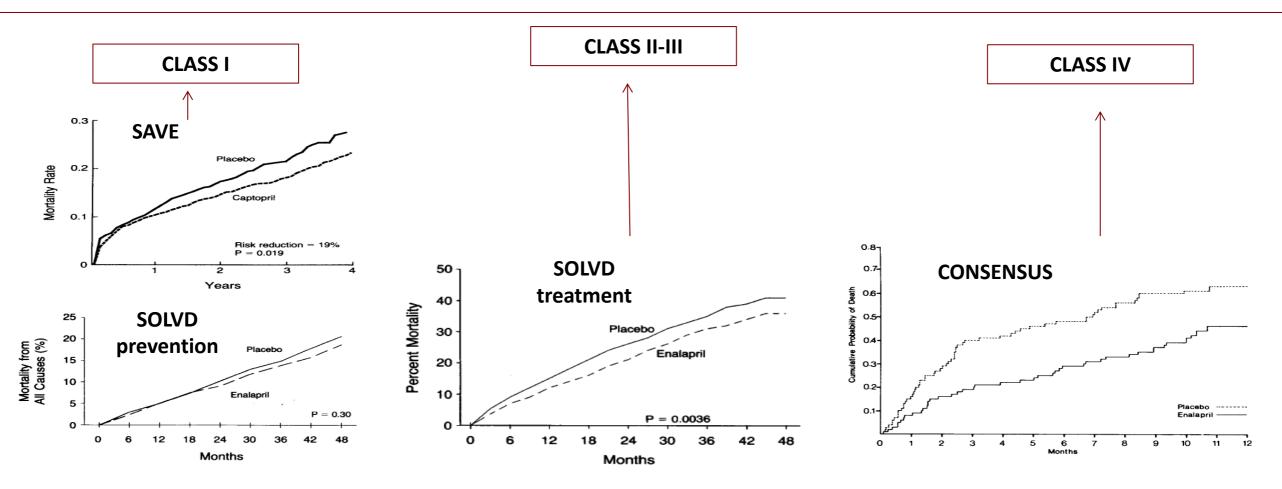


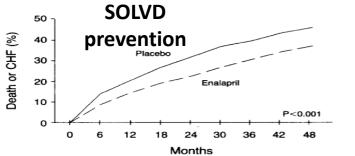
Jay H Cohn



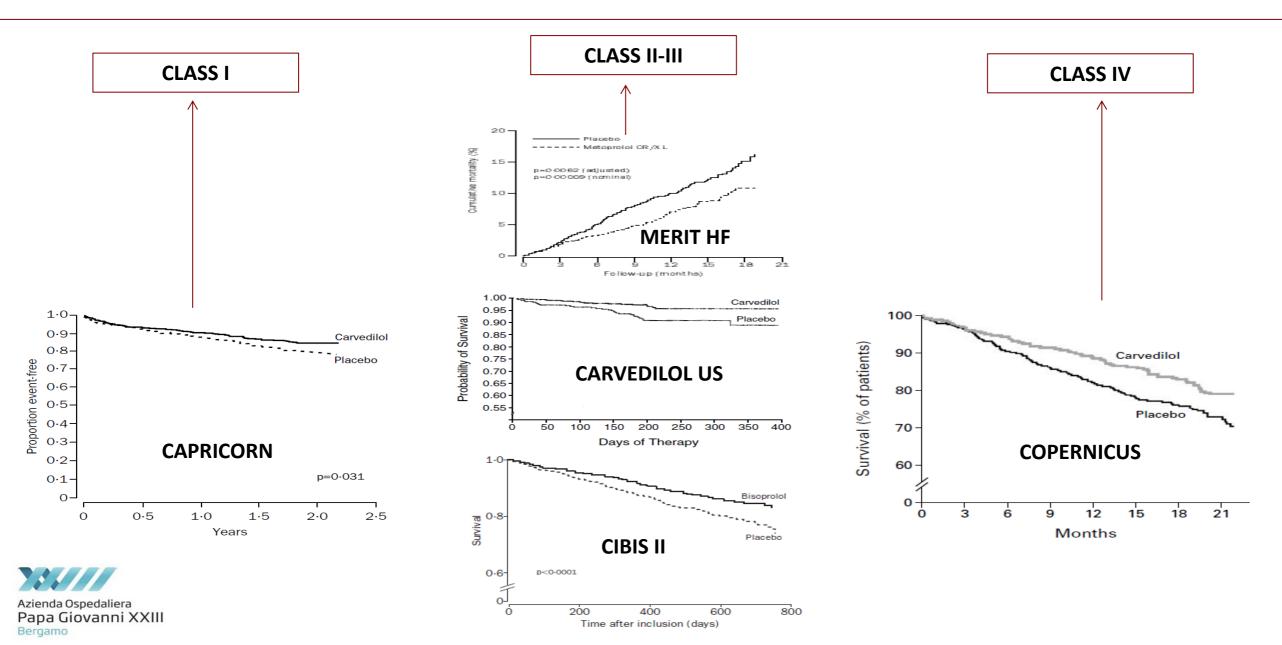


## **ACE-inibitori**

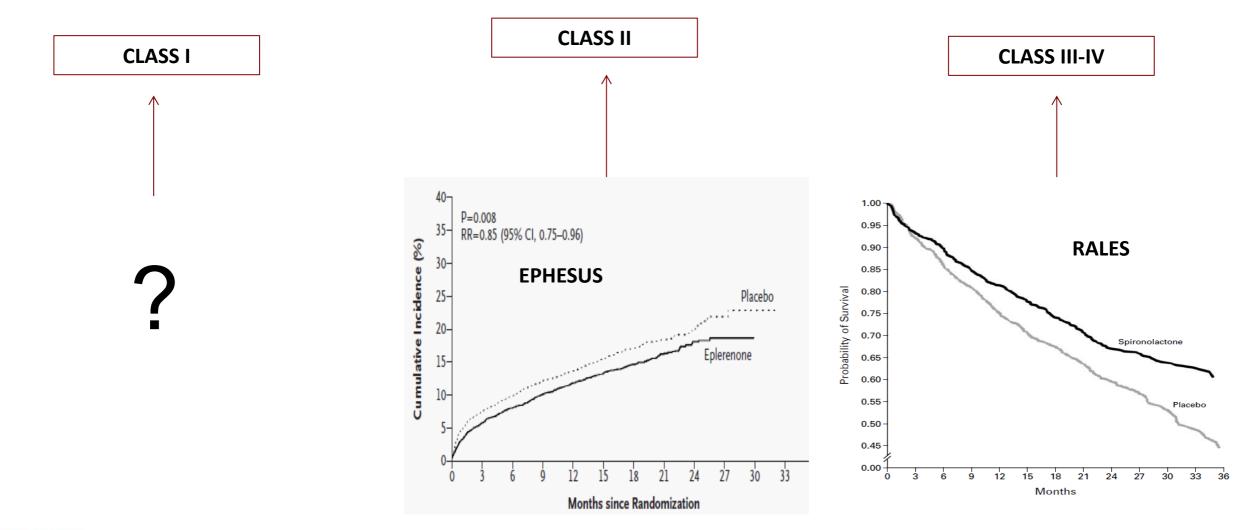




## **Beta-bloccanti**

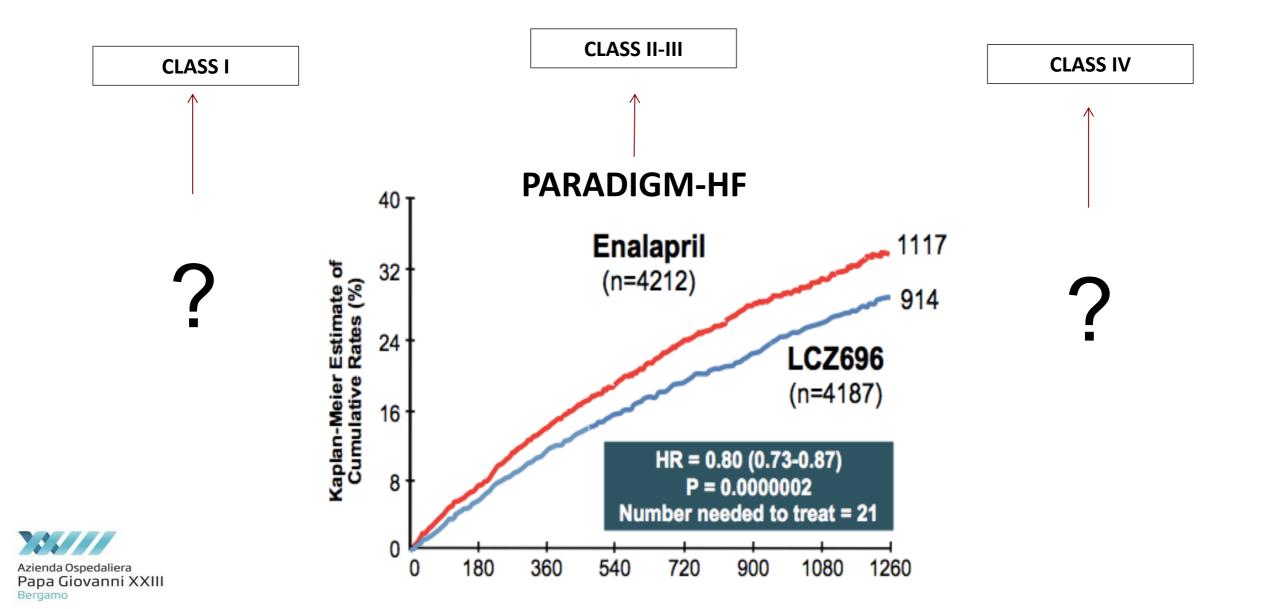


## Antialdosteronici





## Inibitori dell'angiotensina-neprilisina (ARNI)



# **PARADIGM-HF**

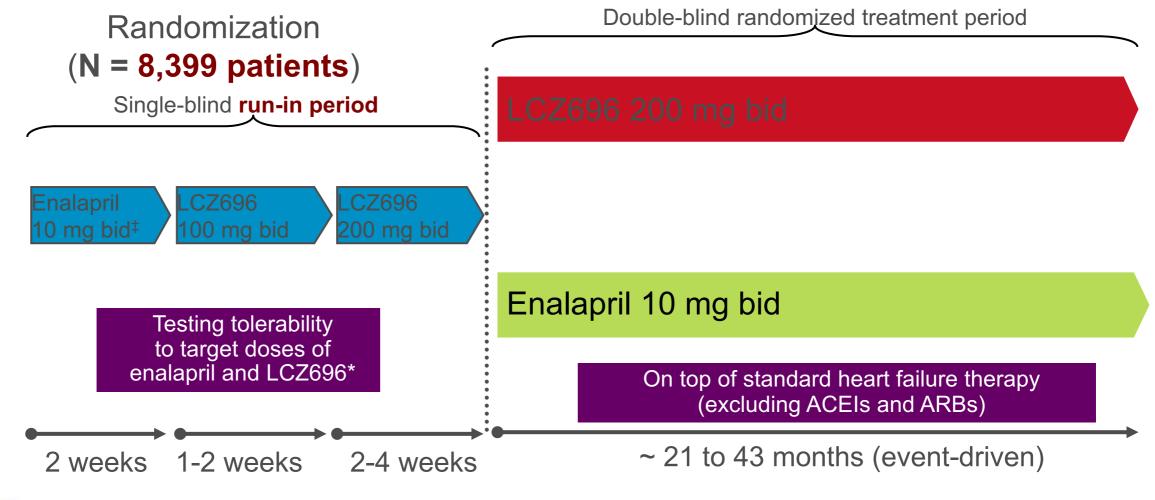
# ? Quali sono gli aspetti piu' significativi

# ? Che cosa abbiamo imparato di piu'

## importante negli ultimi tre anni e mezzo



## **PARADIGM-HF** disegno dello studio





McMurray J et al. N Engl J Med 2014

## Scompenso cardiaco: "squilibrio neuro-umorale"



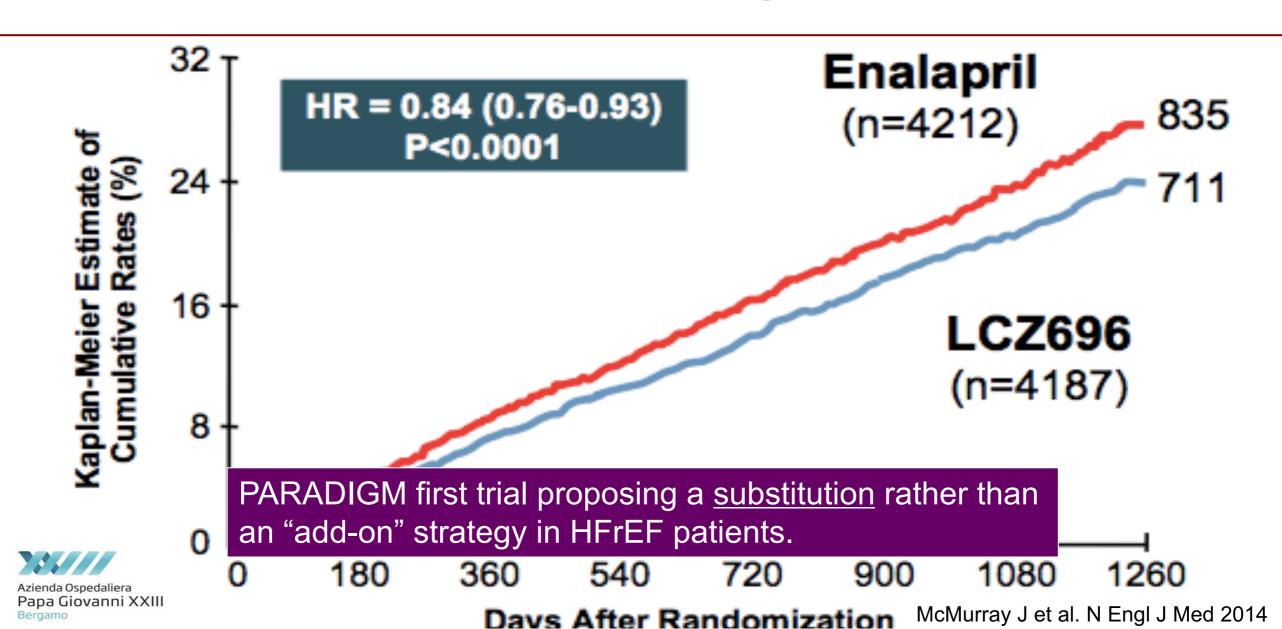
A "paradigm shift": from "neurohumoral inhibition" to

## "neurohumoral modulation"

Mediators



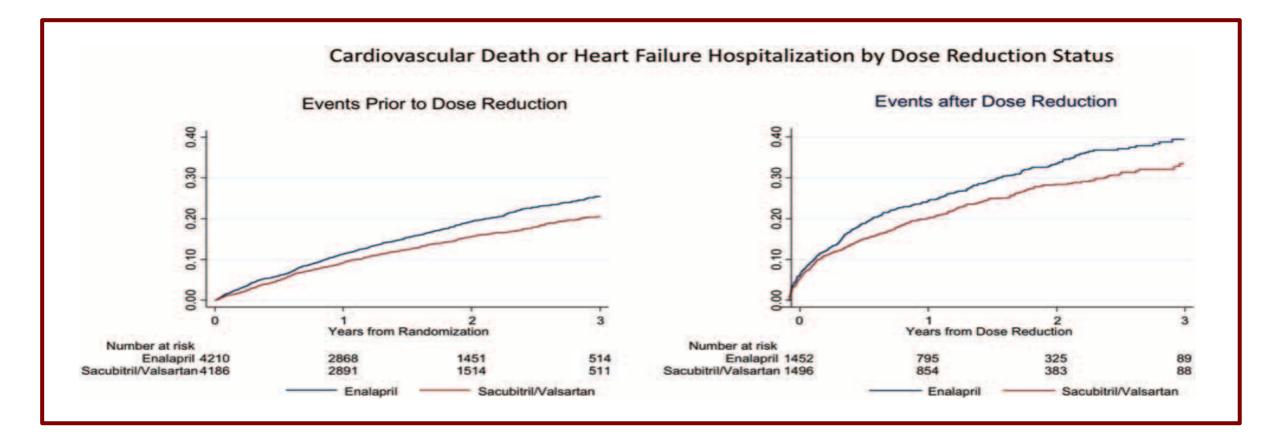
## **PARADIGM-HF: mortalità per tutte le cause**



## PARADIGM-HF: Adverse Events

Prospectively identified adverse events LCZ696 Enalapril			
Symptomatic hypotension	588	388	< 0.001
Serum potassium > 6.0 mmol/l	181	236	0.007
Serum creatinine ≥ 2.5 mg/dl	139	188	0.007
Cough	474	601	< 0.001
Discontinuation for adverse event	449	516	0.02
Discontinuation for hypotension	36	29	NS
Discontinuation for hyperkalemia	11	15	NS
Discontinuation for renal impairment	29	59	0.001
Angioedema (adjudicated)			
Medications, no hospitalization	16	9	NS
Hospitalized; no airway compromise	3	1	NS

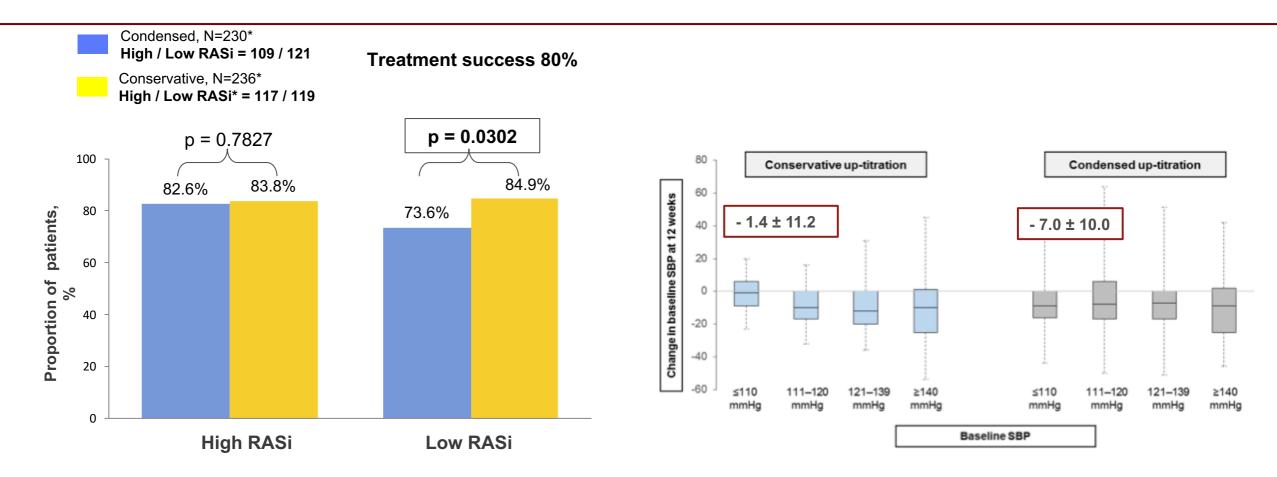
# L'importanza di raggiungere e mantenere la dose target





Vardeny O et al. Eur J Heart Fail 2016

## **Titration trial** Quale la miglior strategia di titolazione?

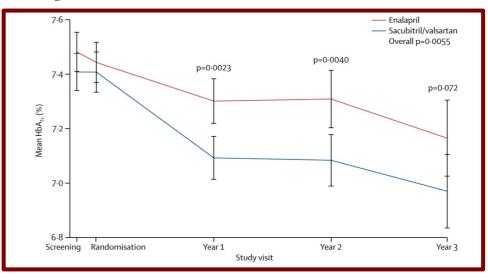


Senni M et al. Eur J Heart Fail 2016

Senni M et al. Eur J Heart Fail 2017

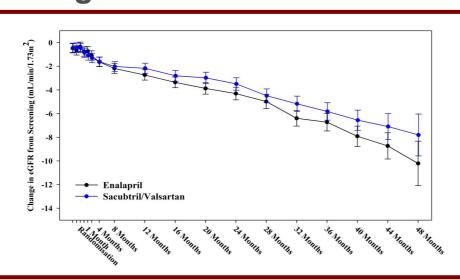


#### **Glycaemic control**

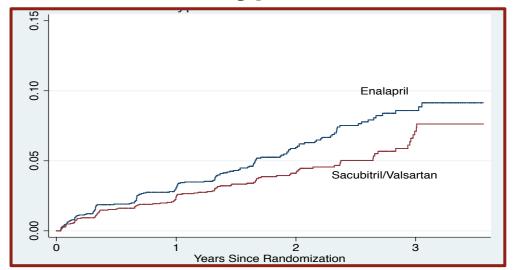


Seferovic JP et al. The Lancet Diabetes & Endocrinology 2017





#### Incidence of hyperkalaemia



Desai AS et al. JAMA Cardiol 2017

#### Change in eGFR

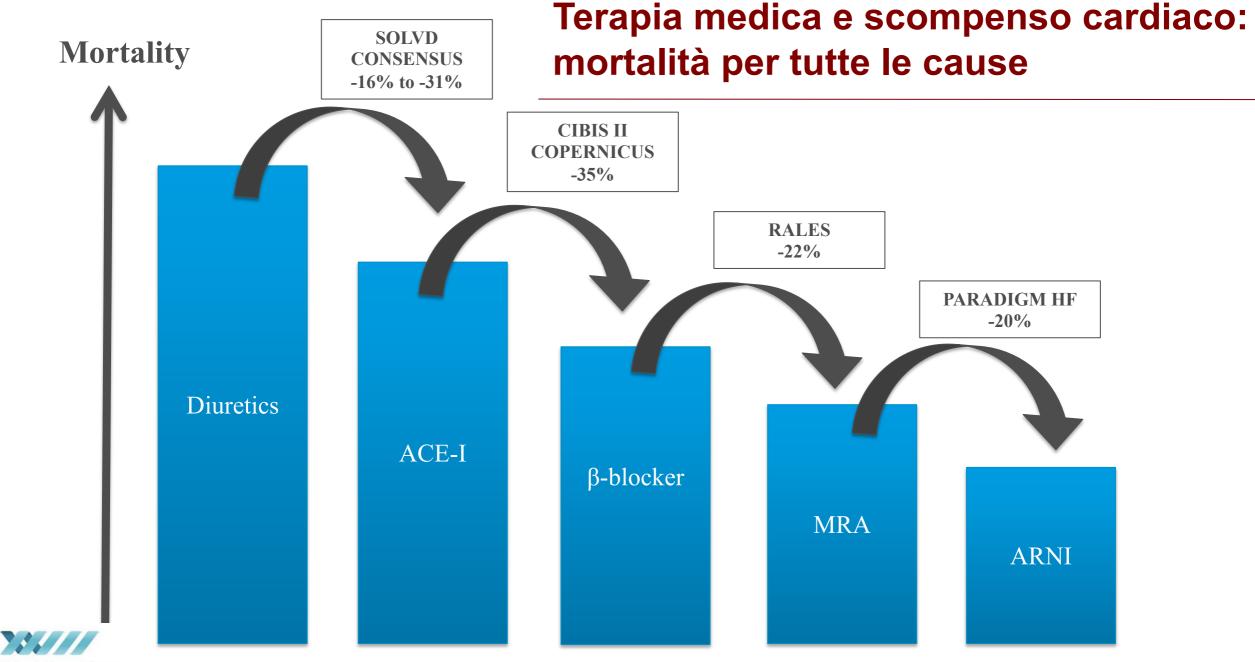
Azienda Ospedaliera Papa Giovanni XXIII Bergamo

Damman K et al. JACC HF (in press)

# **PARADIGM-HF**

- Da qualunque parte vengano analizzati
- i dati sono sempre a favore del LCZ696 rispetto all'enalapril

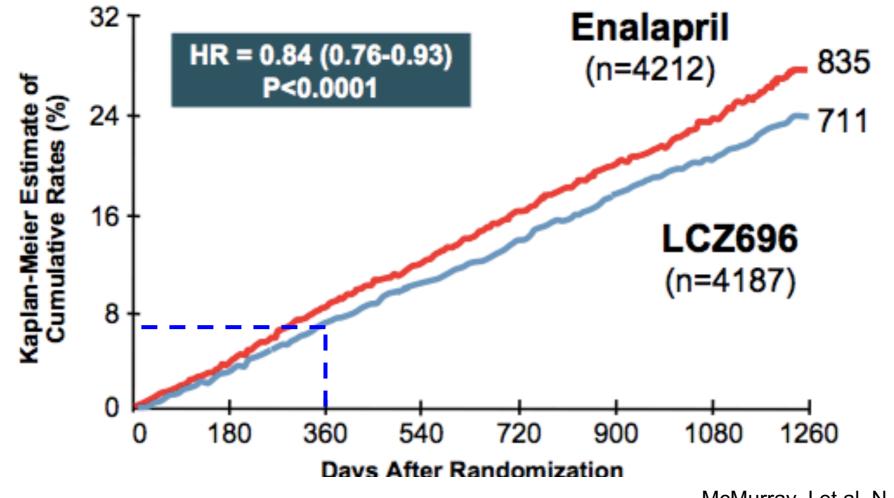




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# Ipotesi neurormonale

## **PARADIGM-HF: mortalità per tutte le cause**



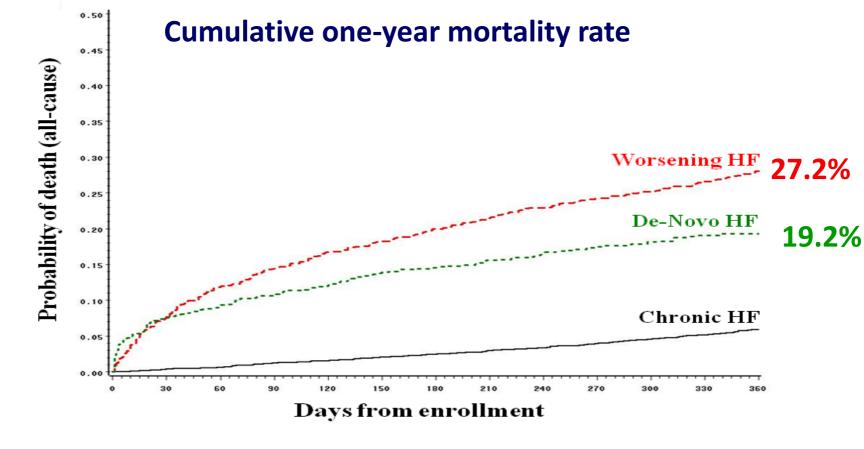


McMurray J et al. N Engl J Med 2014

#### Multicenter Prospective Observational Study on Acute and Chronic Heart Failure: The One-Year Follow-Up Results of IN-HF Outcome Registry

Luigi Tavazzi, Michele Senni, Marco Metra, Marco Gorini, Giuseppe Cacciatore, Alessandra Chinaglia, Andrea Di Lenarda, Andrea Mortara, Fabrizio Oliva and Aldo P. Maggioni

Circ Heart Fail published online March 8, 2013;





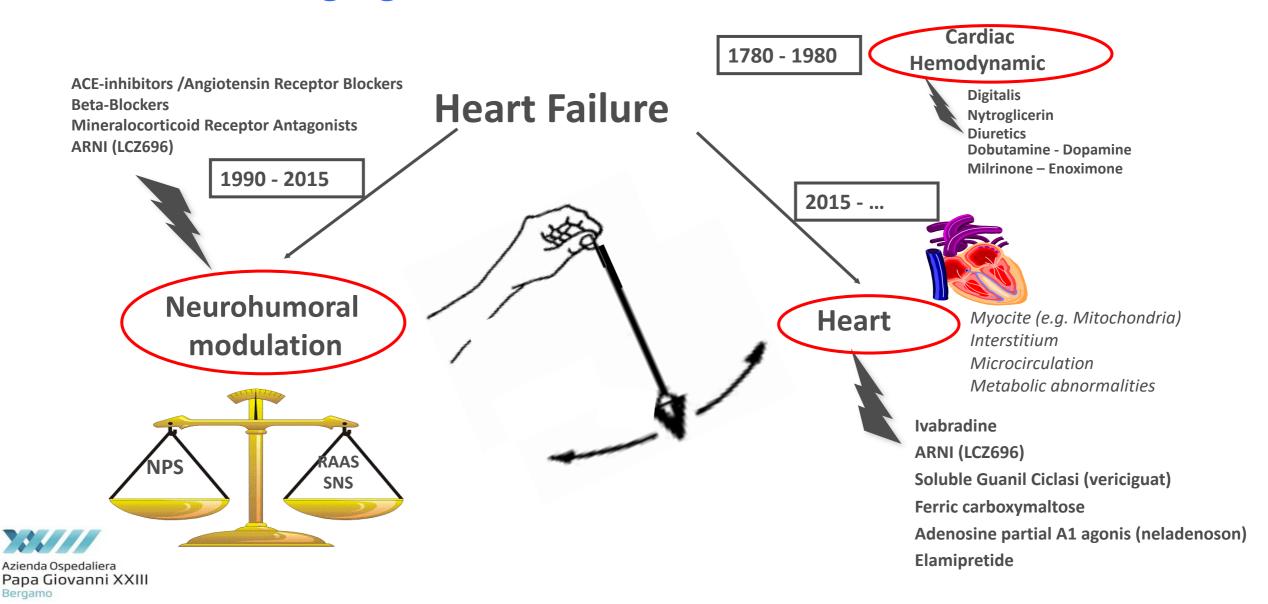
Tavazzi L et al. Circ HF 2013

#### **TARGETS FOR HEART FAILURE THERAPY**

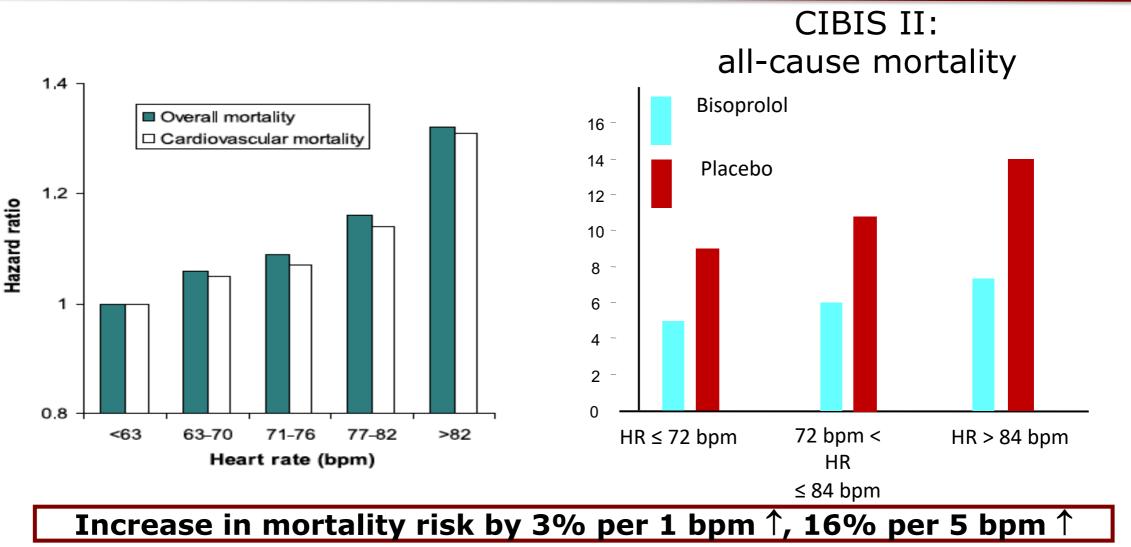
#### "The Swinging Pendulum"

Modified from:

Senni M et al. Eur J Heart Fail 2015



### Frequenza cardiaca e scompenso





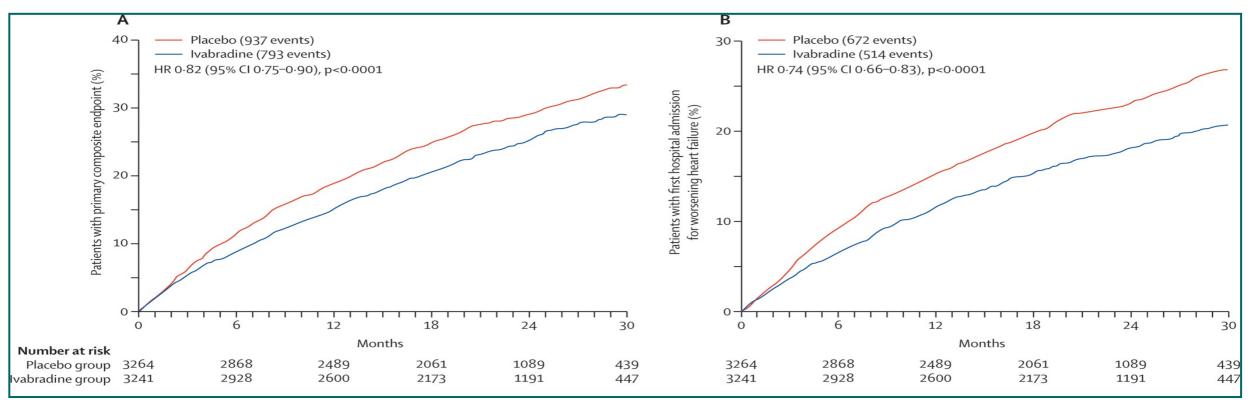
Diaz Eur Heart J 2005

Lechat P. et al. Circulation 2001

## **SHIFT** trial

#### CV death or HF hospitalization (primary end-point)

# HF hospitalization (secondary end-point)



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Swedberg K et al. The Lancet 2010

# Cuore al centro ...

# 1. Via NO-cGMP

# 2. Nuovi inotropi

# 3. Energetica (produzione di ATP)



# Cuore al centro ...

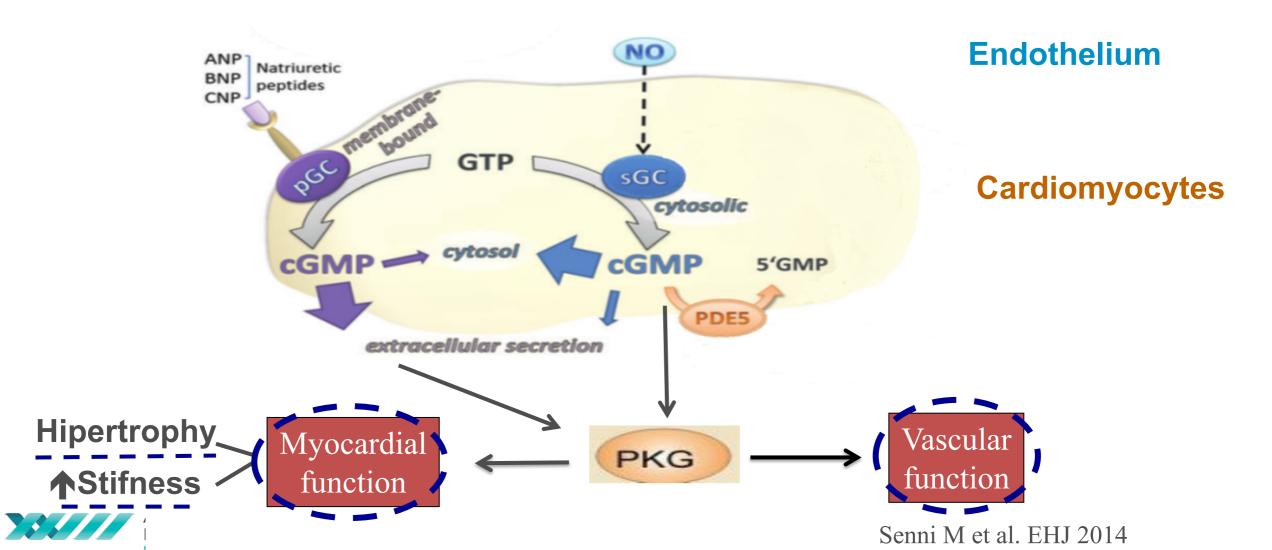
# 1. Via NO-cGMP

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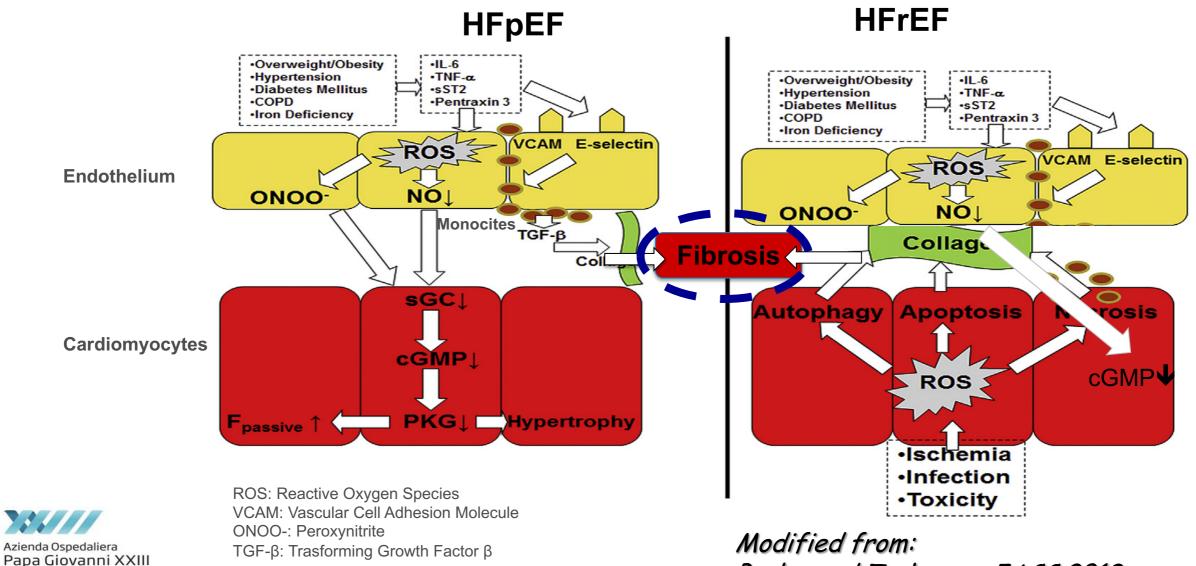


## Via NO/cGMP



### **Disfunzione e rimodellamento cardiaco**

Bergamo



Paulus and Tschoepe, JACC 2013

## "Stiffness" miocardico

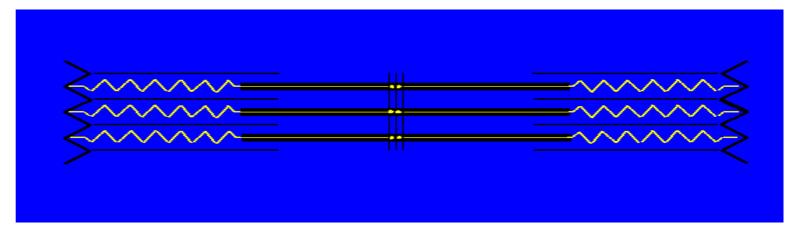


PKG is activated by cyclic guanosine monophosphate (cGMP). Phosphorylation of the N2B isoform by protein kinase A (PKA) or G (PKG) decreases cardiomyocyte resting stiffness.



van Heerebeek L et al.Circulation 2012

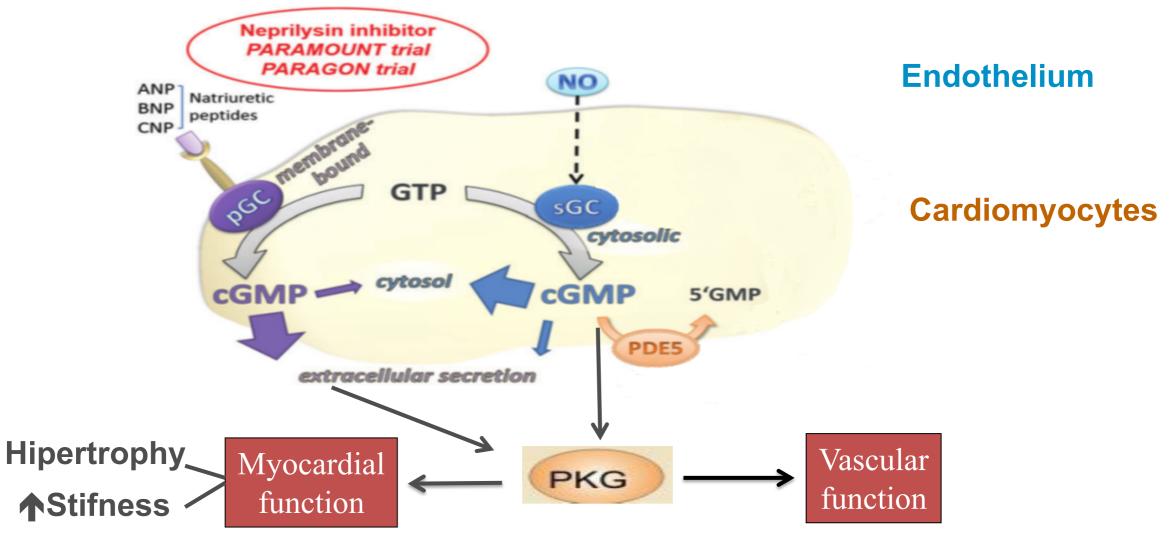




- The giant protein titin functions as a molecolar spring is extended during diastolic stretch
- Recoils elastically during systole
- Two isoforms: N2B (>stiff) and N2BA (>elastic)
- Is responsible for most of the passive tension of myocardium



## Via NO/cGMP

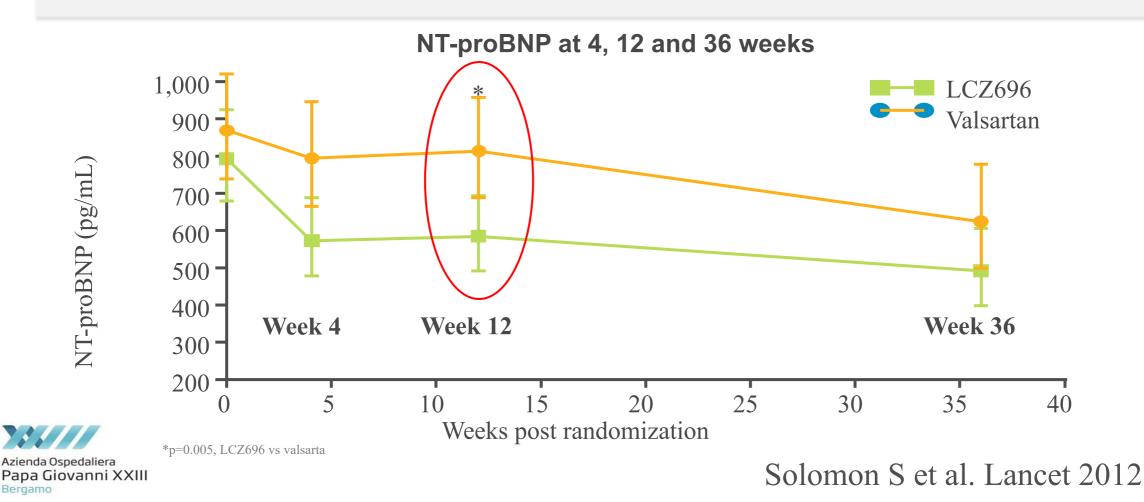




Senni M et al. EHJ 2014

#### PARAMOUNT: NT-proBNP con LCZ696 a 12 settimane

Reduction in NT-proBNP from baseline was sustained to Week 36 with LCZ696, although the difference between treatment groups was no longer significant (p=0.20) due to further reduction in NT-proBNP with valsartan



#### PARAMOUNT: variazione dei parametri ecocardiografici

	12 w	veeks						36 v	veeks					
		LCZ696			Valsartan			LCZ696		Valsartaı	Valsartan		p value	
	n	Baseline	∆ from baseline	n	Baseline	∆ from baseline	_	n	Baseline	∆ from baseline	n	Baseline	∆ from baseline	_
Ejection fraction	114	58·2% (7·6)	1·06% (5·0)	118	58·0% (8·0)	1·04% (4·9)	0.85	94	58·3% (7·7)	2·7% (6·5)	111	58·1% (8·0)	3·07% (5·9)	0.69
Lateral mitral annular relaxation velocity (e'; cm/s)	97	7·7 (2·7)	0·57 (1·7)	106	7·2 (2·9)	0·55 (1·5)	0.56	84	7·6 (2·7)	0·55 (2·3)	96	7·3 (2·8)	0·92 (2·0)	0.40
Mitral inflow velocity to mitral annular relaxation velocity ratio (E/e')	96	12·6 (8·4)	-1·3 (3·4)	106	13·0 (7·3)	-1·3 (4·3)	0.71	83	12·3 (5·5)	-1·3 (3·1)	95	12·7 (6·2)	-1·0 (4·7)	0.42
Early to late mitral inflow velocity ratio (E/A)	72	1·1 (0·56)	–0·09 (0·36)	78	1·1 (0·66)	–0·08 (0·67)	0.90	60	1·1 (0·51)	-0·05 (0·39)	68	1·1 (0·65)	-0·03 (0·61)	0.43
Left atrial width (cm)	116	3·7 (0·42)	–0·07 (0·25)	114	3·7 (0·53)	–0·02 (0·22)	0.07	99	3·7 (0·43)	-0·15 (0·31)	108	3·7 (0·53)	–0·08 (0·30)	0.03
Left atrial volume (mL)	113	67·0 (23·2)	-3·2 (12·2)	119	68·1 (28·1)	–1·3 (12·5)	0.18	96	65·3 (22·5)	-4·6 (13·7)	112	68·3 (29·3)	0·37 (15·9)	0.003
Left atrial volume index (mL/m²)	110	35·9 (12·5)	–0·98 (7·6)	118	36·5 (14·4)	-0·41 (6·8)	0.45	90	35·0 (11·7)	-2·6 (7·3)	106	36·8 (14·8)	0·31 (9·3)	0.007
Left ventricular end-diastolic volume (mL)	114	110·3 (26·4)	–2·90 (10·5)	118	113·1 (31·3)	-3·27 (12·3)	0.99	94	111·8 (26·3)	–10·4 (14·4)	111	114·3 (31·5)	–12·7 (17·3)	0.39
Left ventricular end-systolic volume (mL)	114	46·5 (15·7)	–3·3 (6·5)	118	48∙5 (20∙9)	-2·7 (8·9)	0.97	95	46·9 (15·8)	-6·9 (9·1)	111	48∙8 (20∙6)	-8·70 (11·0)	0.31
Left ventricular mass index (kg/m²)	112	77·4 (20·7)	-1·2 (13·0)	112	78·8 (21·5)	-4·2 (11·8)	0.10	91	76.6 (19.8)	–2·8 (14·0)	100	79·5 (22·7)	-1·9 (19·2)	0.35
Relative wall thickness	116	0·38% (0·09)	–0·002% (0·045)	114	0·37% (0·07)	0·001% (0·033)	0.76	98	0·37% (0·07)	0·01% (0·06)	107	0·37% (0·07)	0·01% (0·06)	0.96
Tricuspid regurgitant velocity (m/s)	45	2·5 (0·36)	0·008 (0·25)	42	2·5 (0·33)	0·09 (0·33)	0.19	35	2.6 (0.44)	-0·01 (0·24)	42	2·52 (0·34)	0·06 (0·35)	0.38



Solomon S et al. Lancet 2012

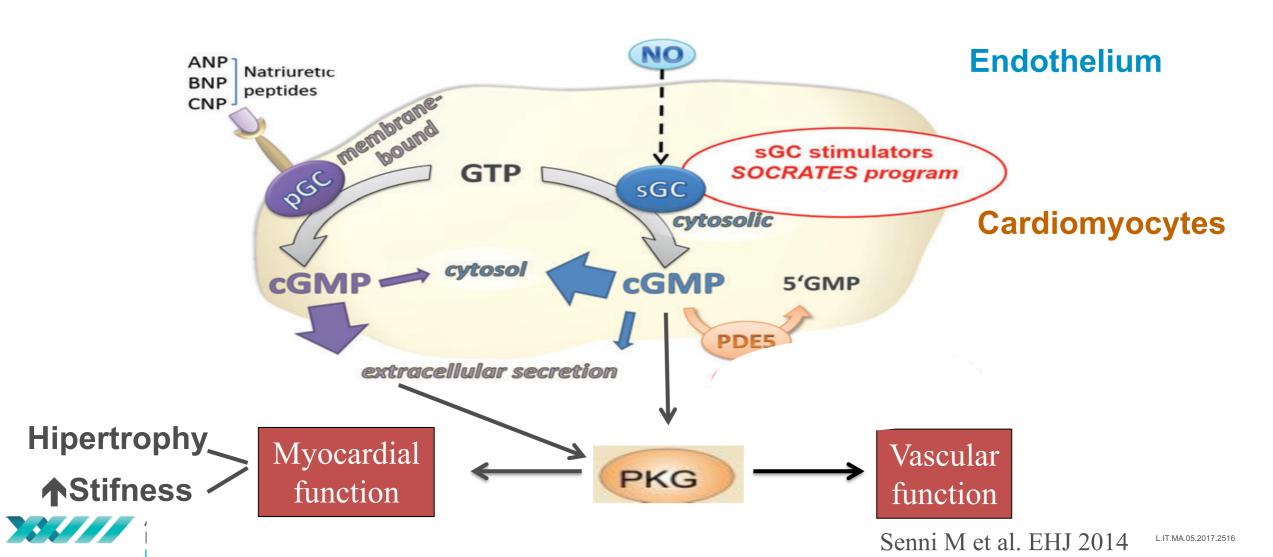
## **PARAGON-HF**

Target patient population: ~4,300 patients with symptomatic HF (NYHA Class II–IV) and LVEF  $\geq$ 45% Randomization 1:1 Double-blind treatment period Active run-in period LCZ696 200 mg BID LCZ696 Valsartan Screening 80 mg BID\* 100 mg BID Valsartan 160 mg BID On top of optimal background medications for comorbidities (excluding ACEIs and ARBs) up to 2 weeks 3–8 weeks  $\sim$ 240 weeks

Primary outcome: CV death and total (first and recurrent) HF hospitalizations (anticipated ~1,721 primary events)

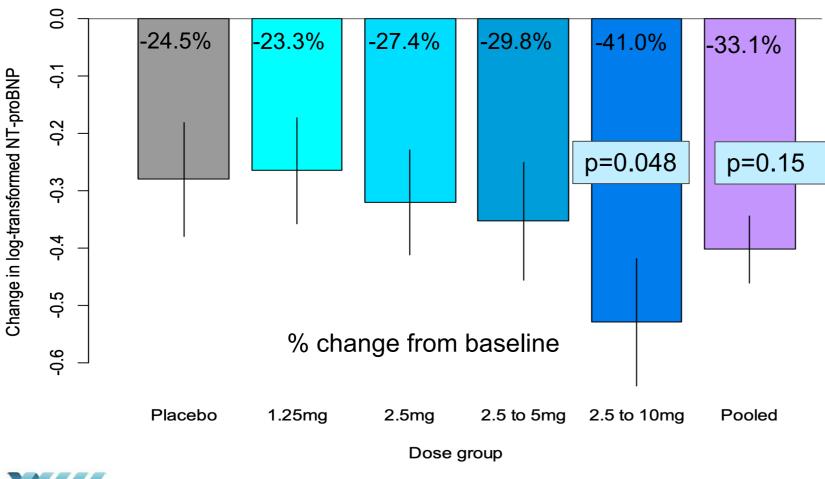


## Via NO/cGMP



## **SOCRATES-REDUCED: endpoints**

Change in NT-proBNP at 12 weeks (per protocol analysis)



## **Primary endpoint**

#### Primary analysis:

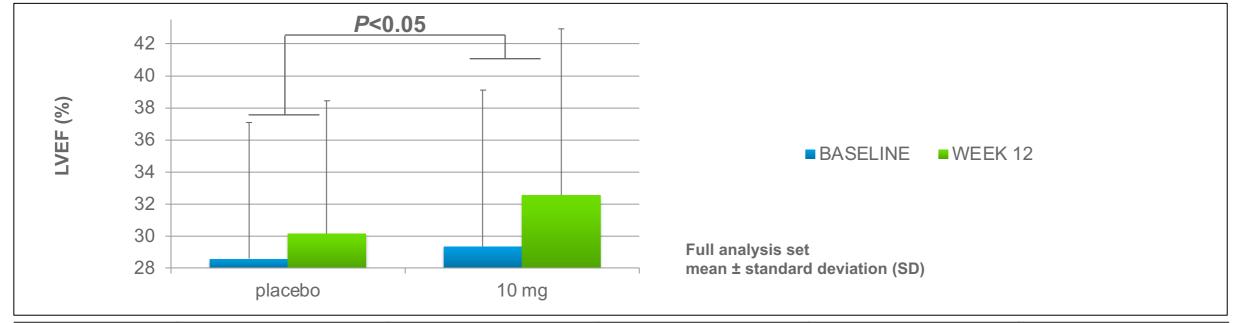
NTproBNP reduction in pooled 2.5/5/10 mg dose groups > reduction in placebo (NS, p=0.1506)

#### Secondary analyses:

NT-proBNP reduction in 10 mg group > placebo (p=0.0483; pre-specified pairwise comparison, exploratory only)



## **SOCRATES-REDUCED:** funzione sistolica



	Placebo		1.2	5 mg	2.5	mg	2.5 to	o 5 mg	2.5 to 10 mg	
Parameter	Baseline	Change at wk 12	Baseline	Change at wk 12						
LVEF (%)	28.6	+ 1.5	29.5	+ 2.8	29.2	+ 2.7	31.5	+ 2.1	29.3	+ 3.7
LVEDV (mL)	174	- 7	173	-6	174	-10	177	-17	161	-7
LVESV,(mL)	127	- 7	125	-9	126	-11	125	-15	120	-11

LVEF, left ventricular ejection fraction; LVEDV: left ventricular end-diastolic volume; LVESV: left ventricular end-systolic volume

mean values

L.IT.MA.05.2017.2516

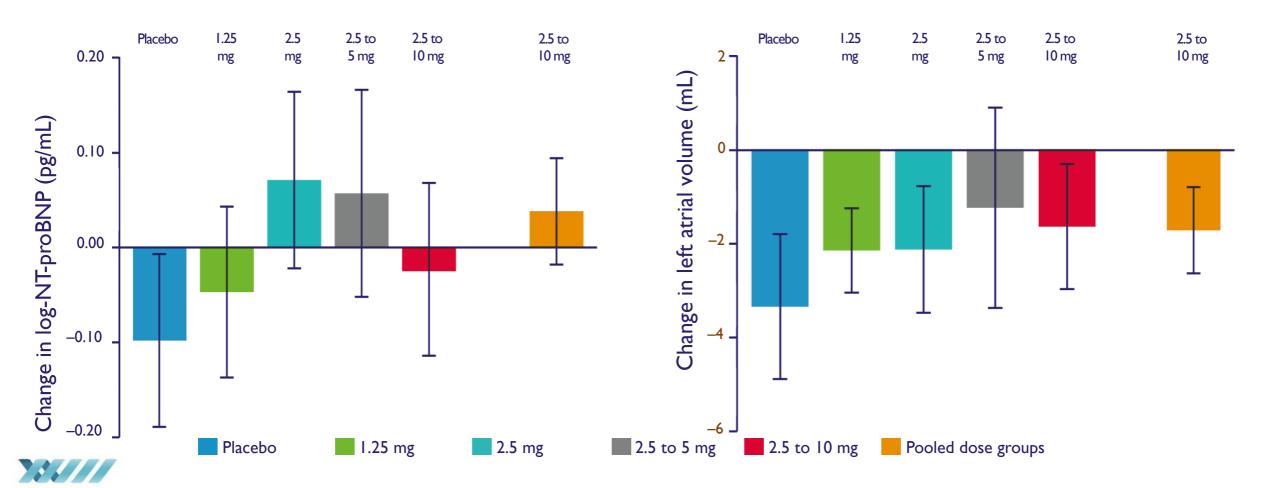
## VICTORIA Trial Studio di fase III - NYHA II-IV - HFrEF

•**Primary objective:** To study the efficacy and safety of vericiguat vs. placebo on a background of usual care in HFrEF patients

- •Target enrollment of approximately 4800 patients with the following:
  - HFrEF (EF < 45%)
  - NYHA II-IV on standard therapy
  - Prior HF hospitalization (6 months) or IV diuretic (3 months)
  - Elevated natriuretic peptides
  - Not taking long-acting nitrates
- Primary outcome: composite endpoint of cardiovascular (CV) mortality or HF hospitalization
- Secondary outcomes include:
- Time to the First Occurrence of CV Death
- Time to the First Occurrence of HF Hospitalization
- Time to Total HF Hospitalizations (including first and recurrent events)
- Time to First Occurrence of Composite Endpoint of All-cause Mortality or HF Hospitalization
- Time to All-cause Mortality

#### SOCRATES-PRESERVED Endpoint primari: log-NT-proBNP e LAV

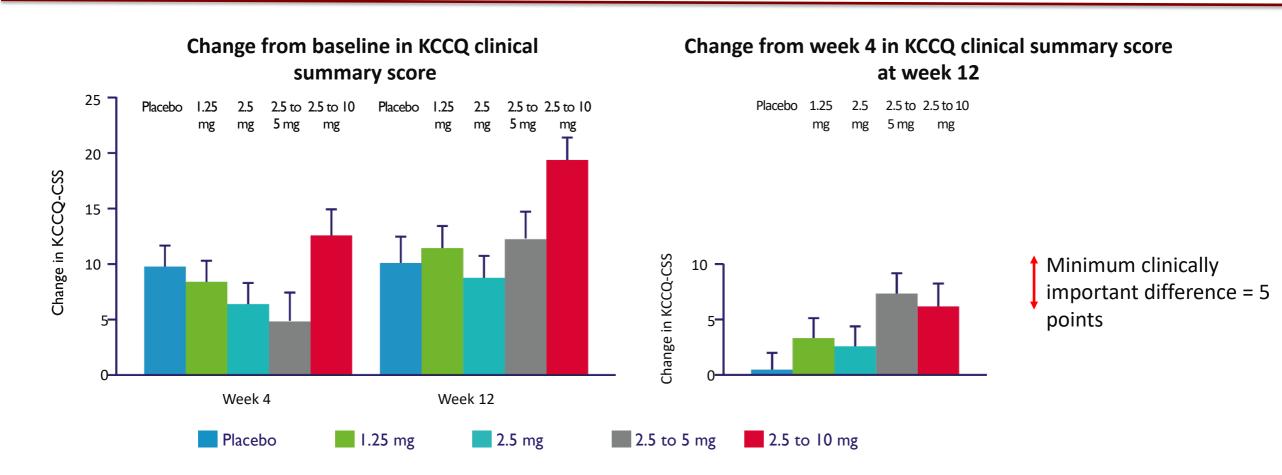
477 HFpEF patients,  $EF \ge 45\%$ 



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Pieske B et al. Eur heart J 2017;38:1119

## **SOCRATES-PRESERVED:** qualita' della vita (KCCQ score)





Pieske B et al. Eur Heart J 2017

## Cuore al centro ...

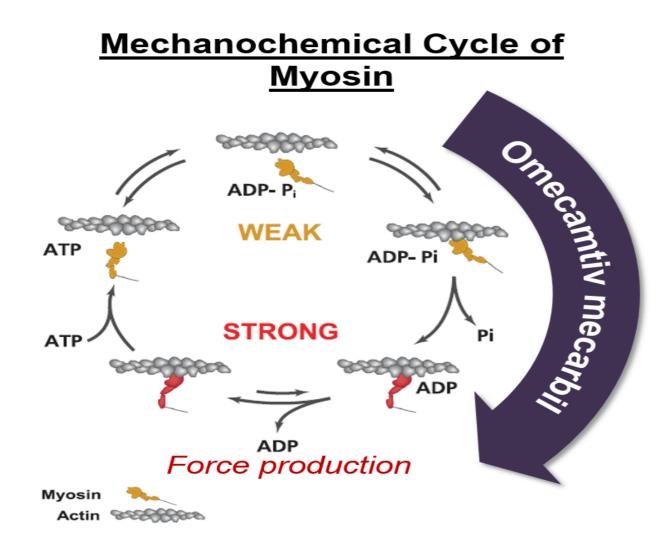
## 1. Via NO-cGMP

## 2. Nuovi inotropi

## 3. Energetica (produzione di ATP)



# Omecamtiv mecarbil: attivatore selettivo della miosina



Malik FI, et al. Science 2011; 331:1439-43

OM increases the entry rate of myosin into the tightly-bound, force-producing state with actin

"More hands pulling on the rope"

Increases duration of systole

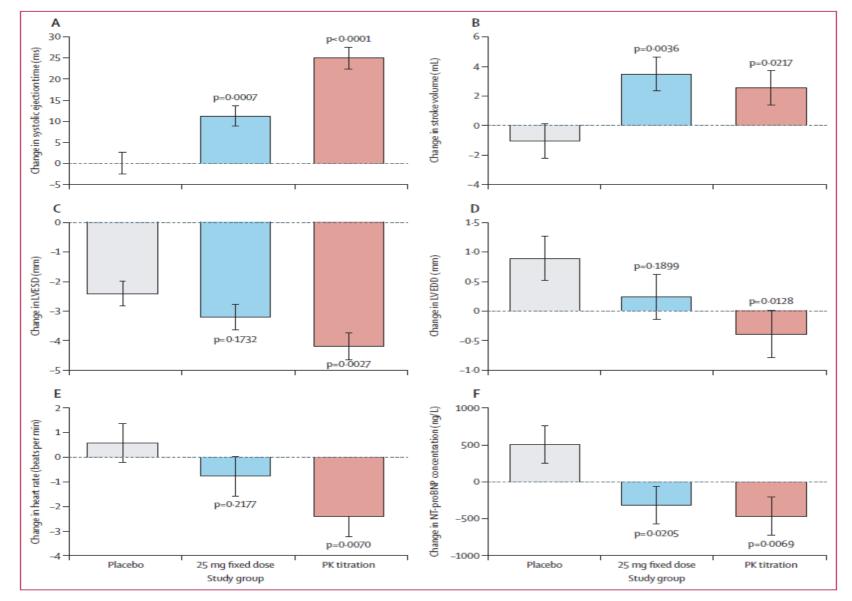
Increases stroke volume

No increase in myocyte calcium

No change in dP/dt<sub>max</sub>

No increase in MVO<sub>2</sub>

## Omecamtiv mecarbil in HFrEF: COSMIC-HF



Teerlink JR et al. Lancet 2016

#### Title: A Double-blind, Randomized, Placebo-controlled, Multicenter Study to Assess the Efficacy and Safety of Omecamtiv Mecarbil on Mortality and Morbidity in Subjects With Chronic Heart Failure With Reduced Ejection Fraction

Amgen Protocol Number (Omecamtiv Mecarbil [AMG 423]) 20110203

EudraCT number 2016-002299-28

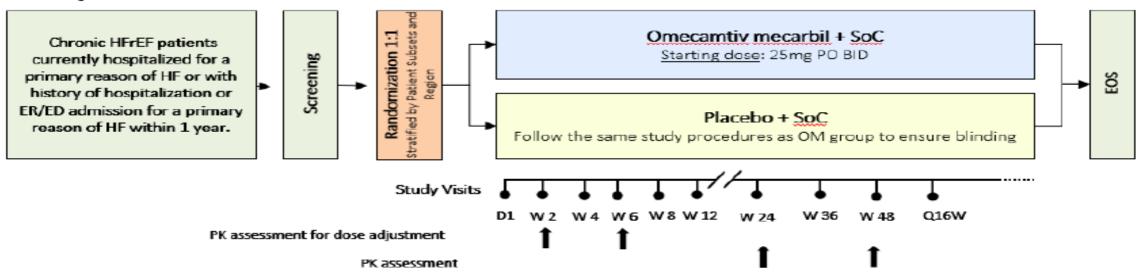
GALACTIC-HF

Global Approach to Lowering Adverse Cardiac Outcomes Through Improving Contractility in Heart Failure

Study Design and Treatment Schema

2 years enrollment, approx. 4 years total follow-up/study period

Subject source



## Cuore al centro ...

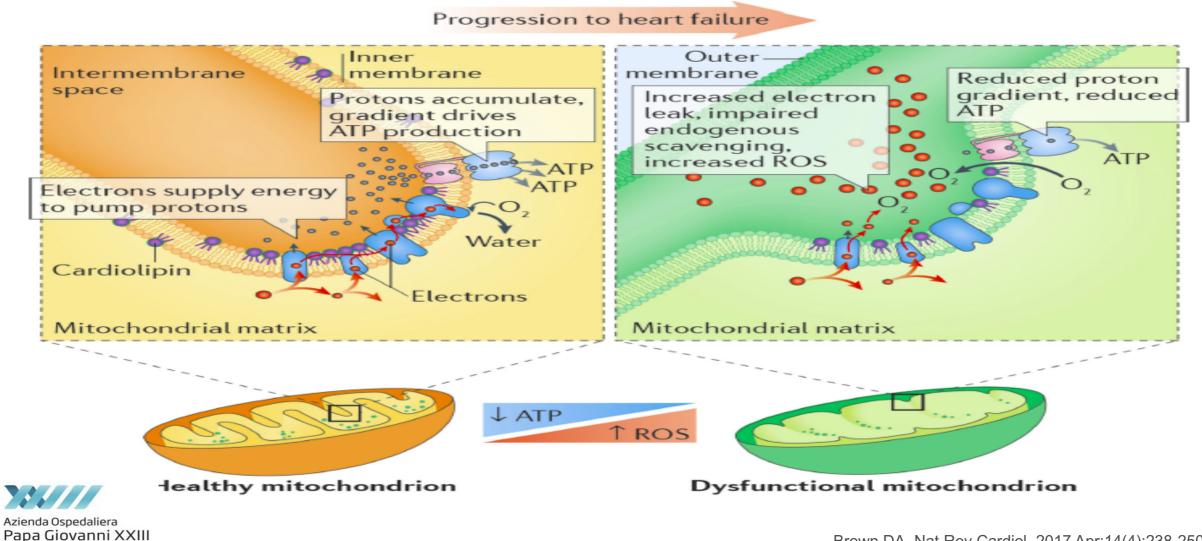
## 1. Via NO-cGMP

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## 3. Energetica (produzione di ATP)



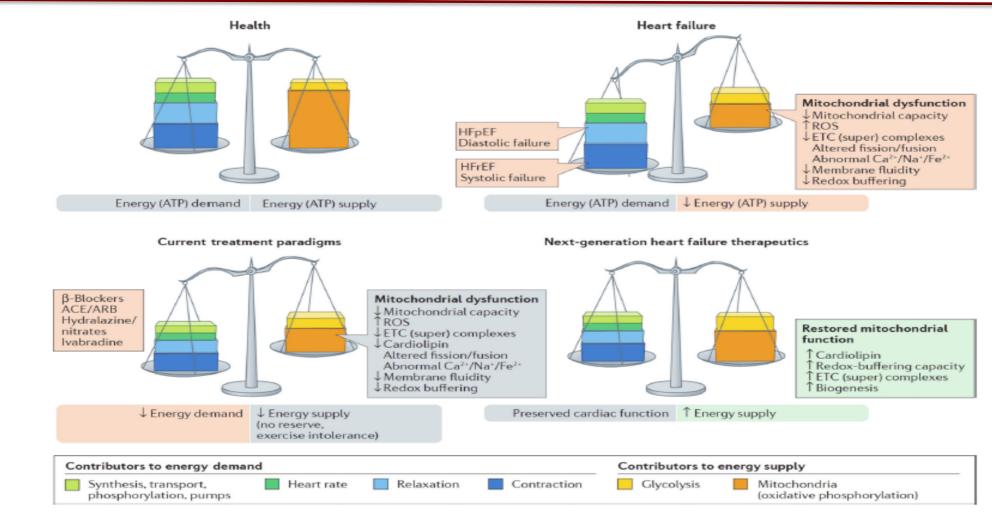
#### Inadeguata produzione di energia a livello della membrana mitocondriale interna



Bergamo

Brown DA, Nat Rev Cardiol. 2017 Apr;14(4):238-250

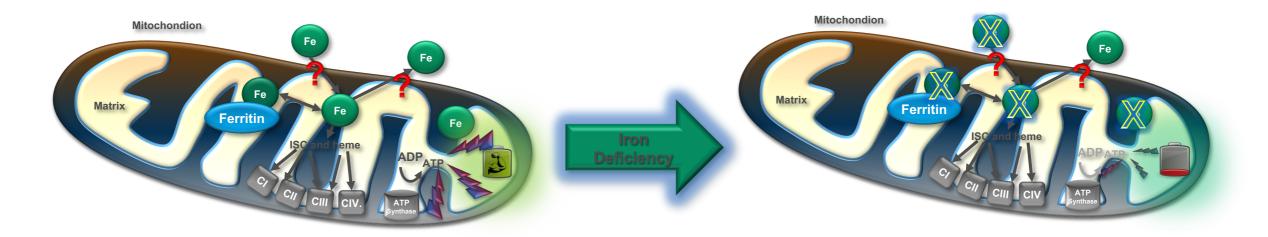
# Produzione di energia come target terapeutico nello scompenso cardiaco





#### **Conseguenze della carenza di ferro in CHF: alterazione del metabolismo energetico cellulare**

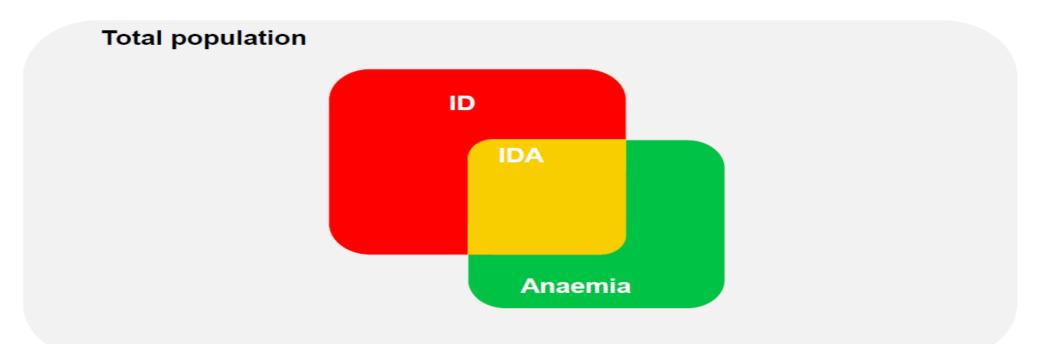
Il ferro è necessario poiché è un componente dei cluster Fe/S proteici e dei gruppi Fe-eme dei citocromi dei complessi I-IV responsabili del trasporto degli elettroni, che sostiene l'attività dell'ATP sintetasi all'interno dei mitocondri<sup>1</sup>





Rines AK and Ardehali H. *J Mol Cell Cardiol*. 2013; 55: 50–57
Saba Haddad, European Heart Journal (2017) 38, 362–372,

## Carenza di ferro: relazioni con l'anemia

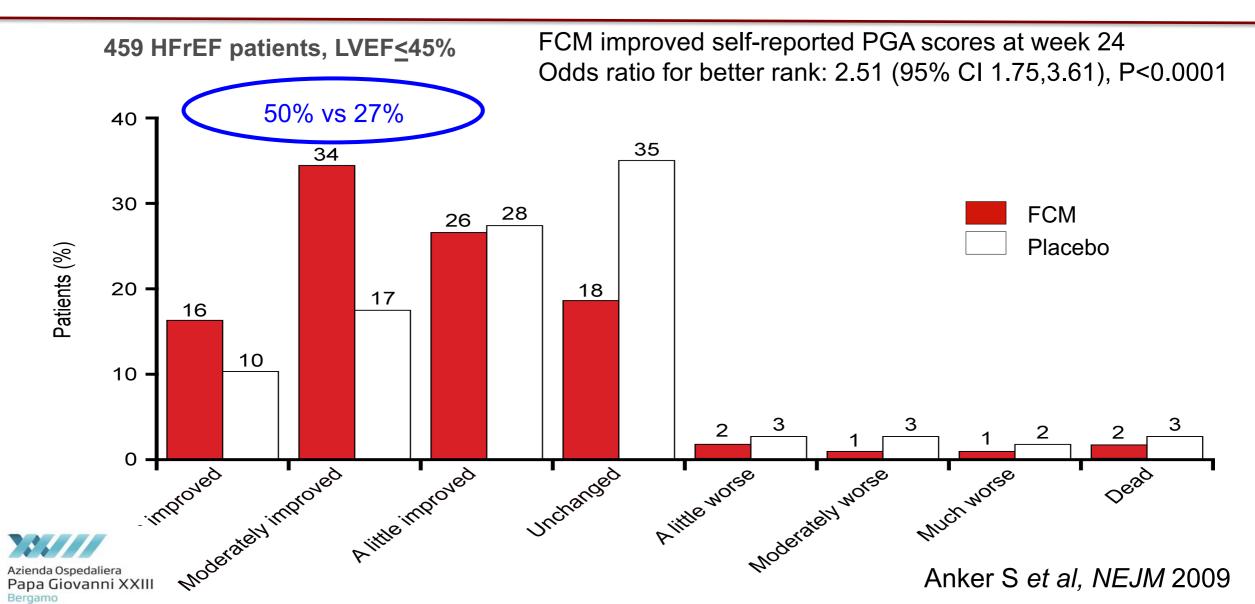


#### Definition of Iron deficiency: serum ferritin <100 μg/L or <300 μg/L, if TSAT <20%

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World Health Organization. Iron deficiency anaemia. Assessment, prevention and control: A guide for programme managers.; 2001:1-114

#### Endpoint primario 1: Patient Global Assessment a 24 settimane



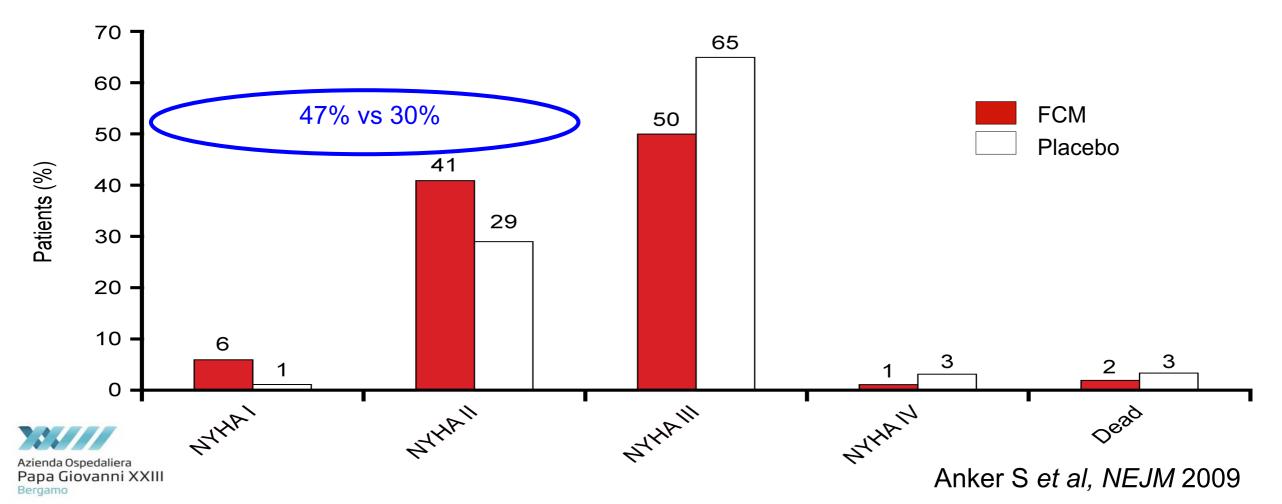
**FAIR-HF** 

## Endpoint primario 2: classe NYHA a 24 settimane



FCM improved NYHA functional class at week 24

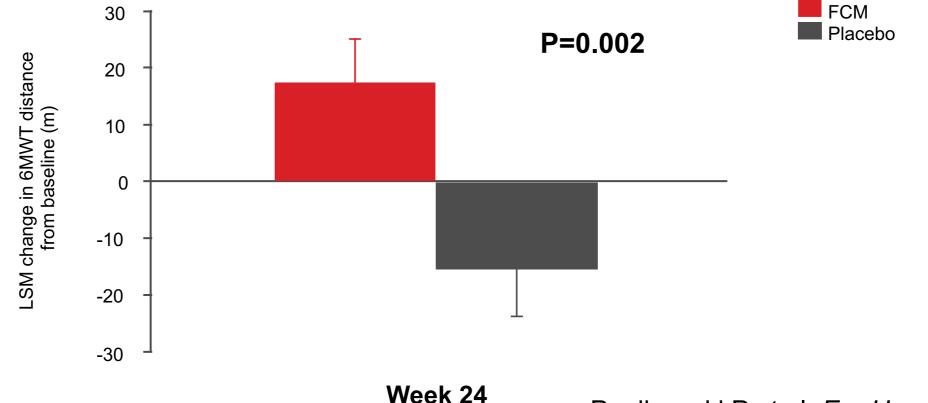
Odds ratio for improvement by 1 class: 2.40 (95% CI 1.55,3.71), P<0.0001\*



## **CONFIRM-HF: endpoint primario** 6-minutes walking distance a 24 settimane

300 HFrEF patients, LVEF < 45% FCM improved 6MWT at week 24

FCM vs placebo:  $33 \pm 11$  m (least squares mean  $\pm$  SE)



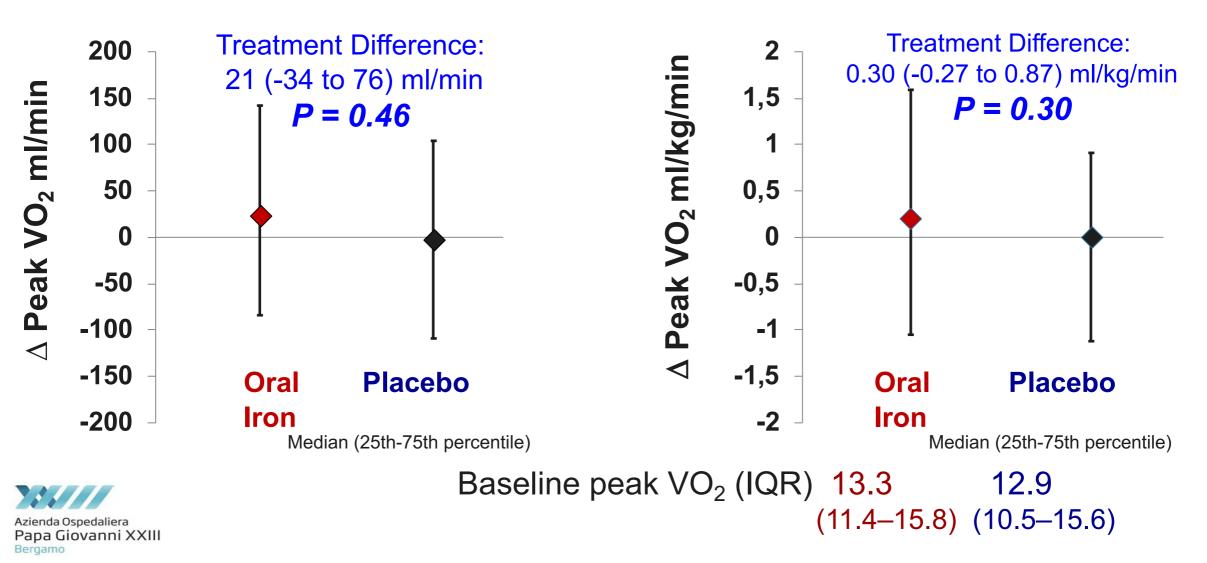


Ponikowski P et al. Eur Heart J. 2015

**CONFIRM-HF** 

## **Ironout-HF**

#### 300 patients, LVEF<40%



# Studi in corso di Mortalita' e Morbidita'con terapia marziale e.v.

Study	AFFIRM AHF <sup>1</sup>	FAIR HF2 <sup>2</sup>	HEART FID <sup>3</sup>	<b>IRONMAN</b> <sup>4</sup>	
Design	Prospective, double-blind, randomised, parallel-group, placebo controlled	Prospective, double-blind, randomised, parallel-group, placebo controlled	Prospective, double-blind, randomised, parallel-group, placebo controlled	Prospective, single-blind, parallel group, randomized, open-label, multicentre	
Population	Patients (N=1100) admitted with acute HF and stabilized, and iron deficiency	Patients (N=1200) with CHF (or acute HF) and iron deficiency	Patients (N=3014) with CHF and iron deficiency	Patients (N=1300) with HFrEF and iron deficiency	
i.v. iron	Ferric carboxymaltose	Ferric carboxymaltose	Ferric carboxymaltose	Iron (III) isomaltoside	
Primary endpoint	Effect on the composite of recurrent HF hospitalizations for worsening HF and CV death up to 52 weeks after randomization	Combined rate of recurrent hospitalizations for HF and of CV death after at least 12 months of follow-up	Treatment response over 12 months for incidence of death, incidence of hospitalization for heart failure and change in 6 MWT	CV mortality or hospitalization for worsening HF (analysis will include first and recurrent hospitalisations). Minimum 2.5 years follow-up from last patient recruited	

# Agonista parziale dell'adenosina (Neladenoson): un nuovo meccanismo

#### Partial A<sub>1</sub>R Agonists $\rightarrow$ desired physiological effects

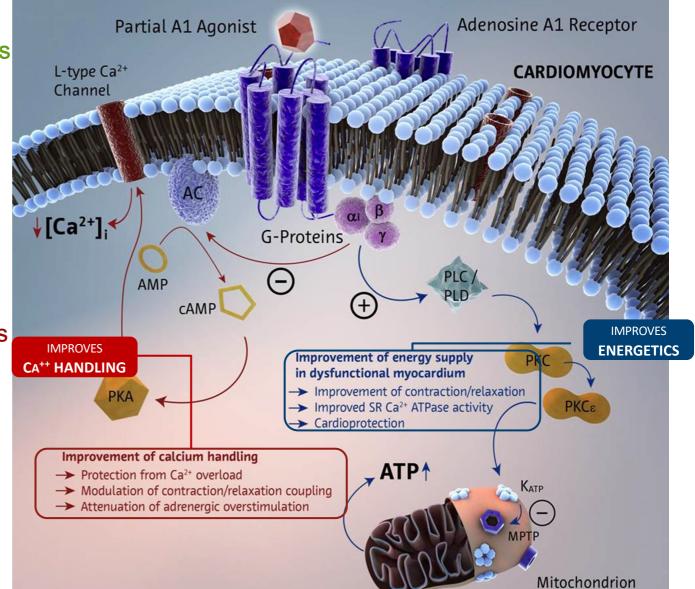
- Improvement of cardiac function and myocyte energetics
- Prevention of progressive remodeling
- No effects on BP and AV conduction
- Reduction of Free Fatty Acid (FFA)
- No CNS effects
- Protection of renal function

#### Full A<sub>1</sub>R Agonists $\rightarrow$ undesired physiological effects

- Bradycardia
- Higher degree AV block
- Negative inotropy
- CNS effects: sedation
- Antidiuretic effects



Nell, Albrecht-Küpper. *Prog Med Chem* 2009 Greene et al. *Heart Fail Rev* 2016;



## PARSIFAL PILOT STUDY

#### Safety

Azienda Ospedaliera

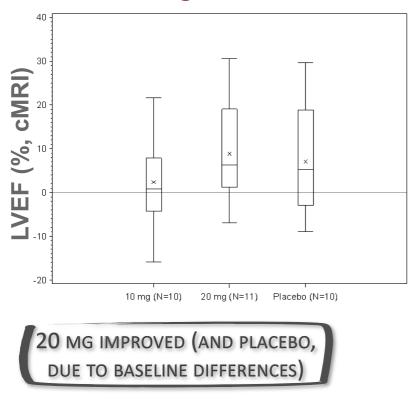
Bergamo

Papa Giovanni XXIII

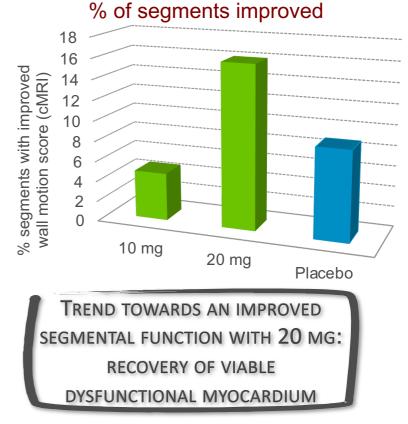
No effects on BP

No effects on PR conduction/no higher degree AV-blocks or syncope – transient mild decrease in HR (2-5 bpm) – no increase of cardiac markers (hsTnT)

#### EF change vs baseline



#### Wall Motion Score

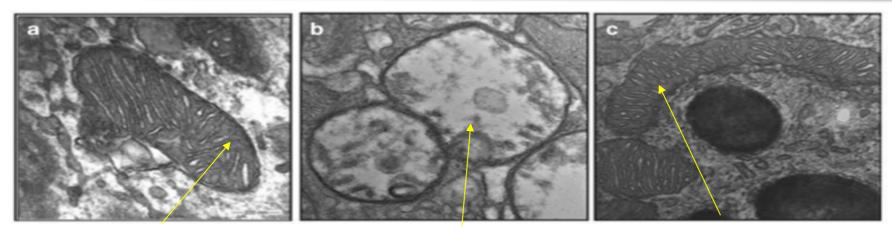


# Agonista parziale dell'adenosina nello scompenso cardiaco: trials di fase ll

	PANTHEON	PANACHE				
Design	dose finding phase II studies	roup, placebo-controlled, double-blind, of 5 dose regimens of the oral t neladenoson bialanate over 20 weeks				
Inclusion Criteria	≥18 years old CHF diagnosis, NYHA II-IV (≤6 m) LVEF ≤35% (≤6 m) worsening CHF requiring hospitalization or unscheduled visit (≤3 m), both requiring initiation/intensification of HF therapy <b>AND</b> NT-proBNP ≥400/1200 (SR/AF) ≤3 m <b>AND/OR</b> NT-proBNP ≥1200/2400 (SR/AF) ≤1 m	≥45 years old CHF diagnosis, NYHA II-IV (≤6 m) LVEF ≥45% (≤6 m) diuretic (≤6 m) AND NT-proBNP ≥300/900 (SR/AF) (≤6 m) AND LA enlargement / LV hypertrophy / elevated filling pressure (≤6 m)				
Primary Outcome	LVEF change at 20 weeks	6MWD 100-550 m 6MWD change at 20 weeks				
Sample size	384 patients in 6 arms (allocation 5/10/20/30/40/placebo=1:2:2:2:2:3)	288 patients in 6 arms (allocation 5/10/20/30/40/placebo=1:2:2:2:3)				

ClinicalTrials.gov Identifier: NCT02992288

## Elamipretide (Bendavia)

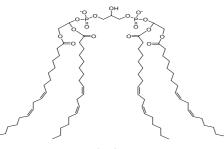


Normal Mitochondria

**Diseased Mitochondria** 

**Diseased After Elamipretide Treatment** 

Cardiolipin in the Inner Mitochondrial Membrane (IMM) Establishes Structure, Enables Function



Cardiolipin

Szeto, Birk, Am J Physiol 2014 Szeto, Birk, Am J Physiol 2014 Szeto HH, Birk AV. Clin Pharmacol Ther. 2014



#### Elamipretide e sistema neuro-ormonale

#### **2 Hours Intravenous Infusion 3 Months Subcutaneous Treatment** Treatment Effect, $\Delta$ 10 Treatment Effect, $\Delta$ Saline Control Infusion 12 8 Elamipretide Infusion p=0.012 6 p=0.145 p=0.001 p=0.028 8 p=0.08 p=0.006 p=0.05 4 4 2 0 0 -2 -4 -4 **HF-CON** HF+ELA -8 -6 EDV ESV $\mathbf{EF}$ FAS EDV ESV EF SV (%) (%) (ml) (ml) (%) (ml) (ml) (ml)

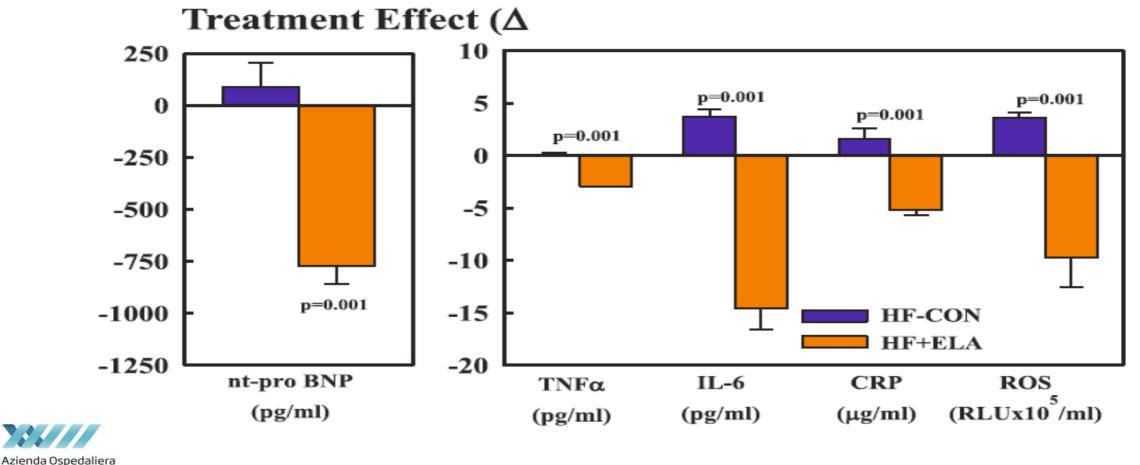


Sabbah HN et al. Circ Heart Fail 2016

#### Elamipretide e sistema neuro-ormonale

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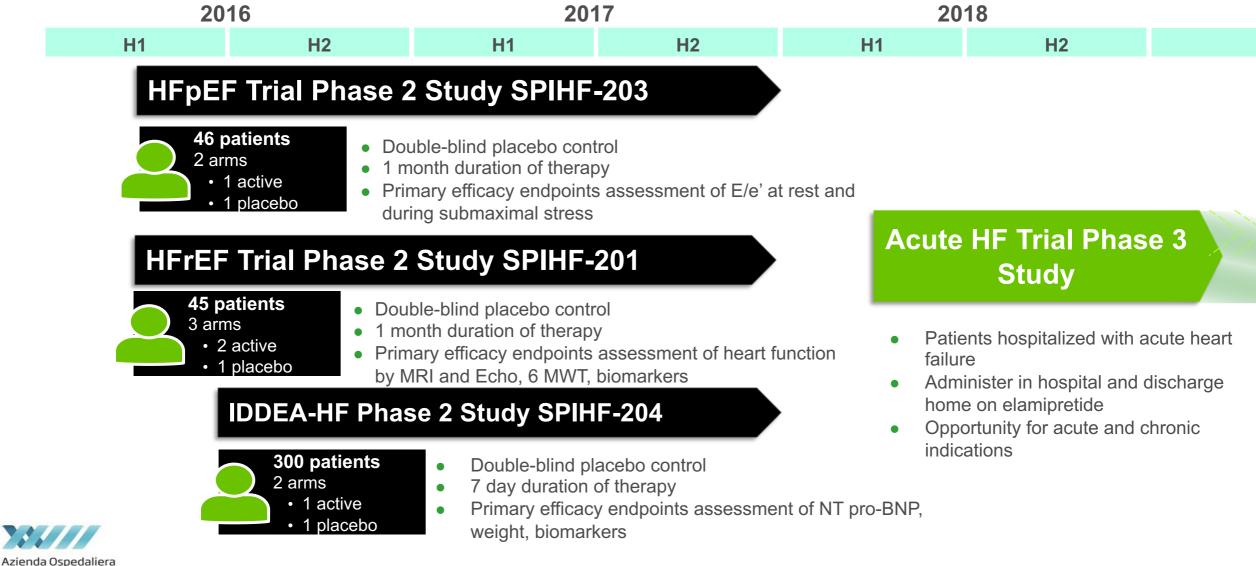
Bergamo



Sabbah HN et al. Circ Heart Fail 2016

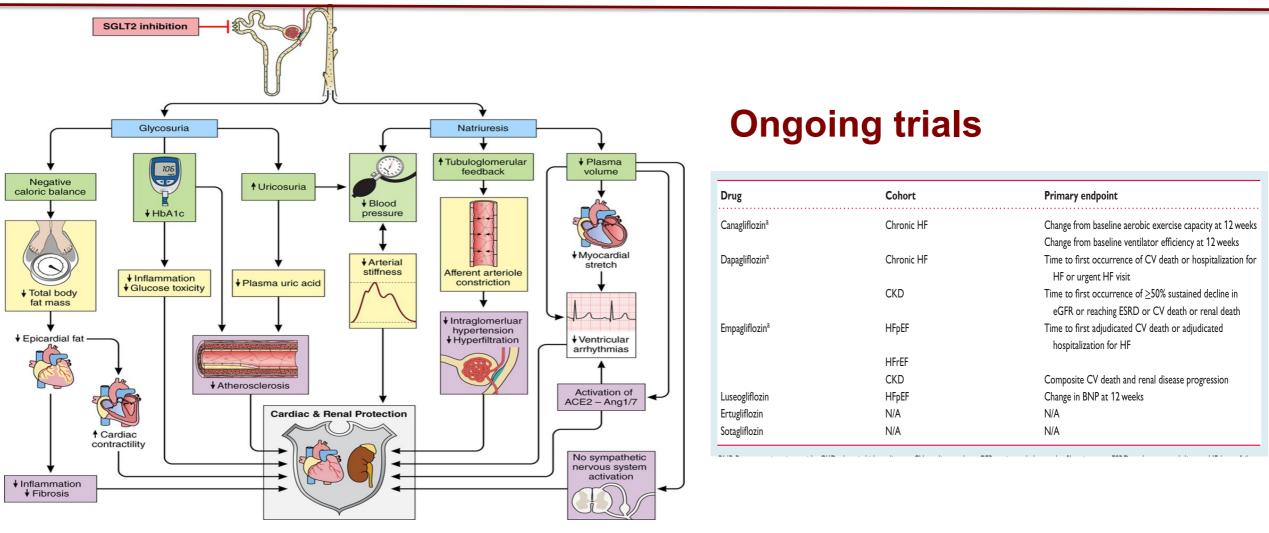
#### **Heart Failure Program**

#### Elamipretide Unique MOA Supports Addressing Large HF Unmet Need



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#### Possibili meccanismi nefro/cardioprotettivi degli inibitori di SGLT2.



Hiddo J.L. Heerspink et al. Circulation. 2016

Butler J et al. Eur J Heart Fail 2017

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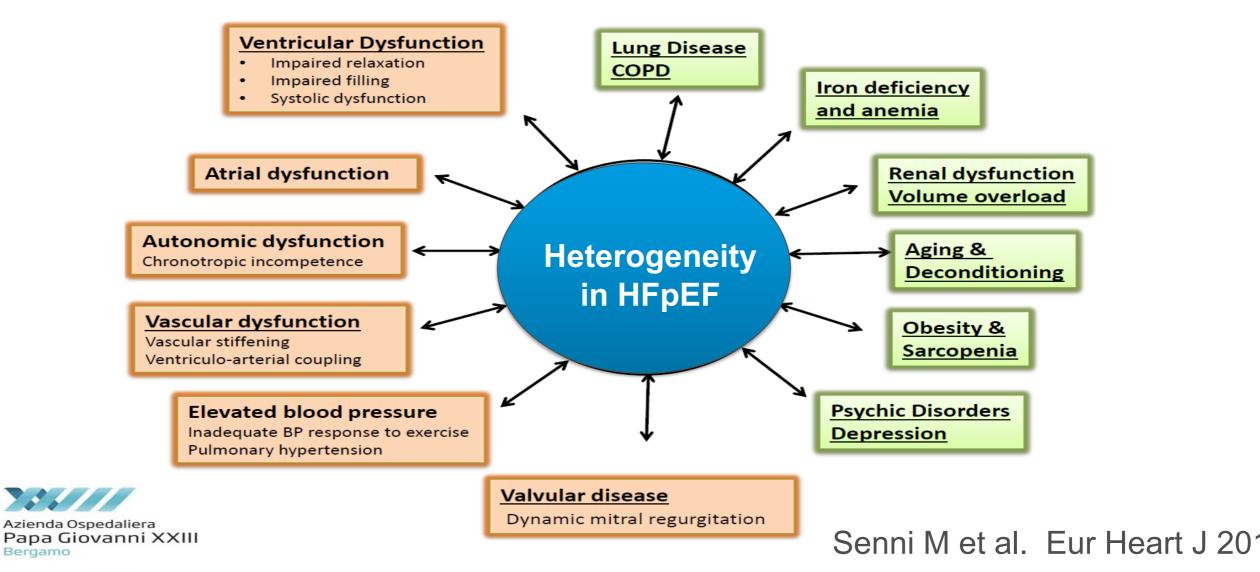
# **?** Quali sono oggi gli "Unmet clinical needs" piu' importanti in Cardiologia

#### a. Scompenso Cardiaco a Funzione Sistolica Preservata

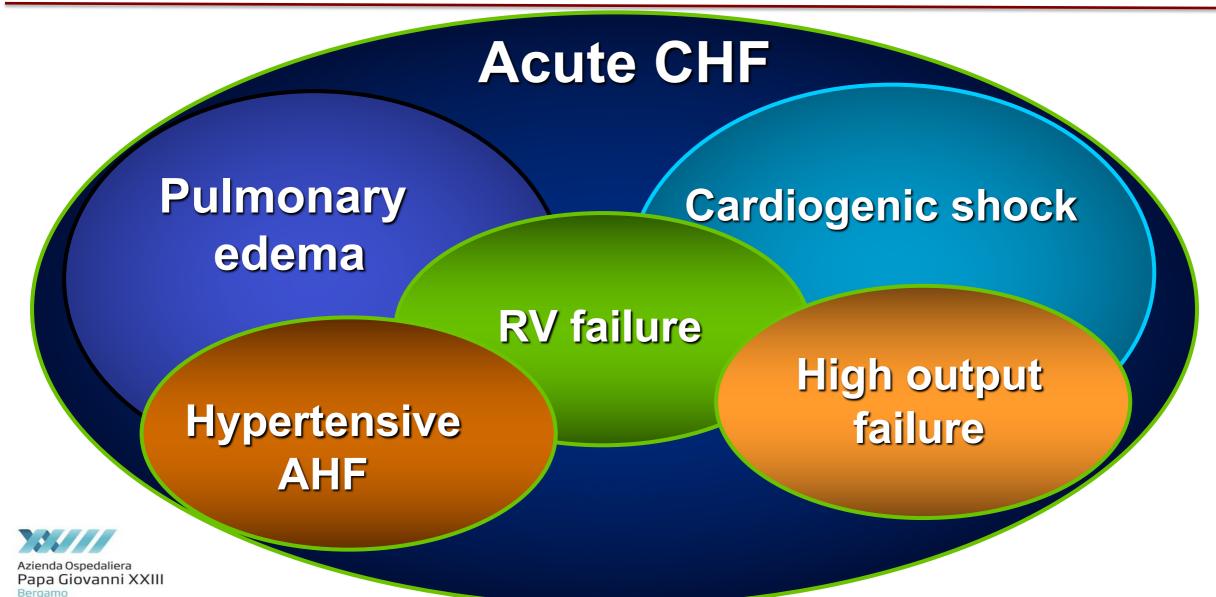
#### b. Scompenso Cardiaco Acuto



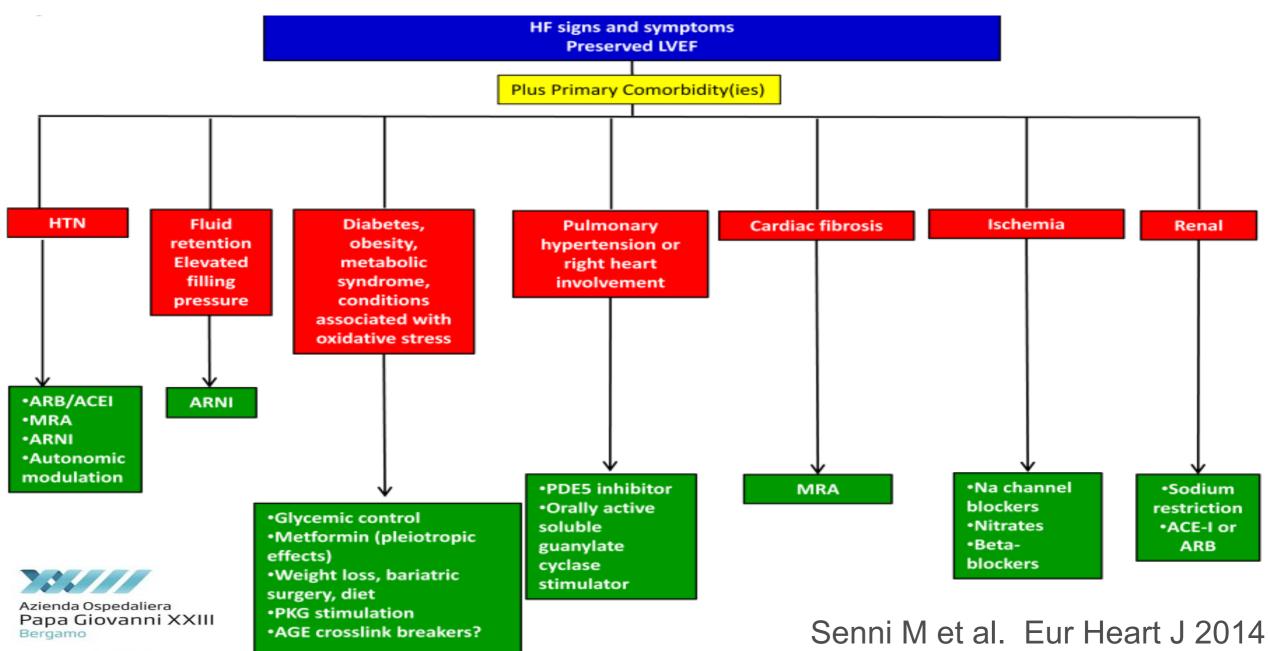
## **HFpEF:** Fisiopatologia



## Acute CHF Differenti quadri fisiopatologici



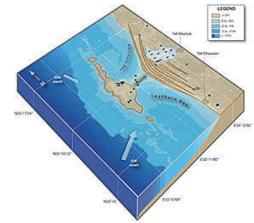
## HFpEF: approccio per fenotipi clinici



## **Come Alessandro Magno ...**

1. Conoscere la natura del posto e le proprie forze

2. "Personalizzare" ogni conquista di citta'





# HFpEF e scompenso acuto: quale futuro a medio e lungo termine della terapia medica

Terapia personalizzata sulla base dei fenotipi, conoscendo la fisiopatologia e il meccanismo d'azione dei farmaci, invece dell'approccio "one-pill-fits-all".

