



Conoscere e Curare il Cuore 2015

TRATTIAMO L'ISCHEMIA, NON LA STENOSI CORONARICA: LA FRACTIONAL FLOW RESERVE (FFR)

Edoardo Verna

Struttura Semplice Emodinamica

Cardiologia I

Ospedale di Circolo e Fondazione Macchi

Università dell'Insubria, Varese

...sono voce di uno che grida nel deserto...

Giovanni I 23-24

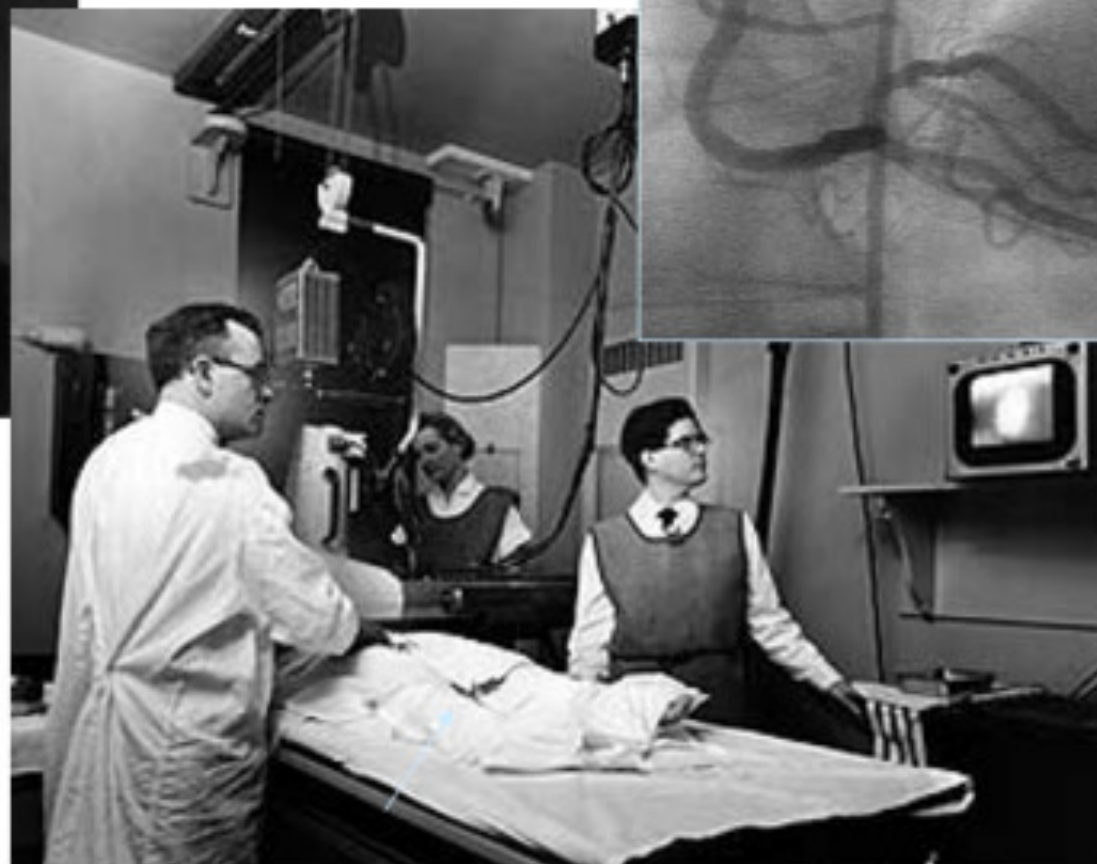




Coronary angiography



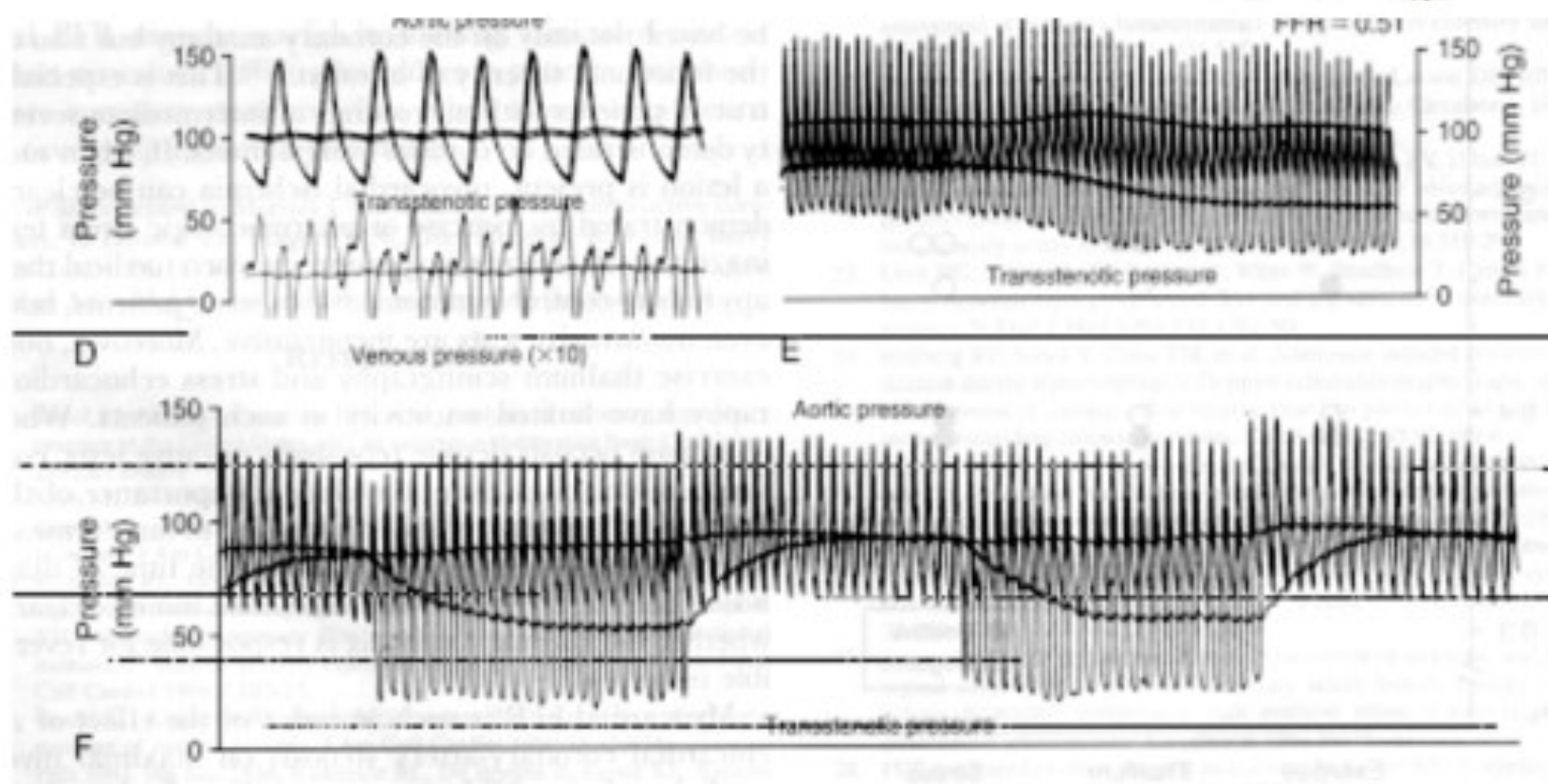
Mason Sones



Cleveland Clinic 1958



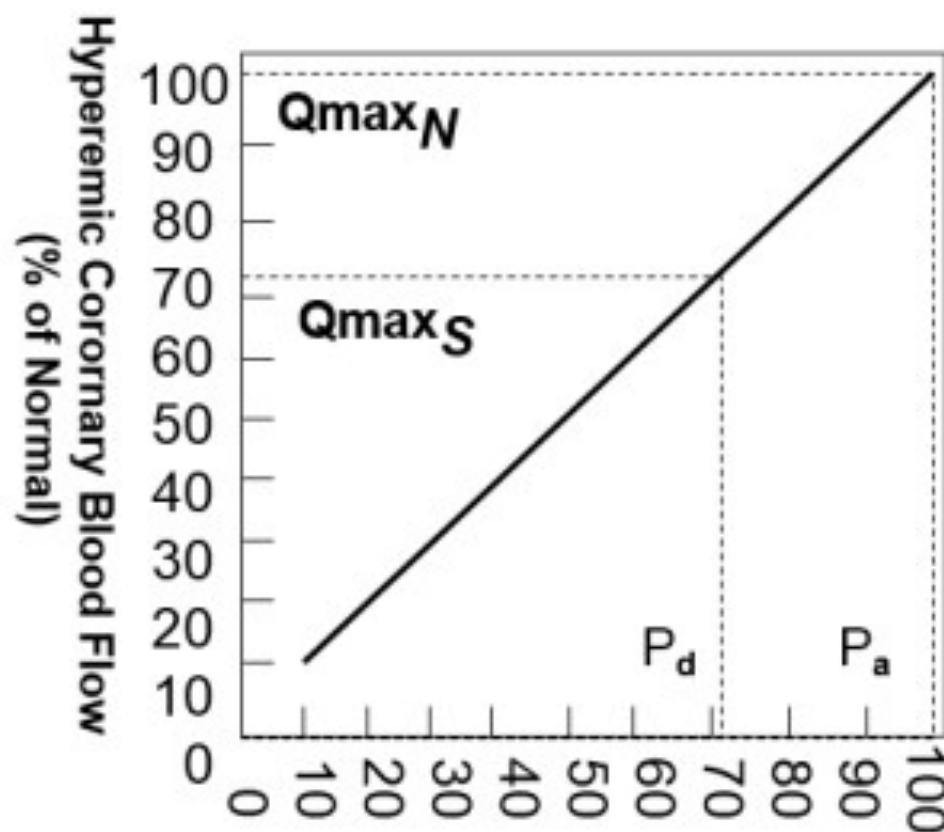
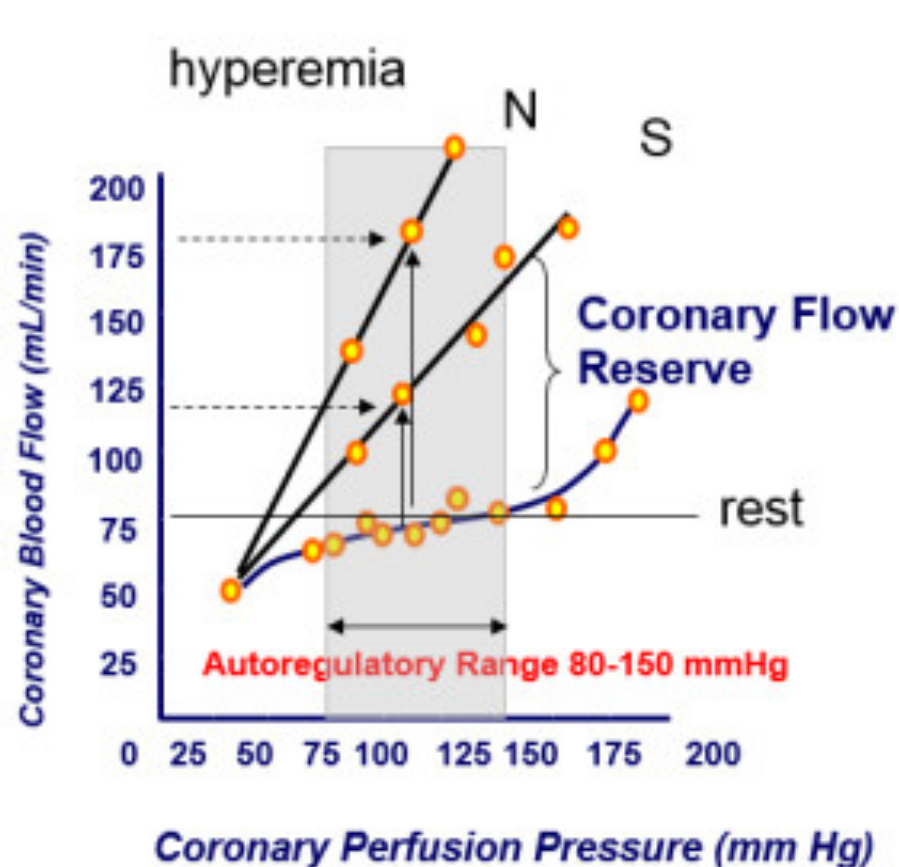
Intracoronary Pressure-wire Fractional Flow Reserve (FFR)



Pijls NH et Al. J.A.C.C. 1995; 26 : 328

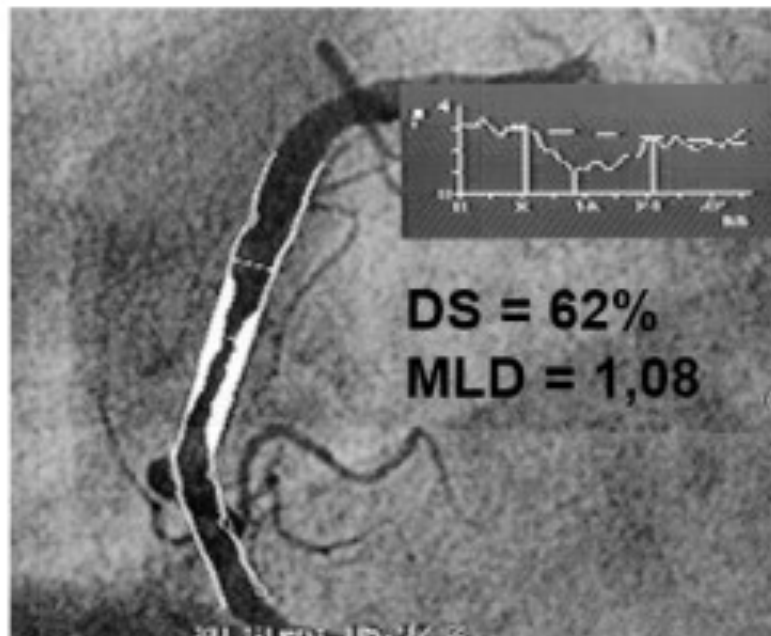


Misurazioni intracoronariche di Flusso/Pressione come surrogato della dimostrazione di ischemia miocardica

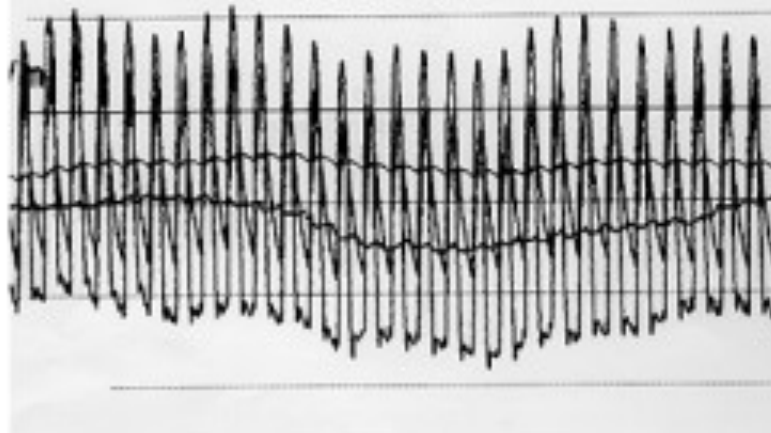




Intracoronary Pressure Measurements

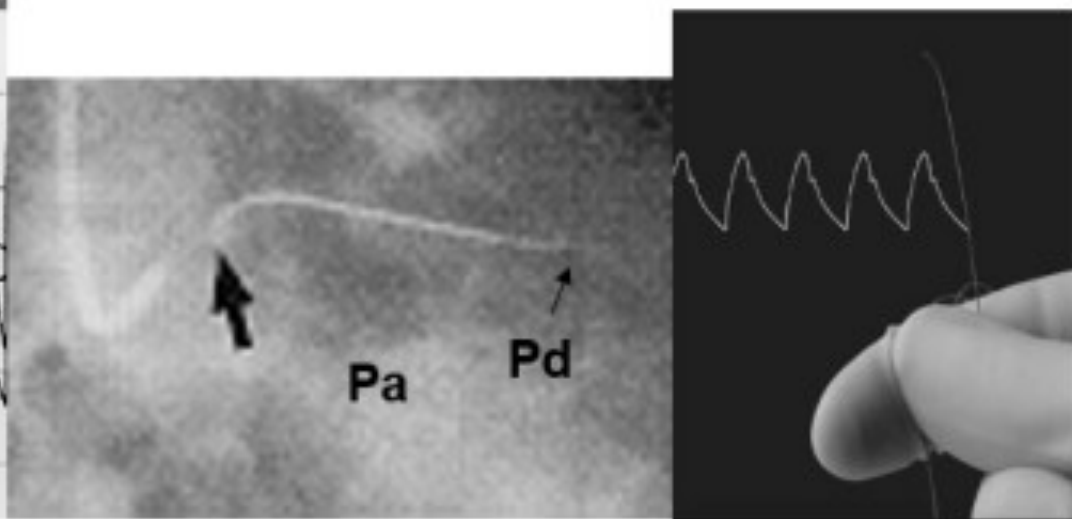


Adenosine



$$FFR_{cor} = \frac{Q_{st}}{Q_N} = \frac{P_d - P_w}{P_a - P_w}$$

$$FFR_{cor} = \frac{P_d}{P_a}$$



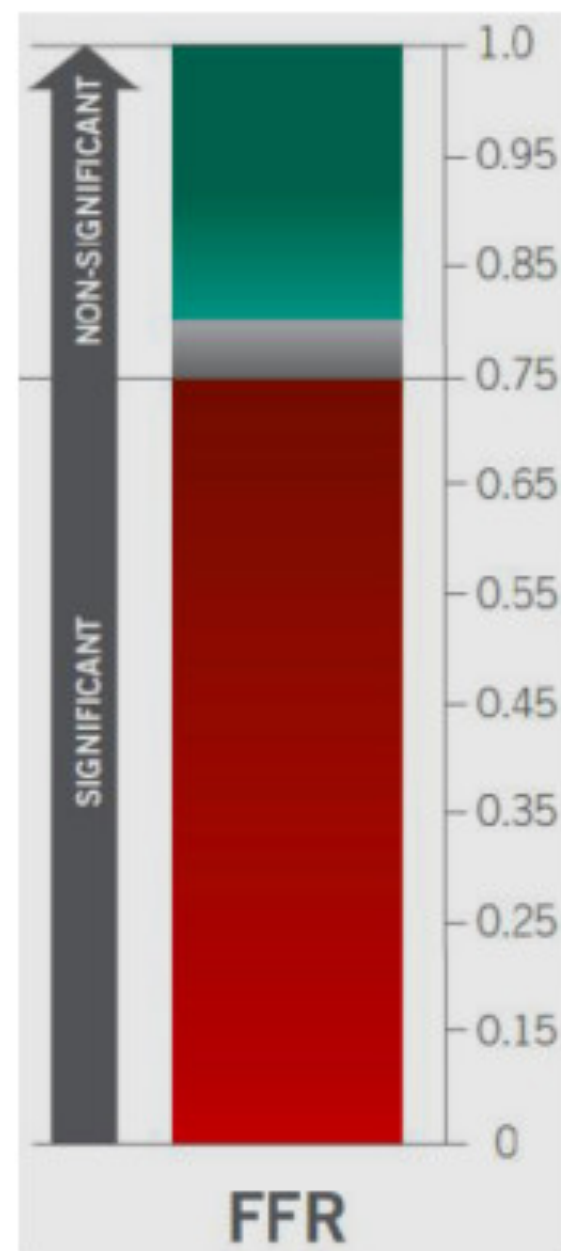
Pijls NH et Al. N.Engl.J.Med. 1996



FFR: cut-off

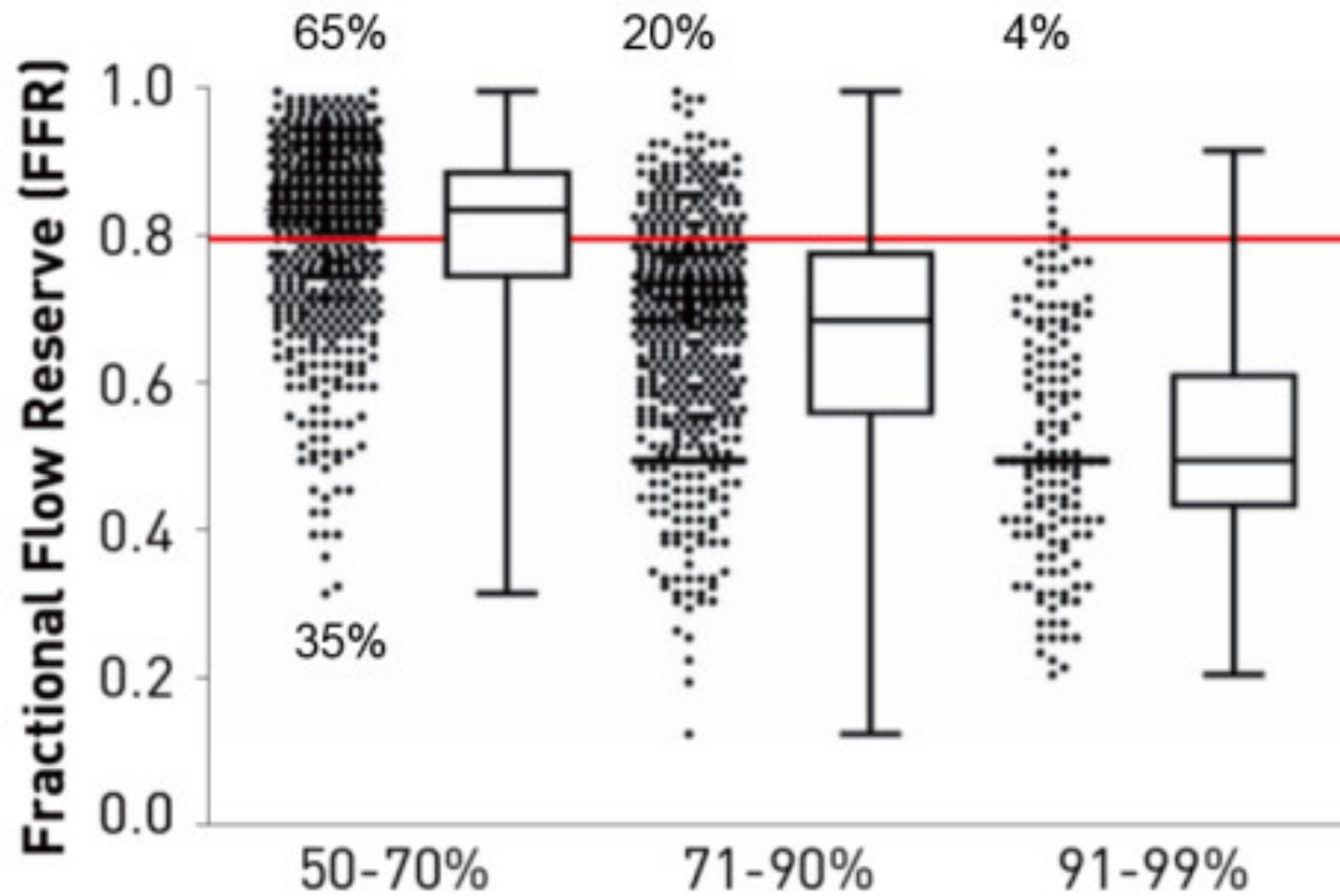
FFR = 1.00	arteria normale
FFR > 0.75	ischemia poco probabile sensibilità 85%
FFR < 0.75	ischemia specificità 100%

- Una FFR 0.90 equivale al 90% del massimo flusso coronarico
- Un cambiamento da FFR 0.50 a FFR 0.90 post PTCA significa un incremento dal 50% al 90% del normale massimo flusso



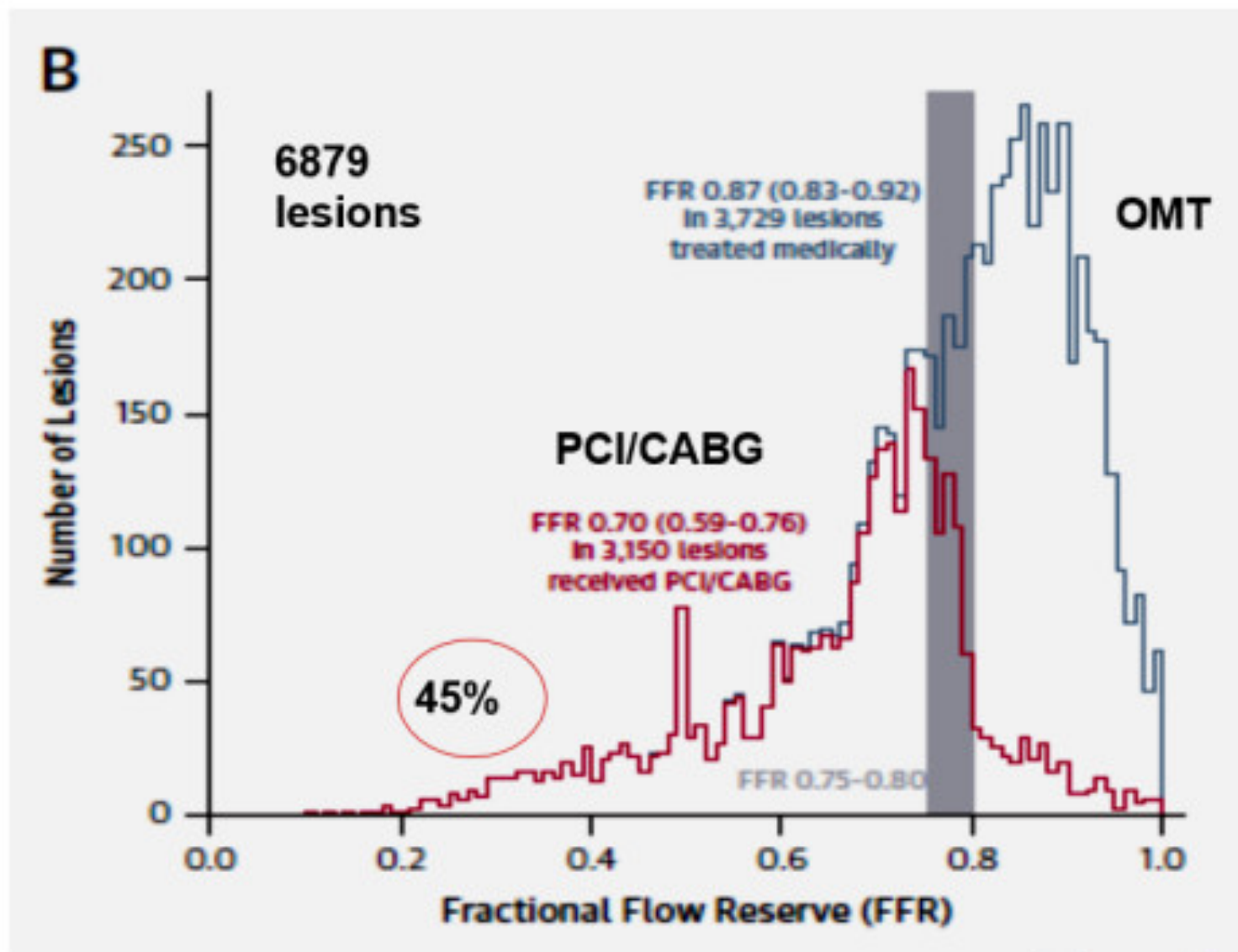


FFR vs diameter stenosis





A metanalysis of FFR clinical studies

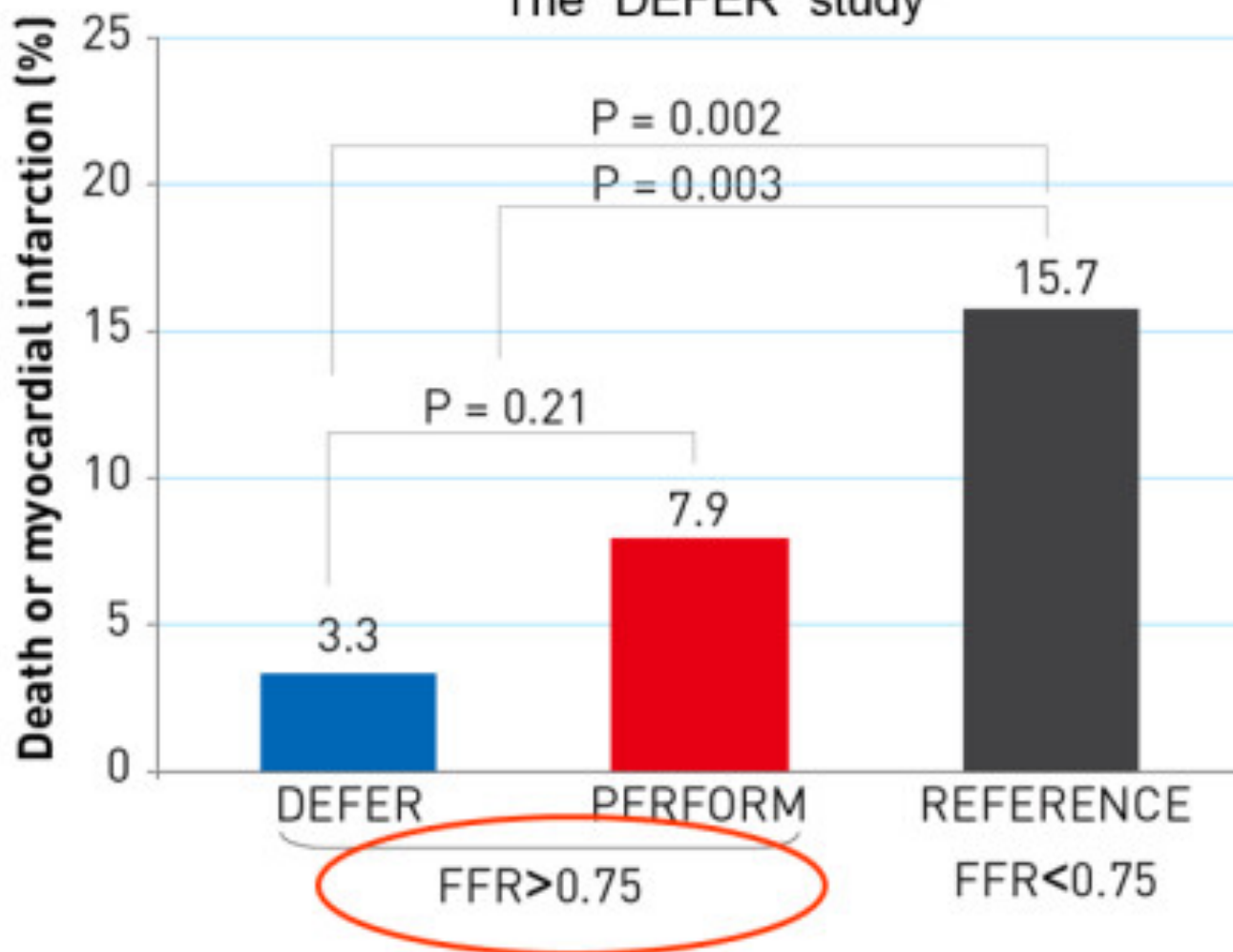




FFR and clinical outcome

Safety of deferral PCI

The "DEFER" study

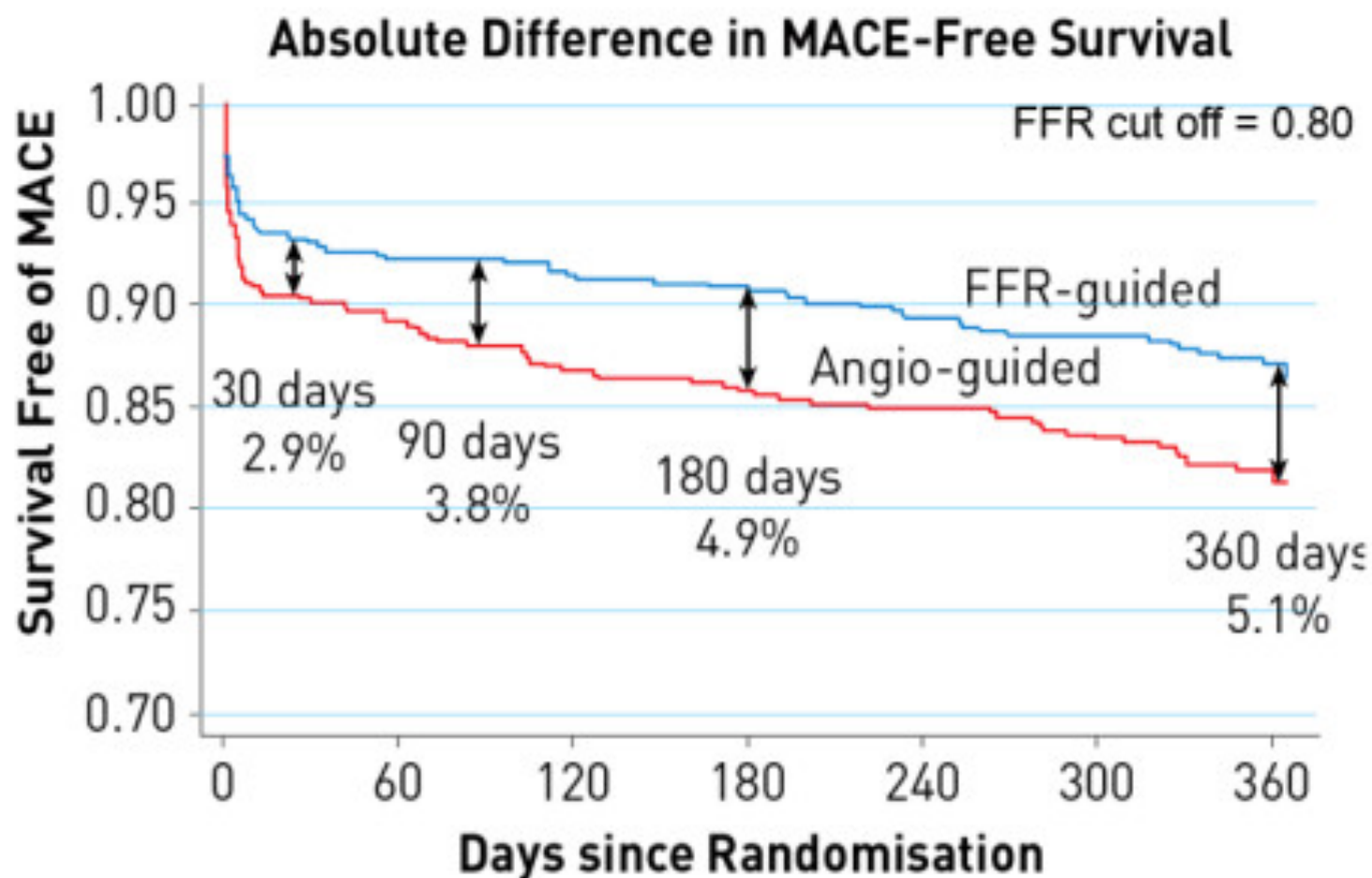


JACC 2007;49:2105-11



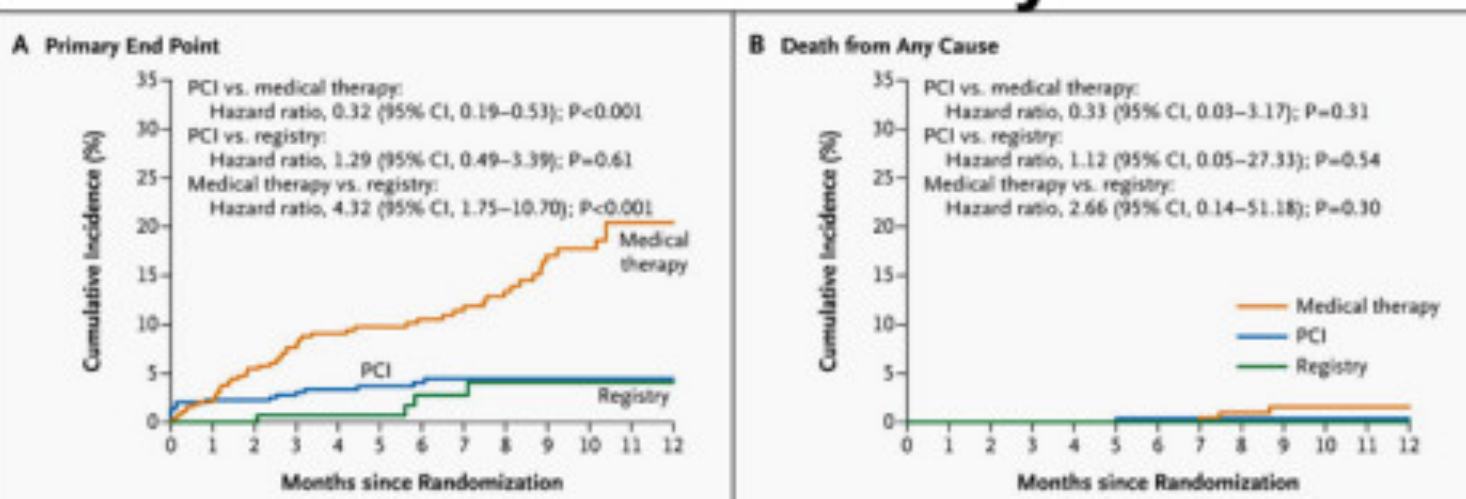
Performing vs Deferring Coronary Angioplasty In MVD patients based on FFR evaluation

The "FAME" Study

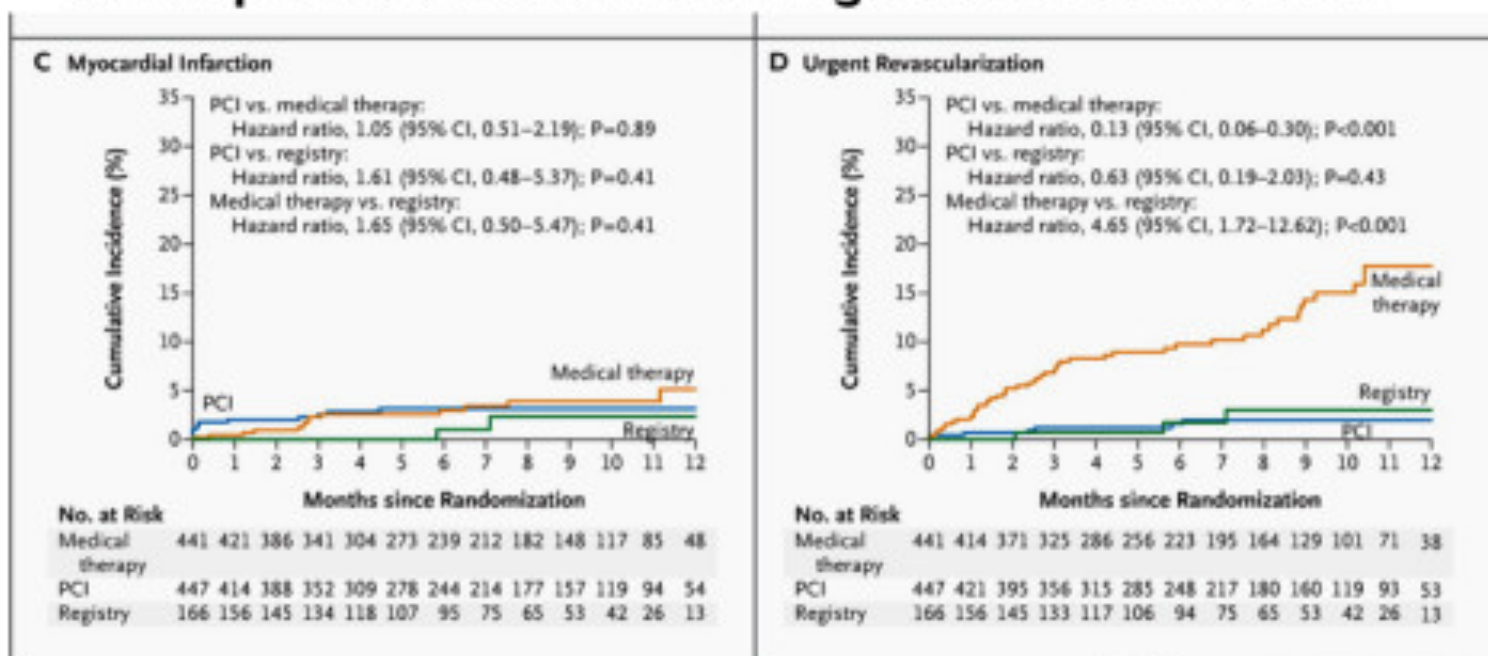




FAME II Study



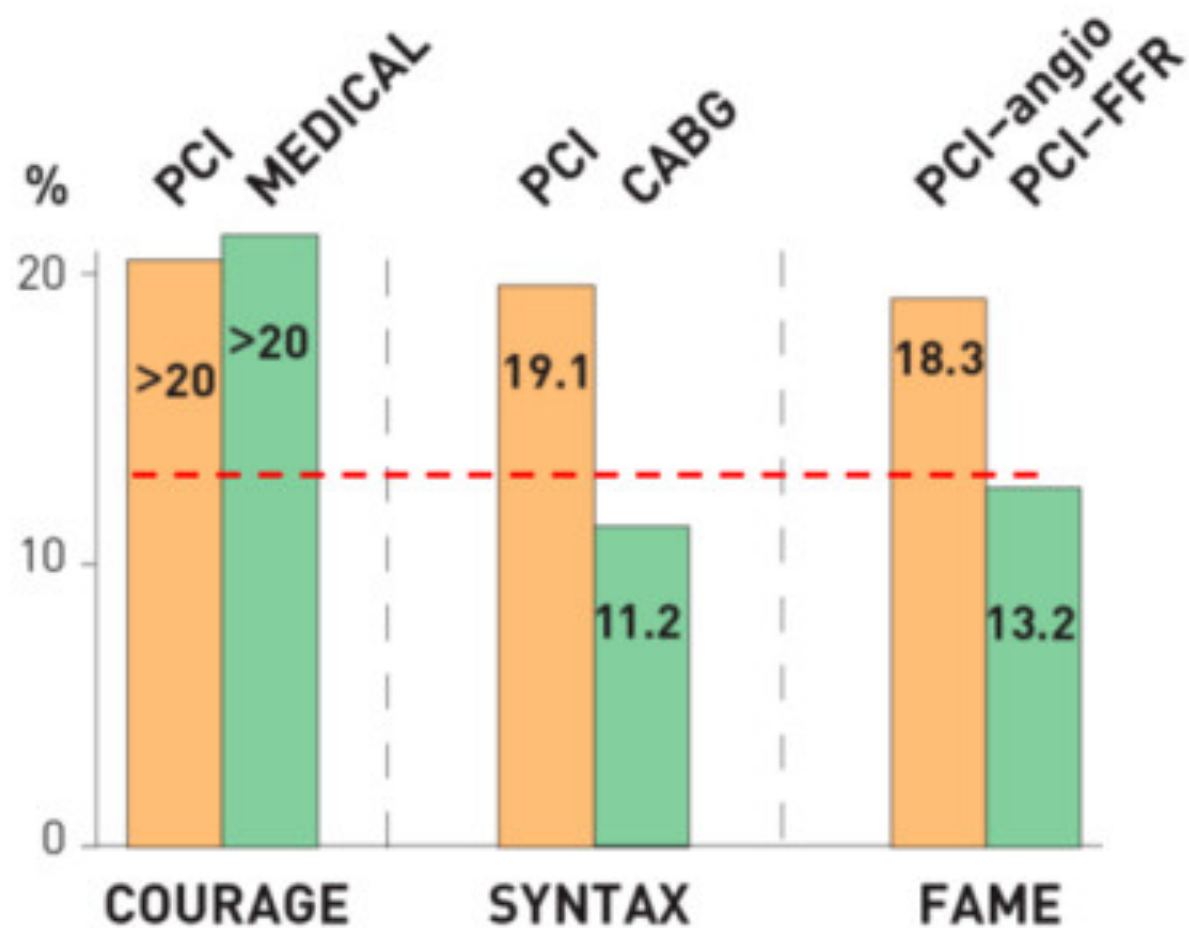
Study halted in January 2012 due to 86% relative risk reduction for hospital readmission with urgent revascularization





FFR-guided PCI and outcome

MACE in COURAGE, SYNTAX-3VD, and FAME STUDY





European Guidelines

Table 33 Recommendations for specific percutaneous coronary intervention devices and pharmacotherapy

FFR-guided PCI is recommended for decision of ischemia-related lesion(s) when objective evidence of vessel-related ischemia not available

Class I	Level A	Ref 15,28
--------------------	--------------------	----------------------

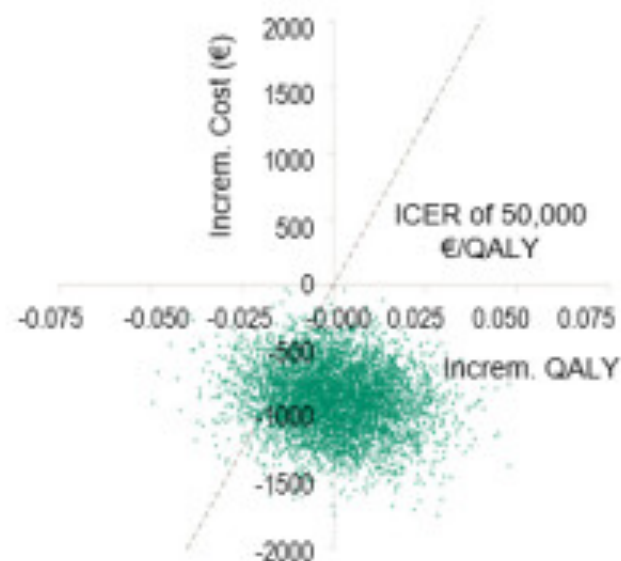
¹ Wijns, et al., *Eur Heart J* (2010) 31(20): 2501-2555

Class I	Evidence and/or general agreement that a given treatment or procedure is beneficial, Useful, effective
Level A	Data derived from multiple randomized clinical trials or meta-analysis



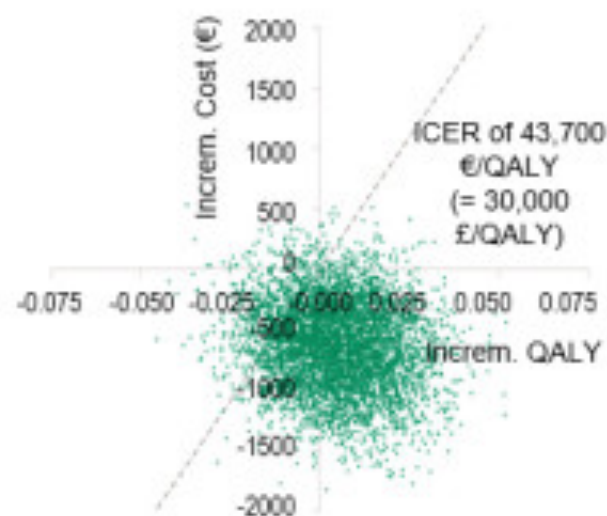
Cost-Effectiveness of FFR vs. Angio guided PCI

France



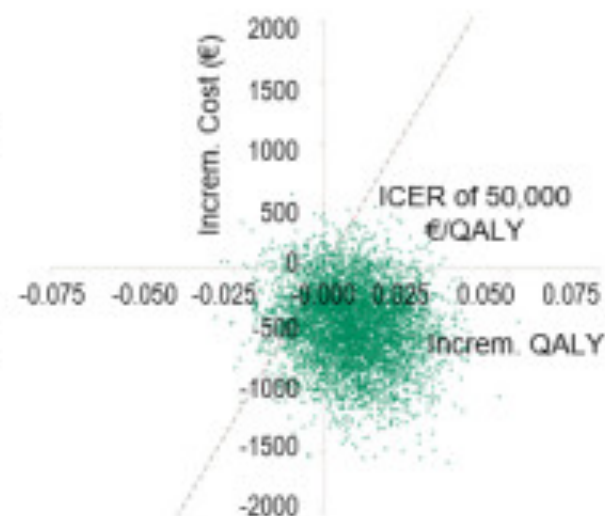
'Dominant': 52%
Cost effective: 90%
Cost savings: ≈ 900 €/pat.

UK



'Dominant': 63%
Cost effective: 90%
Cost savings: ≈ 600 £/pat.

Italy



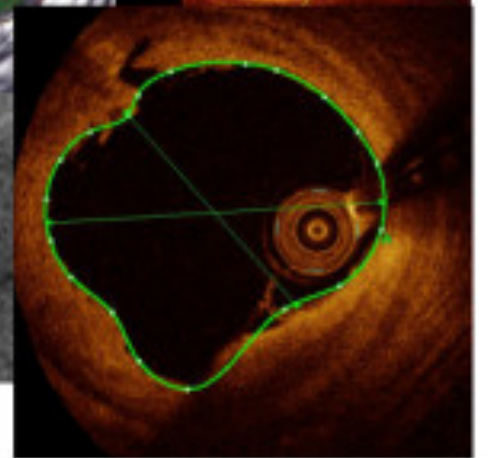
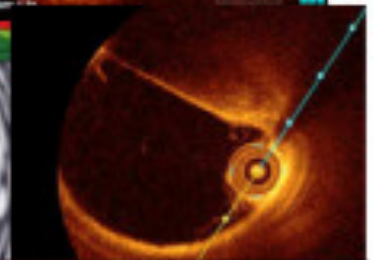
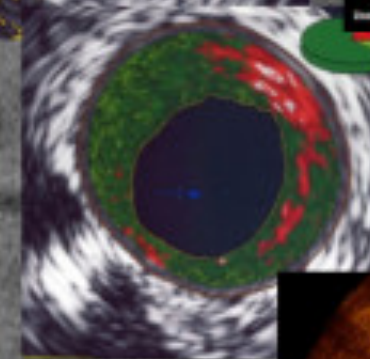
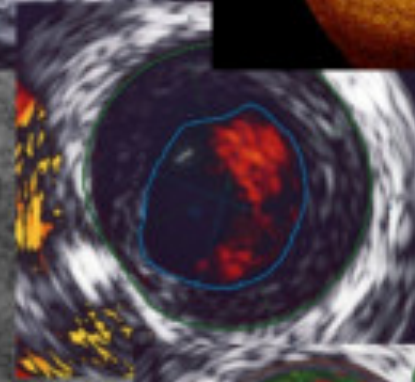
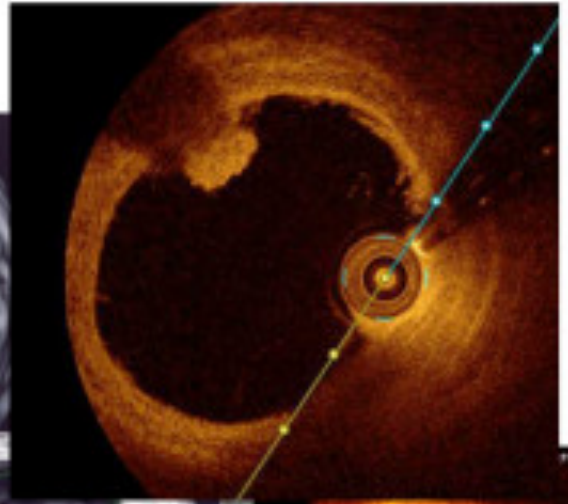
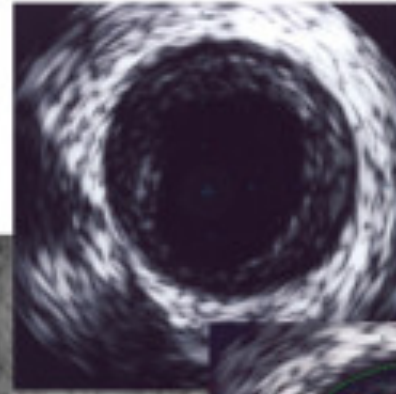
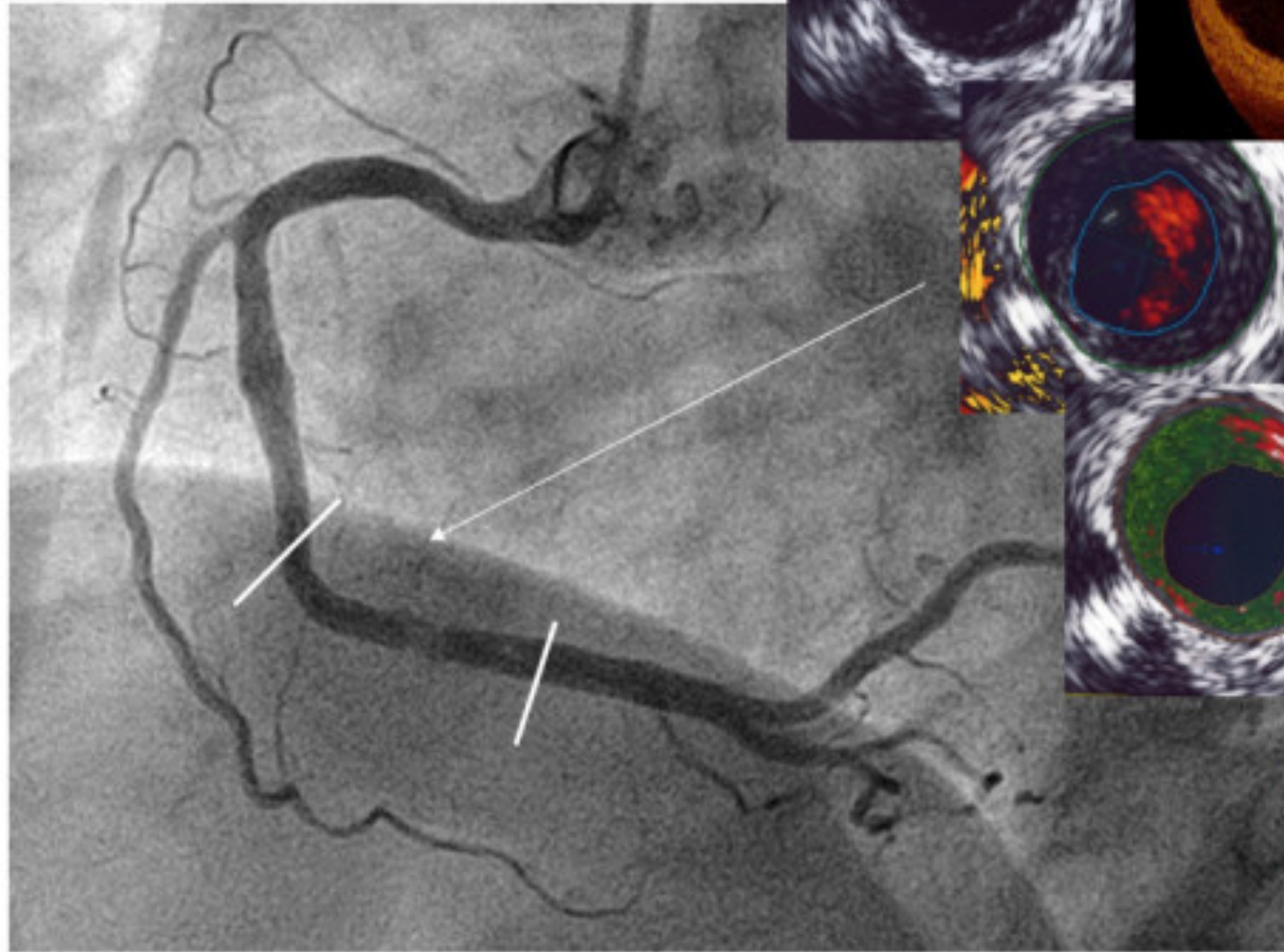
'Dominant': 65%
Cost effective: 86%
Cost savings: ≈ 300 €/pat.



CASO 1

- 57 years old female
- No prior history of CAD
- Inferior STEMI

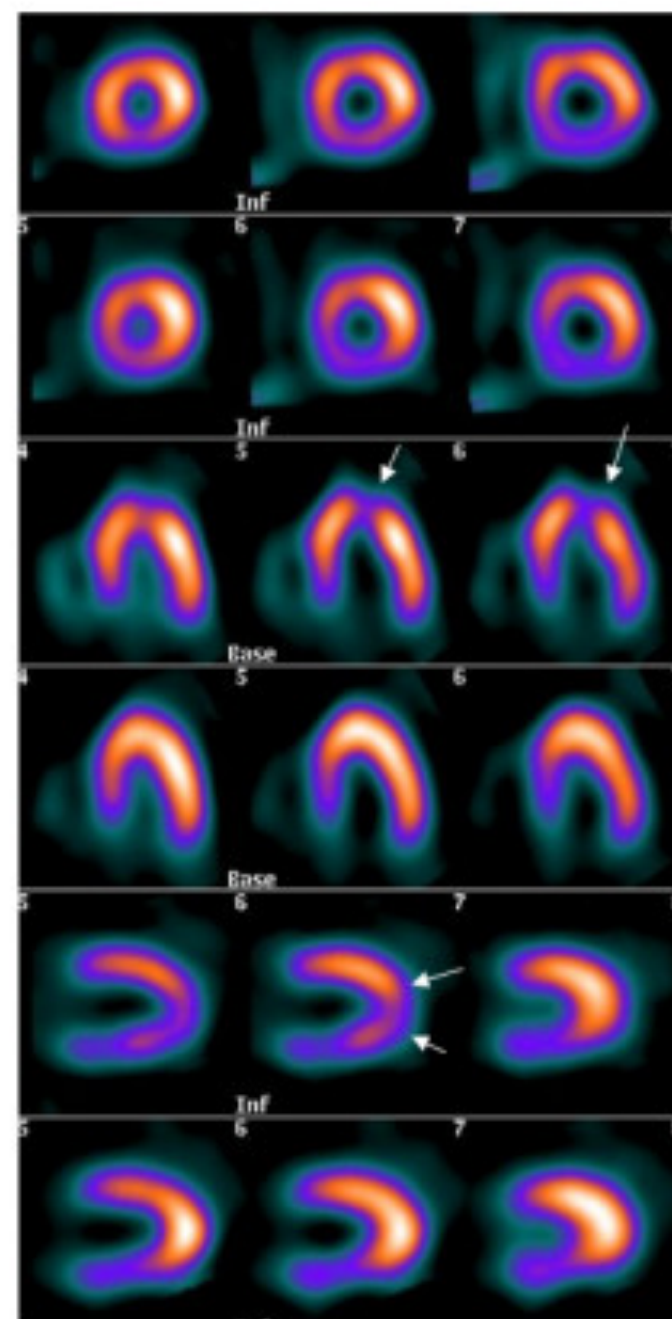






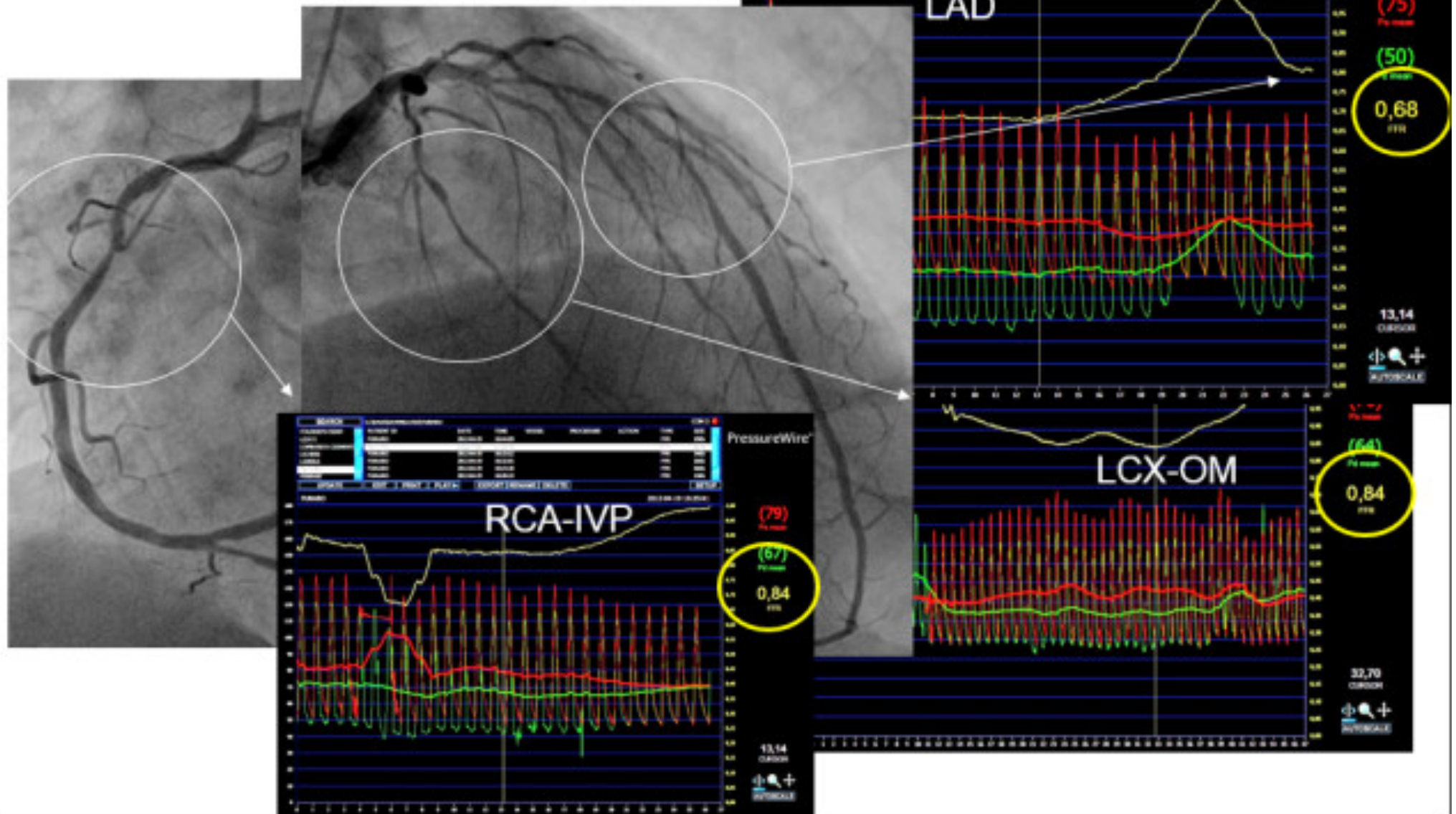
CASO 2

- **F.R. maschio 73 anni**
- **Fumatore**
- **ipercolesterolemia**
- **Ridotta tolleranza glucidica**
- **Vasculopatia periferica (claudicatio 100 m)**
- **Occlusione silente ICA sin e stenosi subcritica ICA Dx**
- **Da ottobre 2011 angina mista**
- **^{99m}Tc Tetrofosmin SPECT-dipiridamolo**



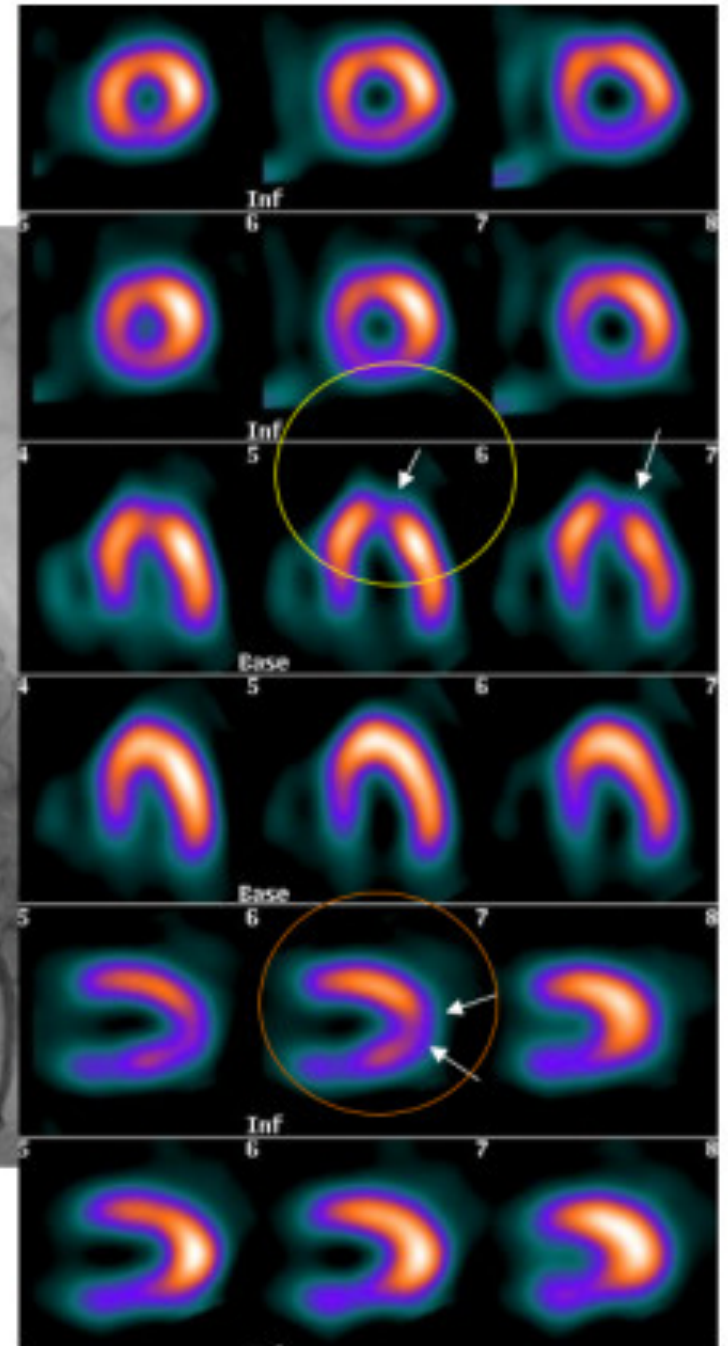


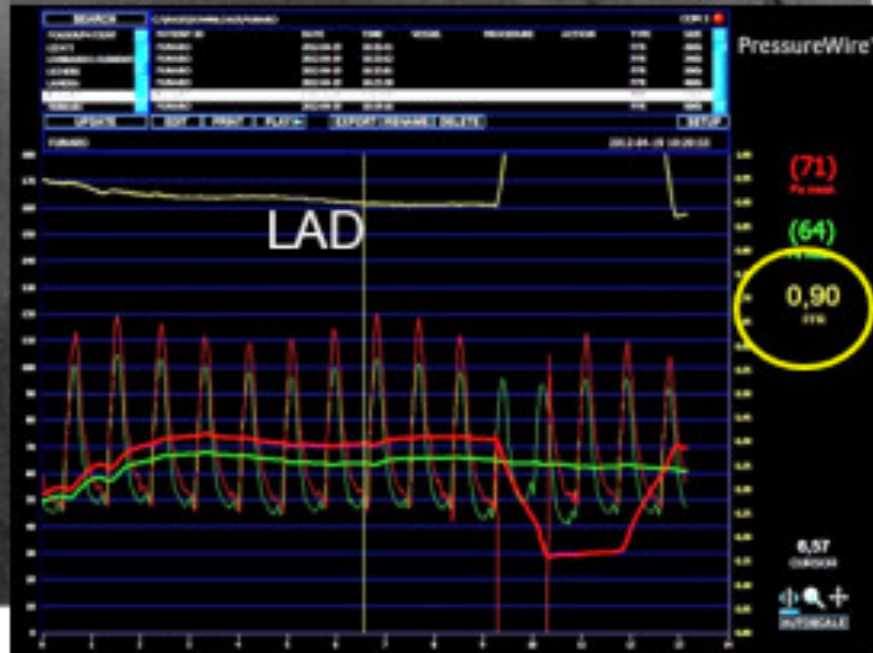
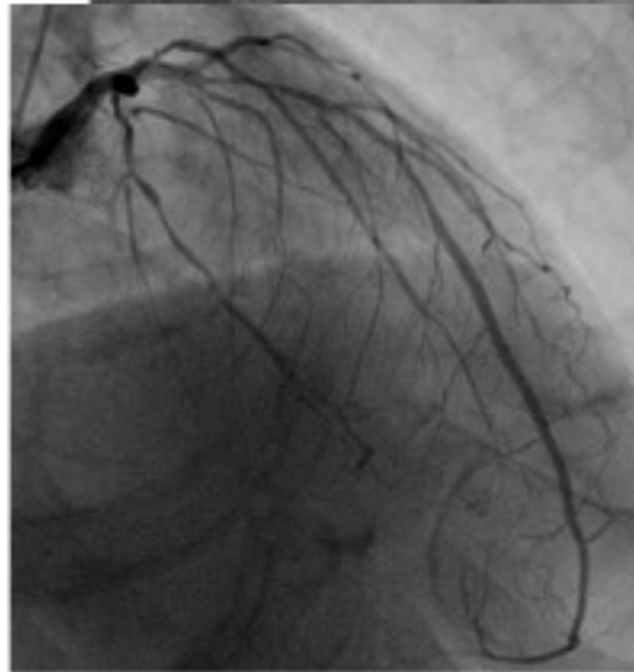
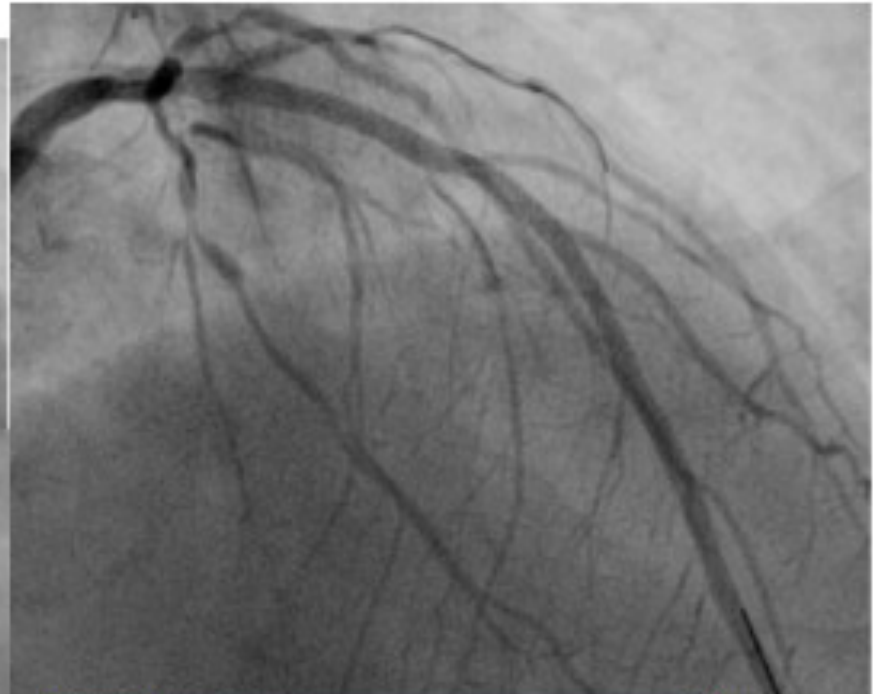
“Functional” Syntax Score= 11





“Functional” Syntax Score= 11



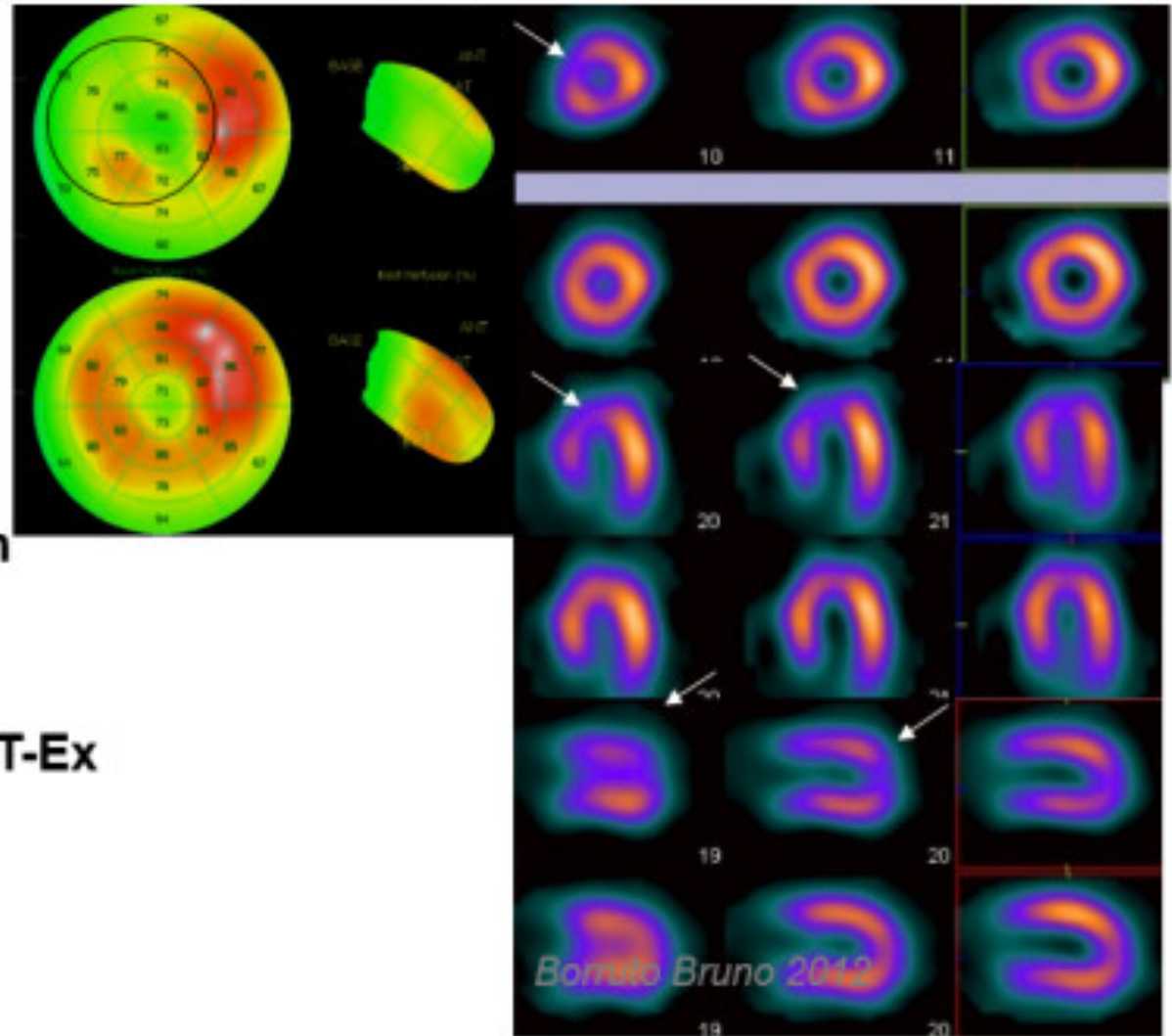


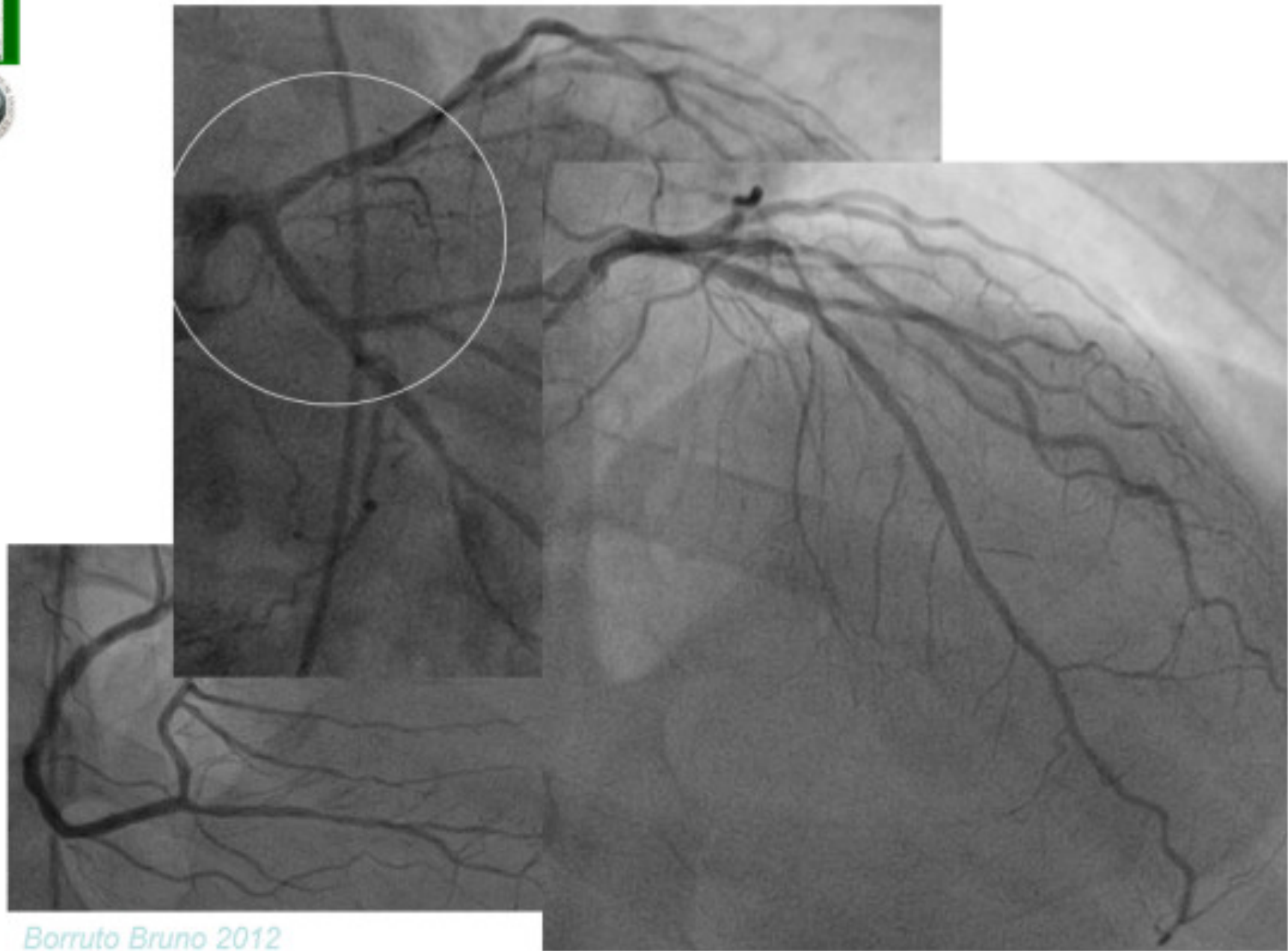
Funaro Romeo 19/4/2012

CASO 3



- **B.B. maschio 61 anni**
- **Iperensione Arteriosa**
- **Ipercolesterolemia**
- **Precordialgie atipiche**
- **ECG: T neg V2-V3**
- **Ex-ECG (2/4/12) 100W non diagnostico (sotto-ST ascendente 1mm)**
- **^{99m}Tc Tetrafosmin SPECT-Ex**



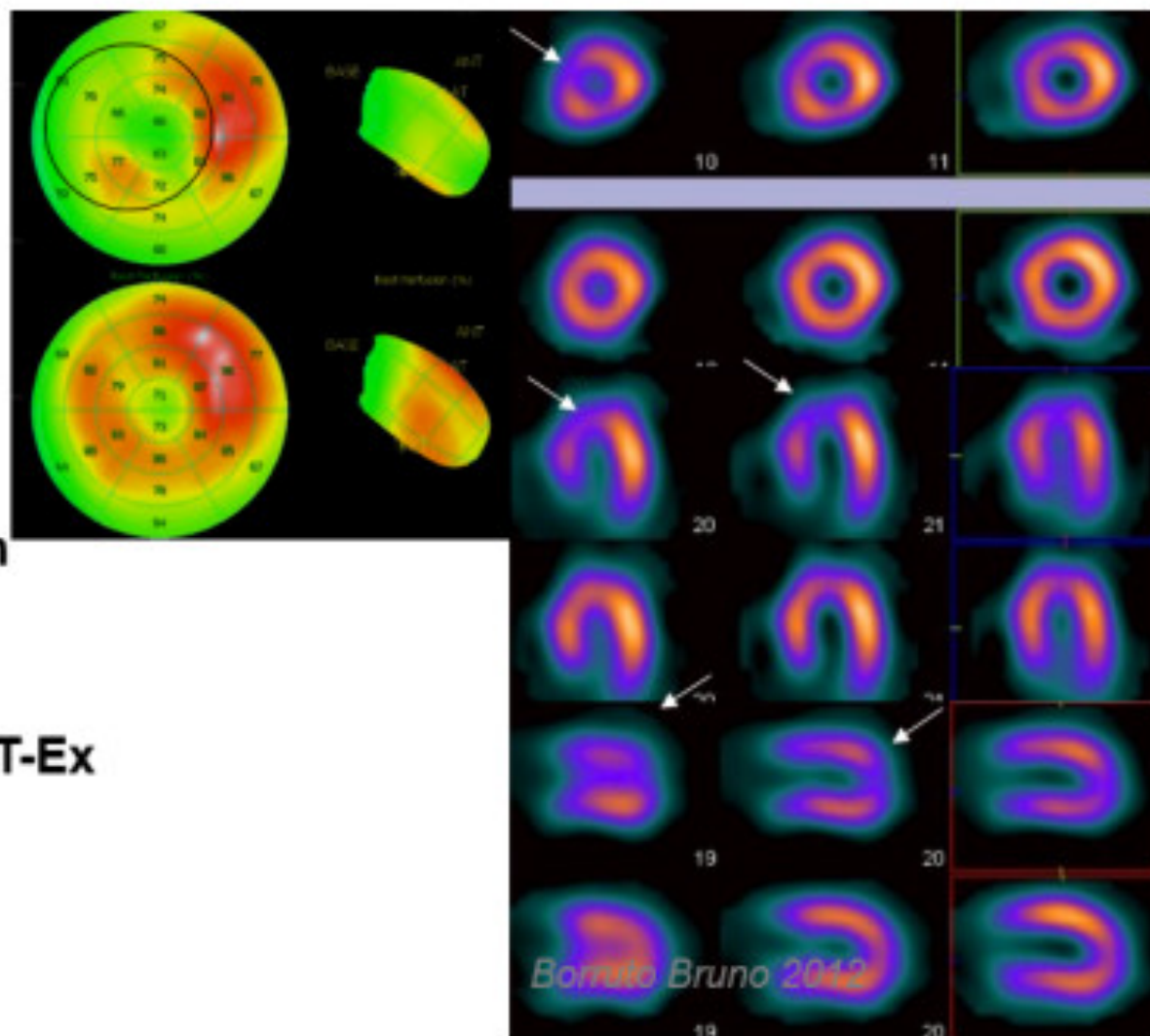


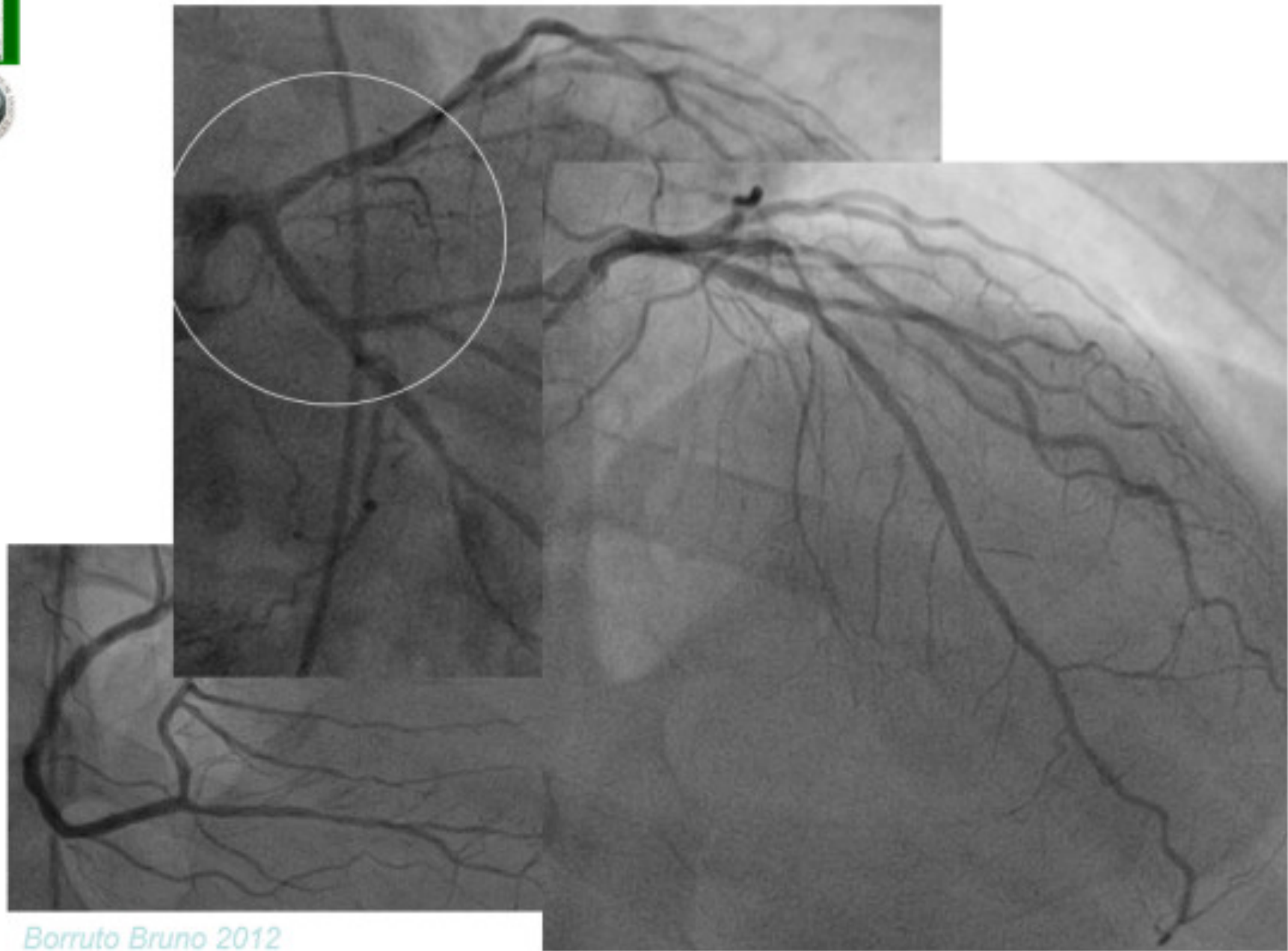
Borruto Bruno 2012



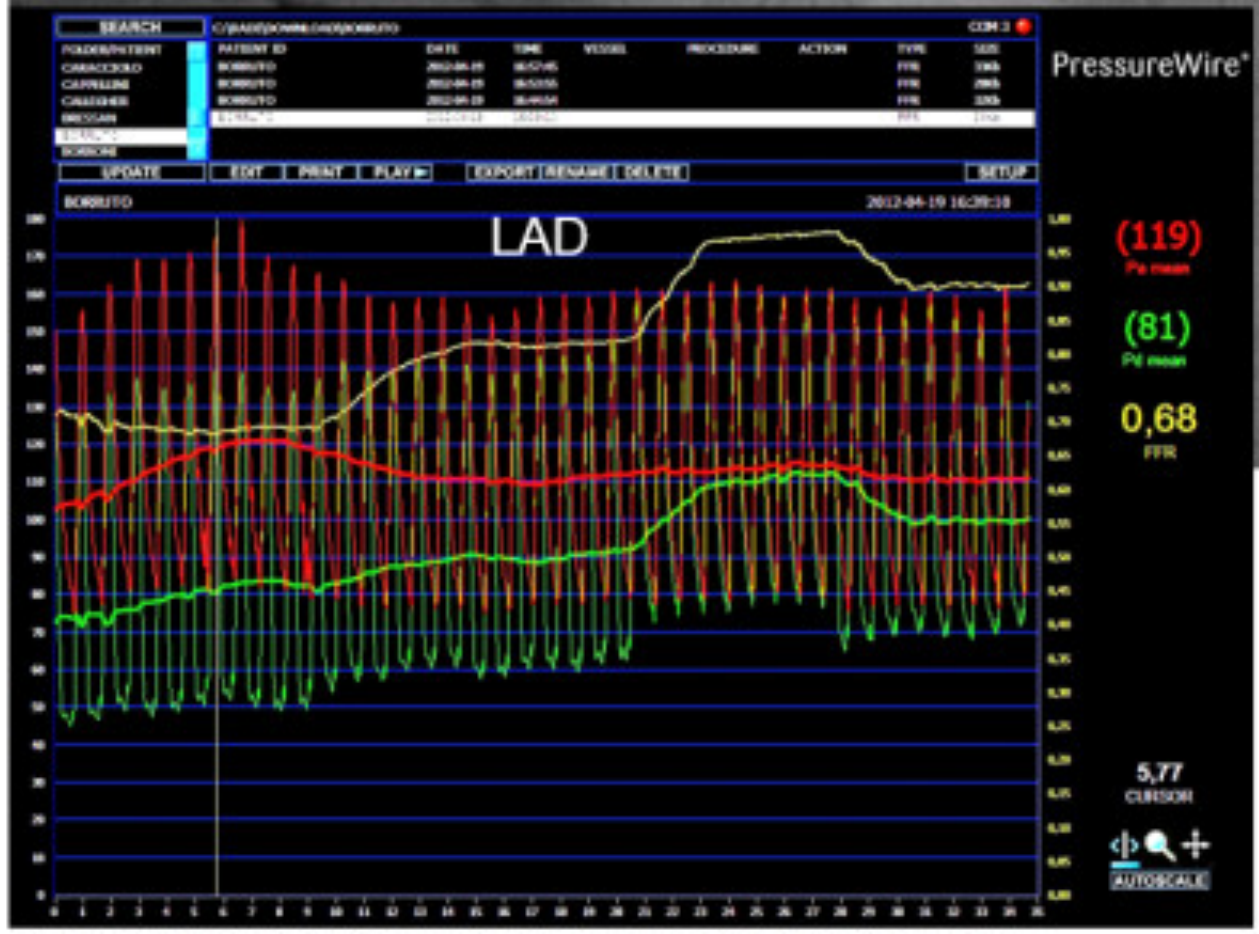
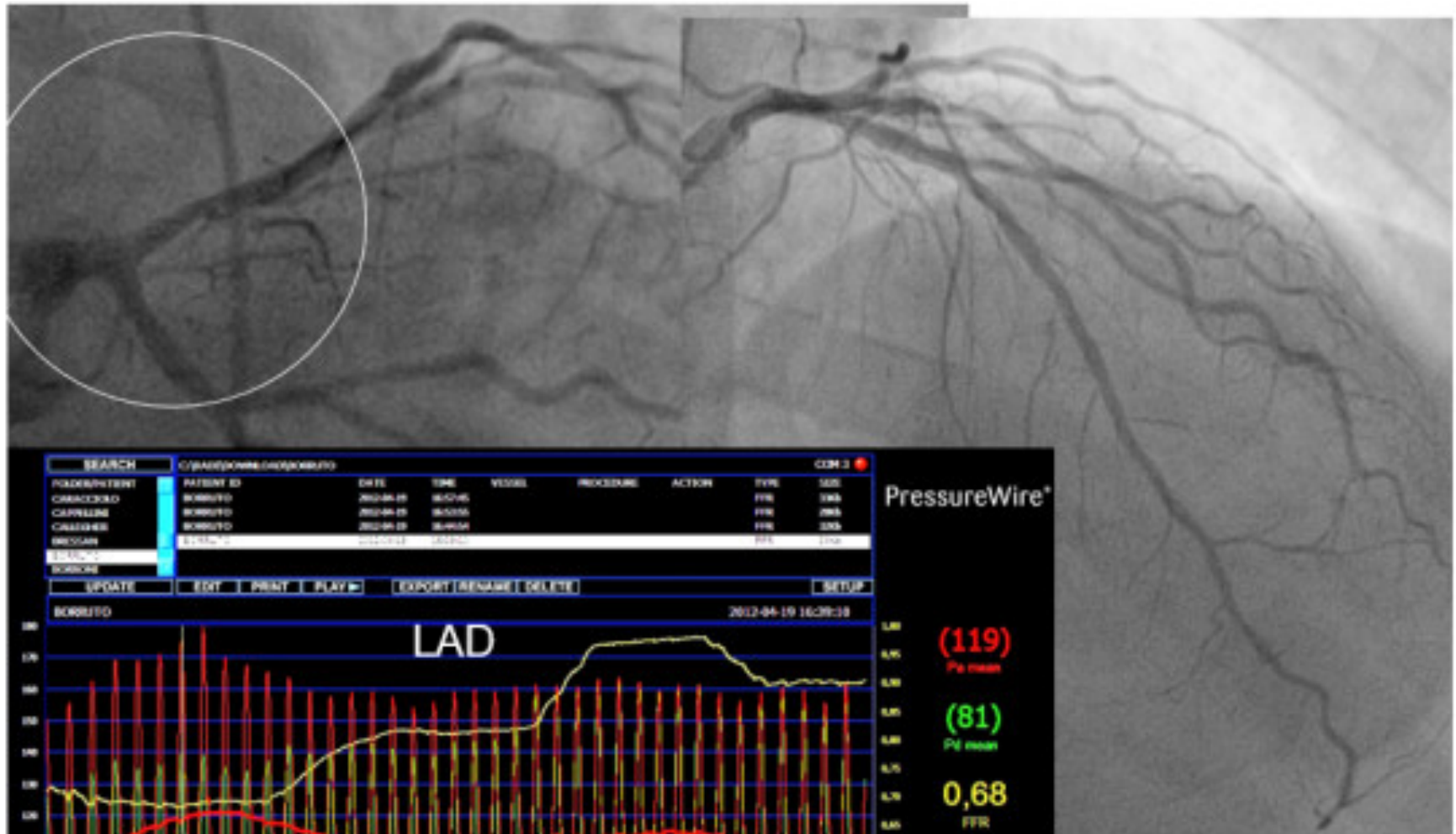
CASO 3

- **B.B. maschio 61 anni**
- **Iperensione Arteriosa**
- **Ipercolesterolemia**
- **Precordialgie atipiche**
- **ECG: T neg V2-V3**
- **Ex-ECG (2/4/12) 100W non diagnostico (sotto-ST ascendente 1mm)**
- **^{99m}Tc Tetrafosmin SPECT-Ex**

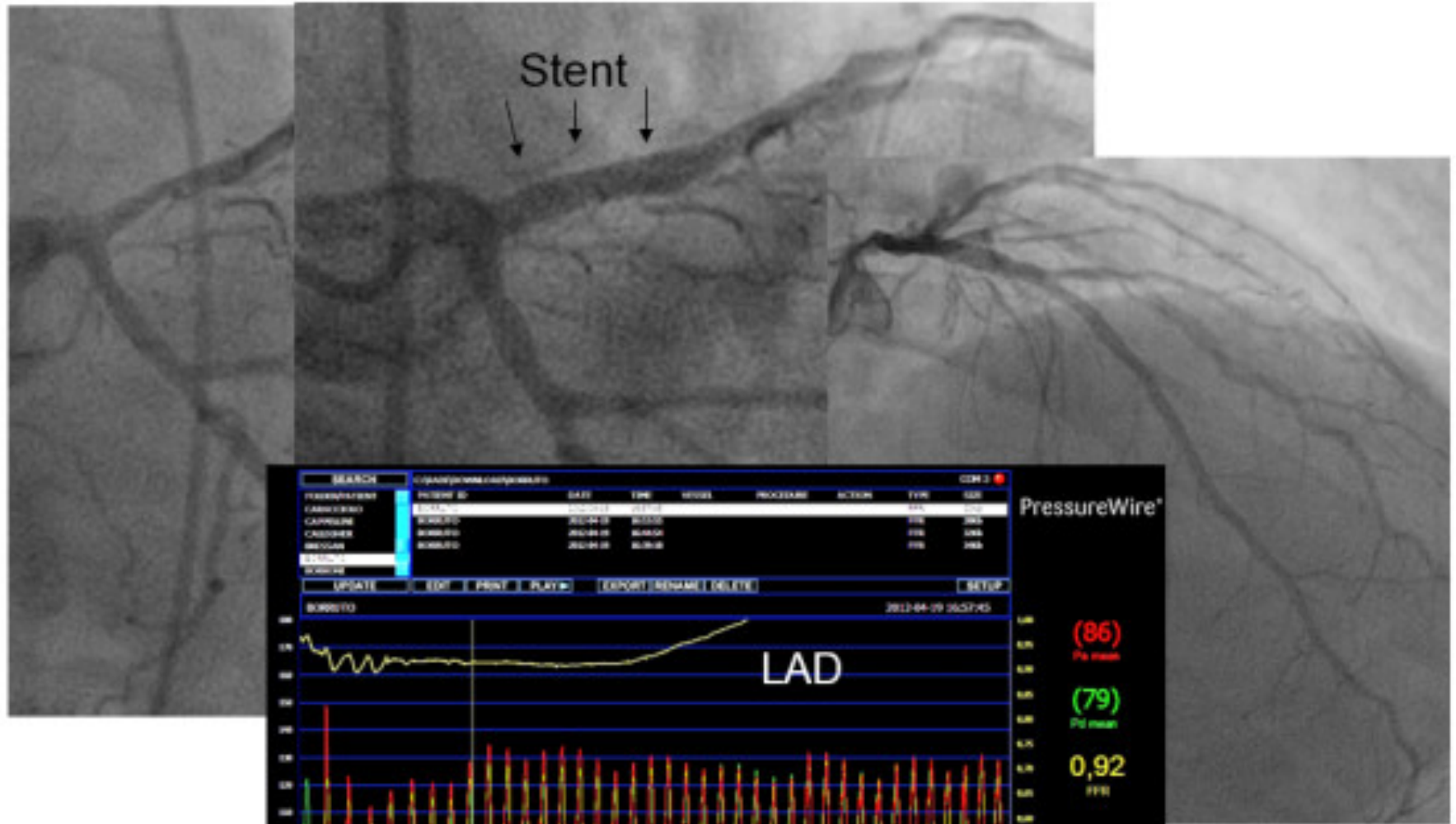




Borruto Bruno 2012



Borruto Bruno 2012



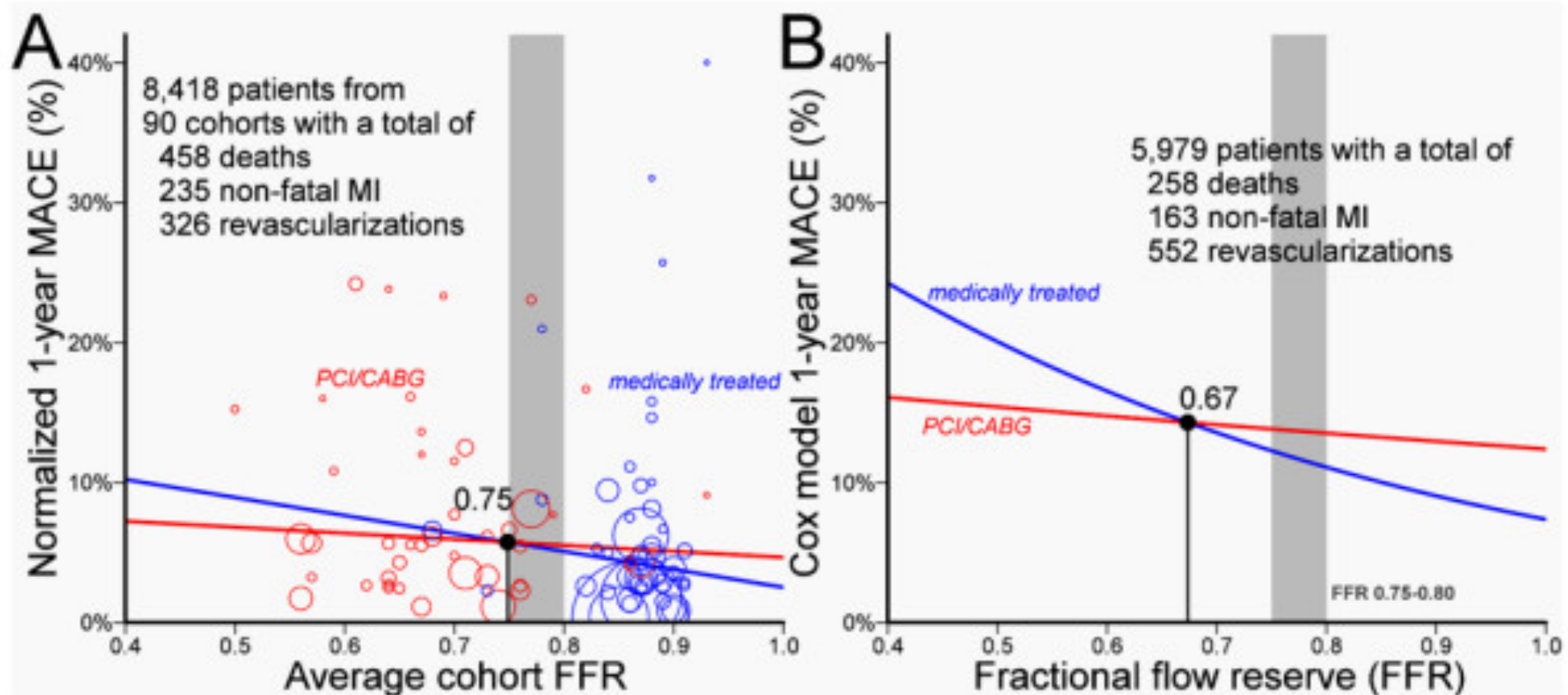


Linking physiologic severity to clinical outcomes

A metaanalysis of FFR clinical studies

Study level meta-regression analysis

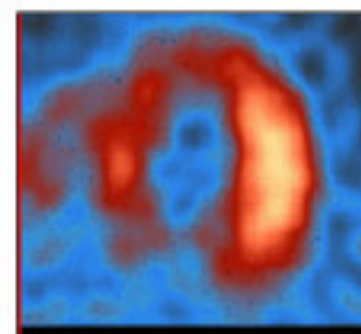
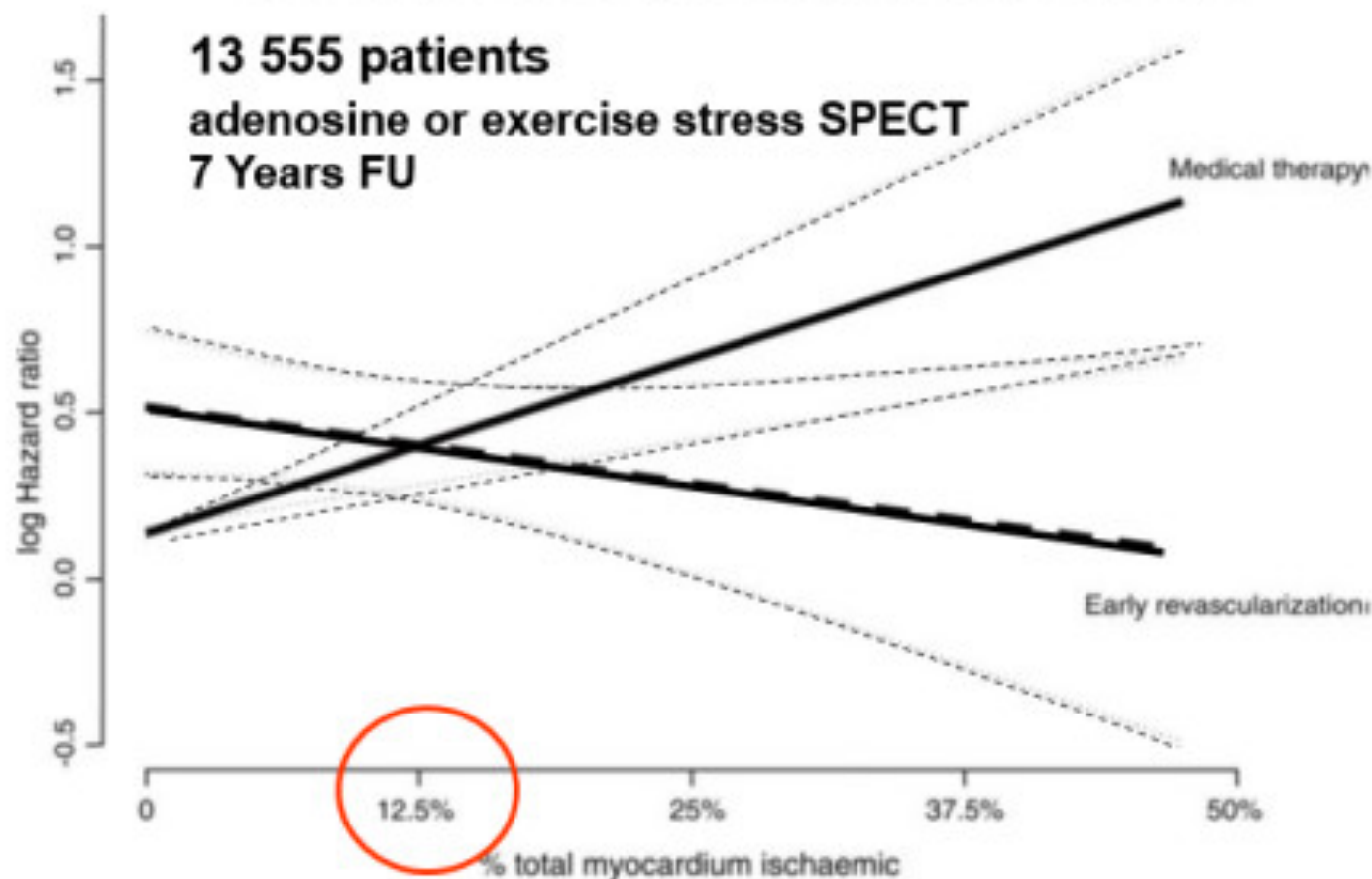
Patient level Cox model analysis





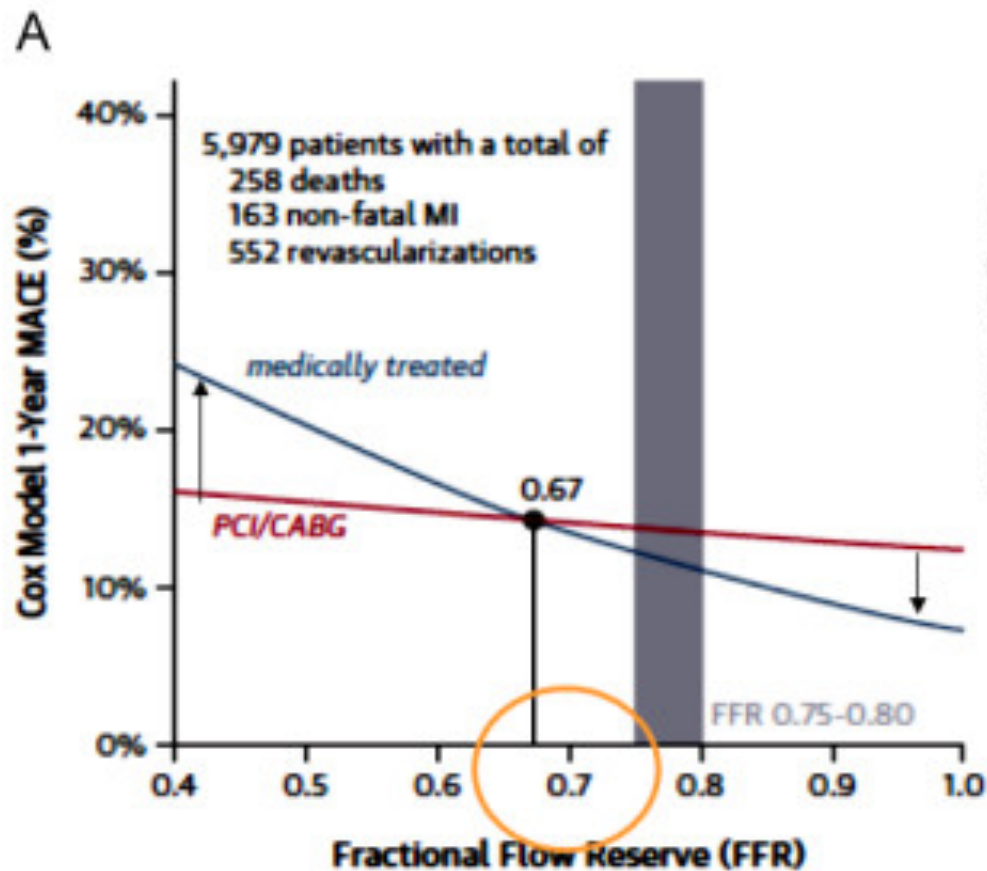
La presenza e l'estensione di ischemia predicono la prognosi e il beneficio delle procedure di «rivascolarizzazione» coronarica

Log hazard ratio for revascularization vs. medical therapy as a function of % ischaemic myocardium

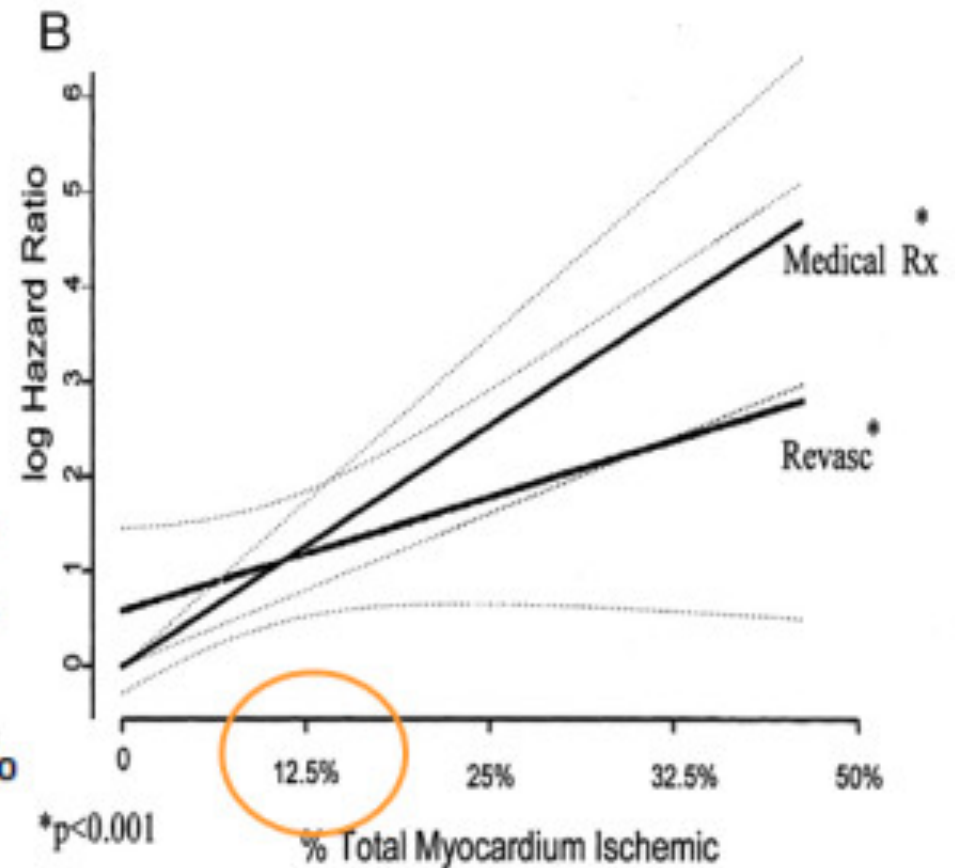




Prognostic value of fractional flow reserve (FFR): linking physiologic severity to clinical outcomes A metanalysis of FFR clinical studies



Johnson NP et al JACC 2014

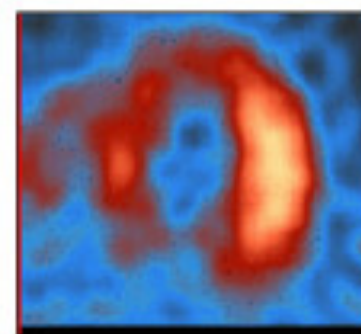
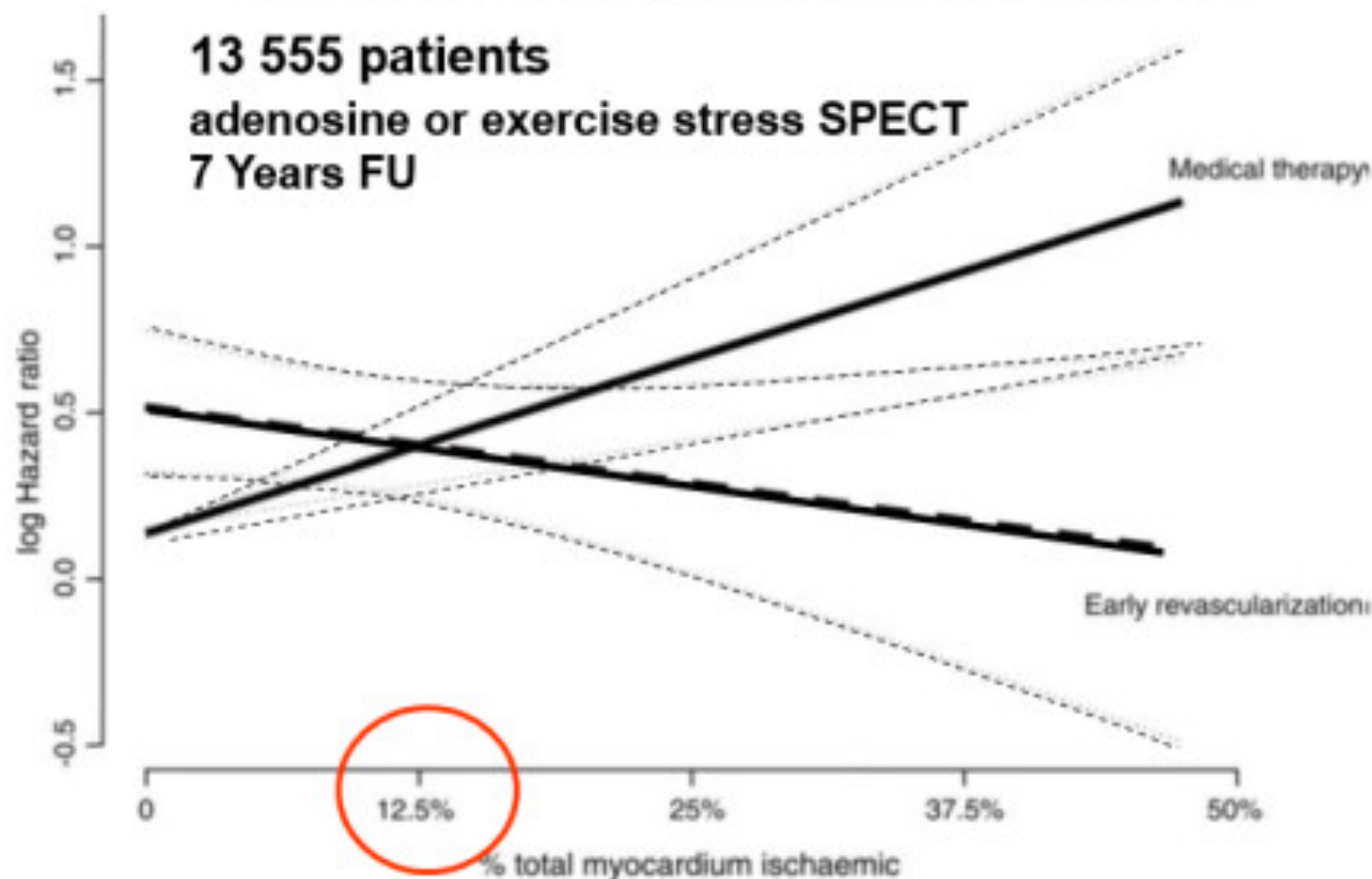


Hachamovitch R et al Circulation 2003



La presenza e l'estensione di ischemia predicono la prognosi e il beneficio delle procedure di «rivascolarizzazione» coronarica

Log hazard ratio for revascularization vs. medical therapy as a function of % ischaemic myocardium



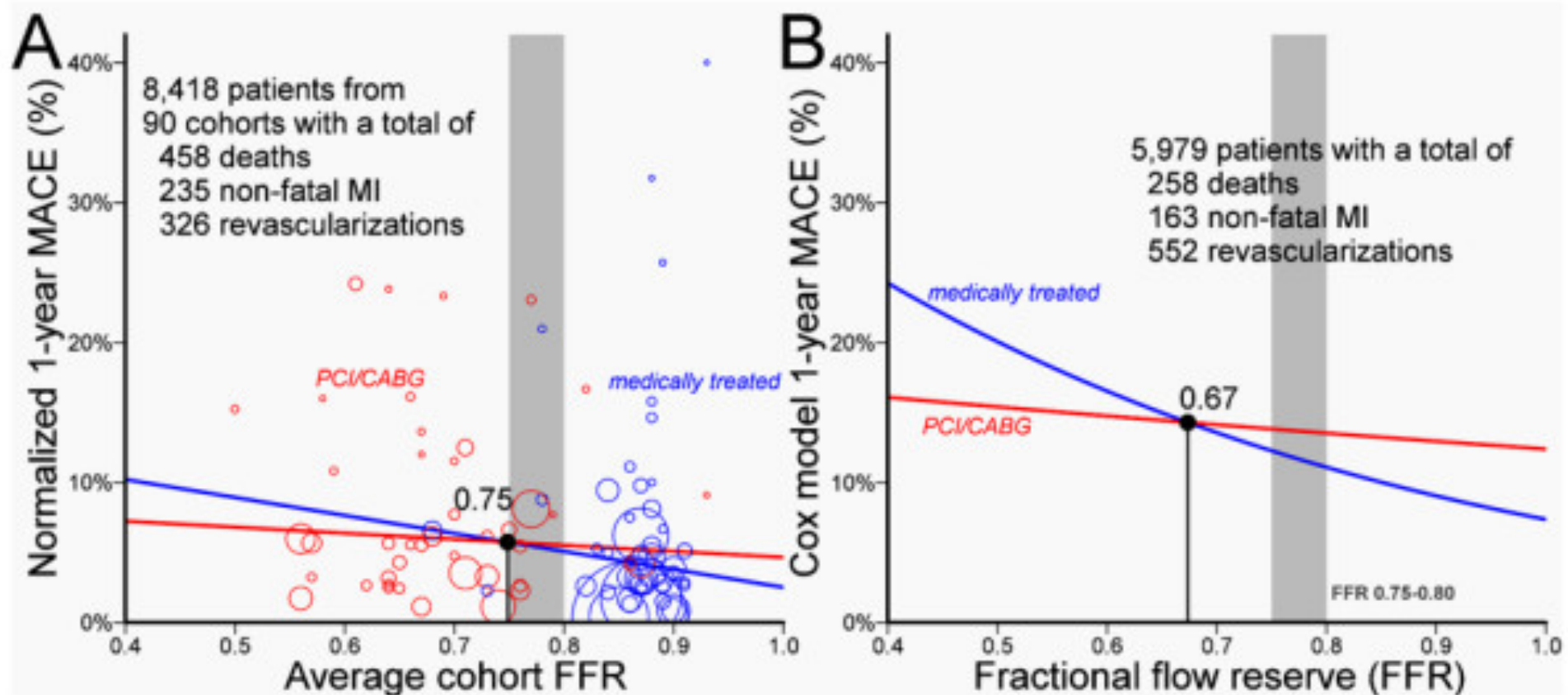


Linking physiologic severity to clinical outcomes

A metaanalysis of FFR clinical studies

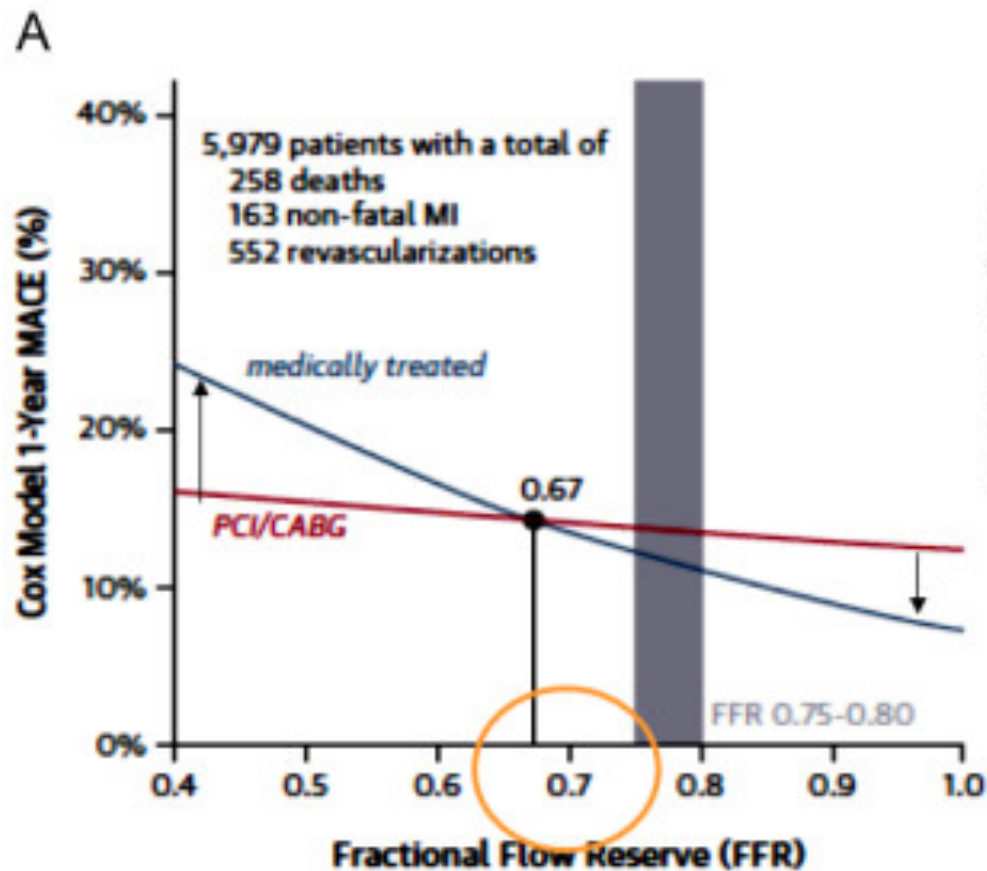
Study level meta-regression analysis

Patient level Cox model analysis

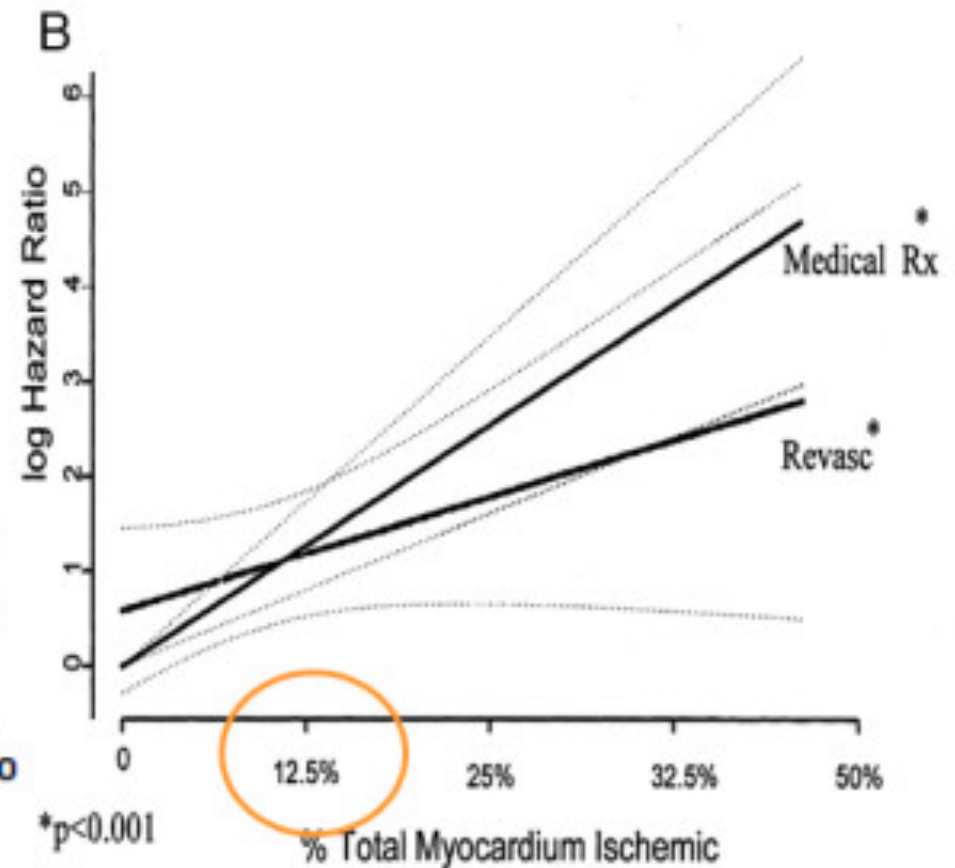




Prognostic value of fractional flow reserve (FFR): linking physiologic severity to clinical outcomes A metanalysis of FFR clinical studies



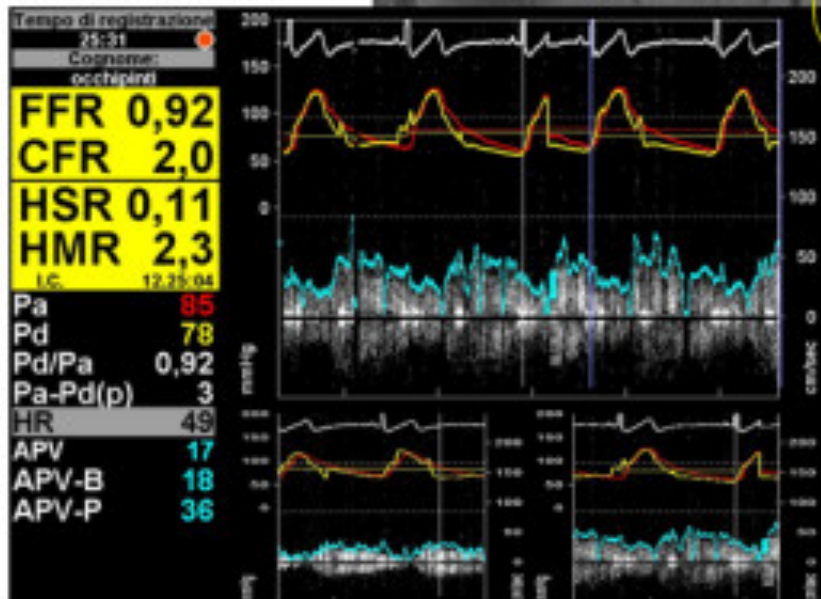
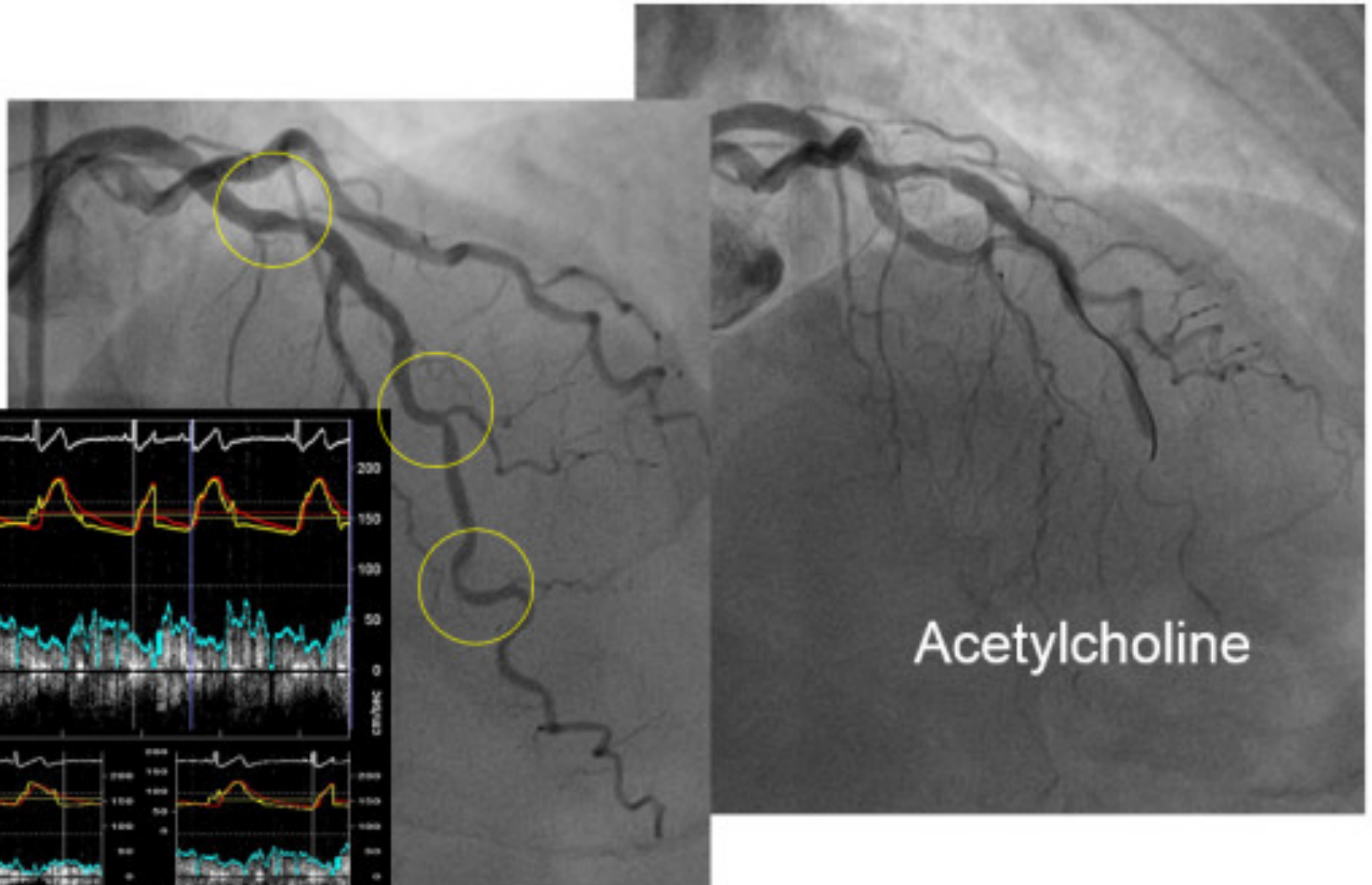
Johnson NP et al JACC 2014



Hachamovitch R et al Circulation 2003

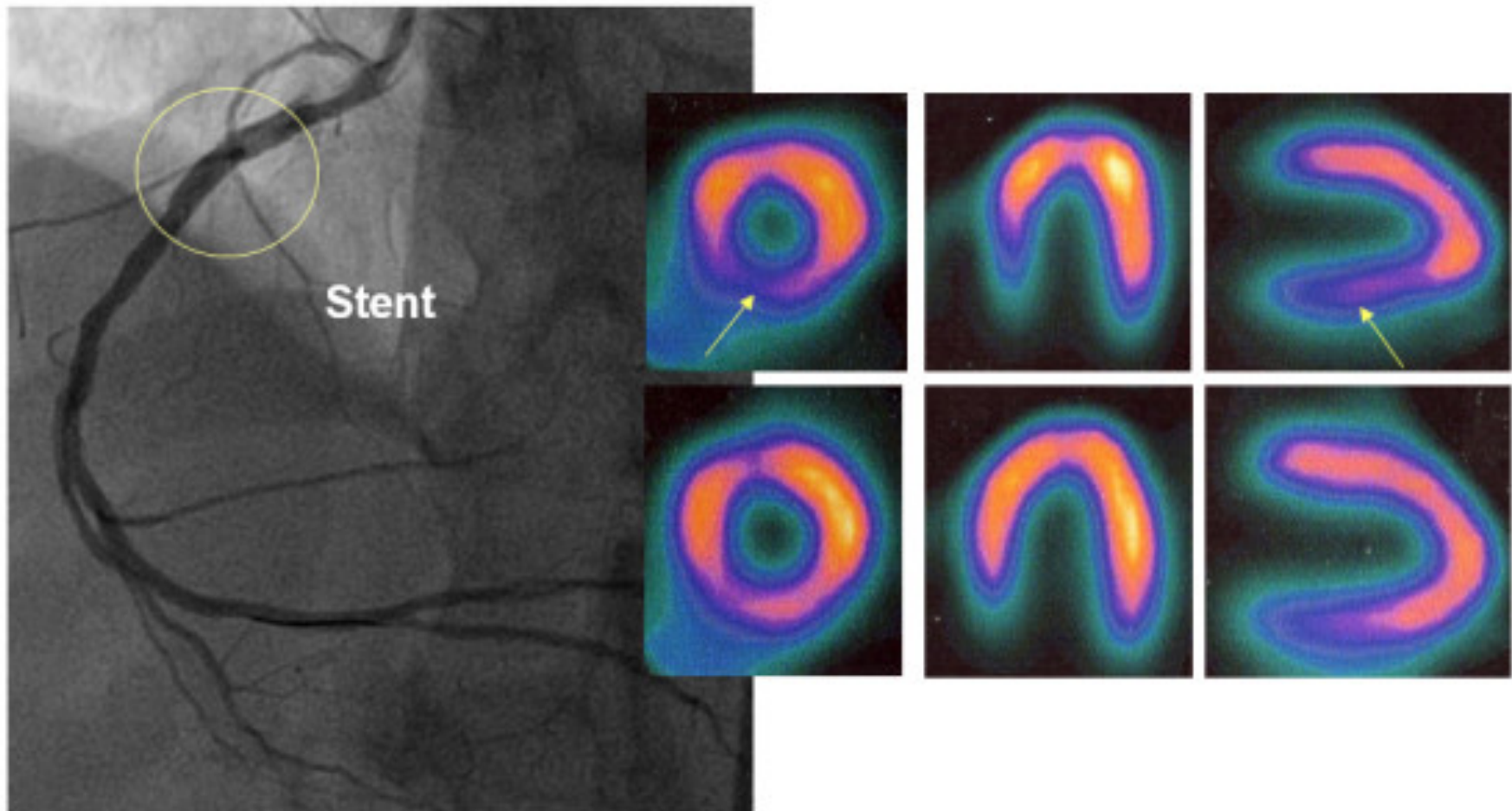


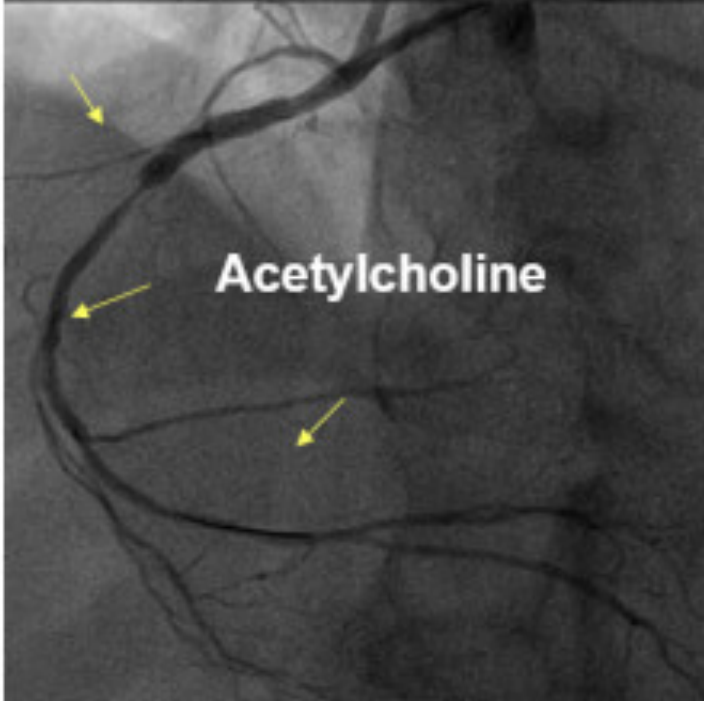
Non obstructive coronary atherosclerosis and endothelium mediated vasomotor dysfunction





- R. A. 46 yod male
- Prior PCI RCA (DES) after mixed angina
Recurrent Ex chest pain with “positive” Ex MPI





Tempo di riproduzione: 7:25
Cognome: rrr

FFR	0,97
CFR	2,3
HSR	0,05
HMR	2,0

I.C. 13.57:32

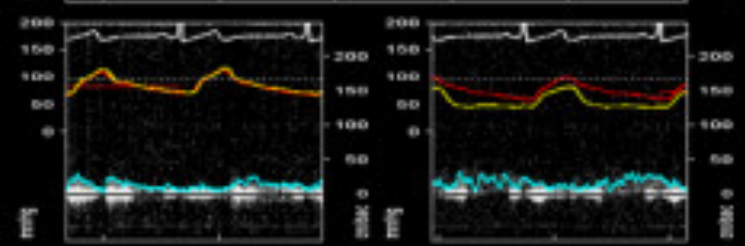
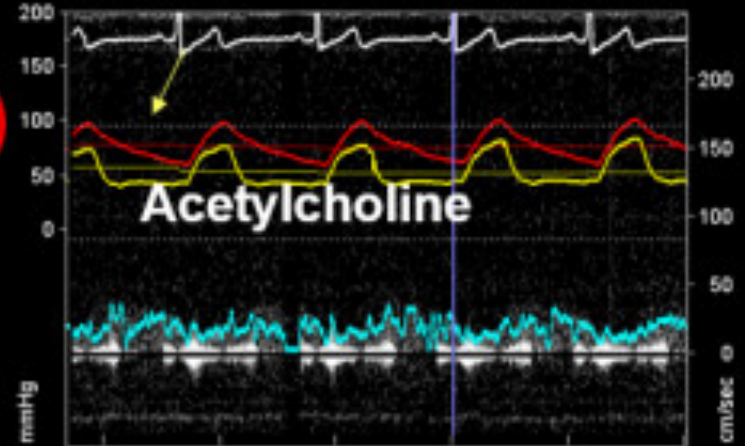
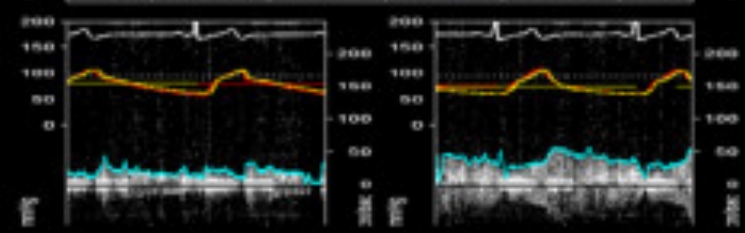
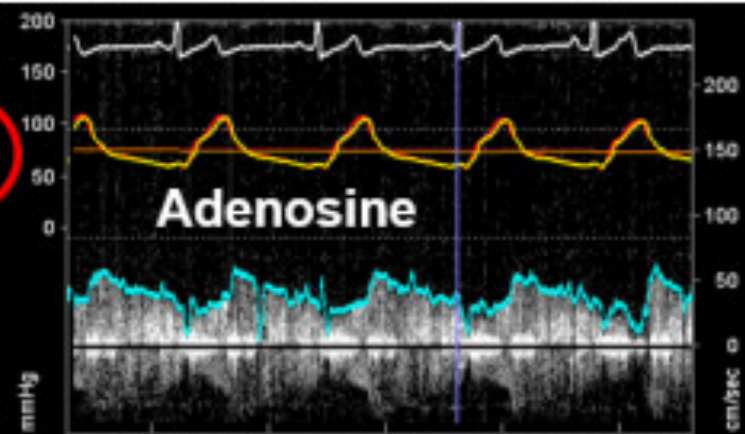
Pa	75
Pd	73
Pd/Pa	0,97
Pa-Pd(p)	2
HR	55
APV	27
APV-B	16
APV-P	37

Tempo di riproduzione: 22:14
Cognome: rrr

FFR	0,67
CFR	1,4
HSR	0,65
HMR	3,7

I.C. 17.28:56

Pa	76
Pd	51
Pd/Pa	0,67
Pa-Pd(p)	21
HR	53
APV	14
APV-B	12
APV-P	17





Conclusioni

Stenosi coronarica ed Ischemia

- **Anche se l'ostruzione dei vasi epicardici è la più comune conseguenza dell'evoluzione dell'aterosclerosi coronarica non esiste una relazione univoca e lineare tra grado di ostruzione (stenosi) coronarica e gravità ed estensione di ischemia**
- **L'ischemia miocardica può essere determinata dal concorso di fattori diversi quali:**
 - **Disfunzione vasomotoria**
 - **Disfunzione microcircolatoria**
 - **Aterotrombosi e rottura di placca**
 - **Aumento metabolismo miocardico**
 - **.....**



Conclusioni

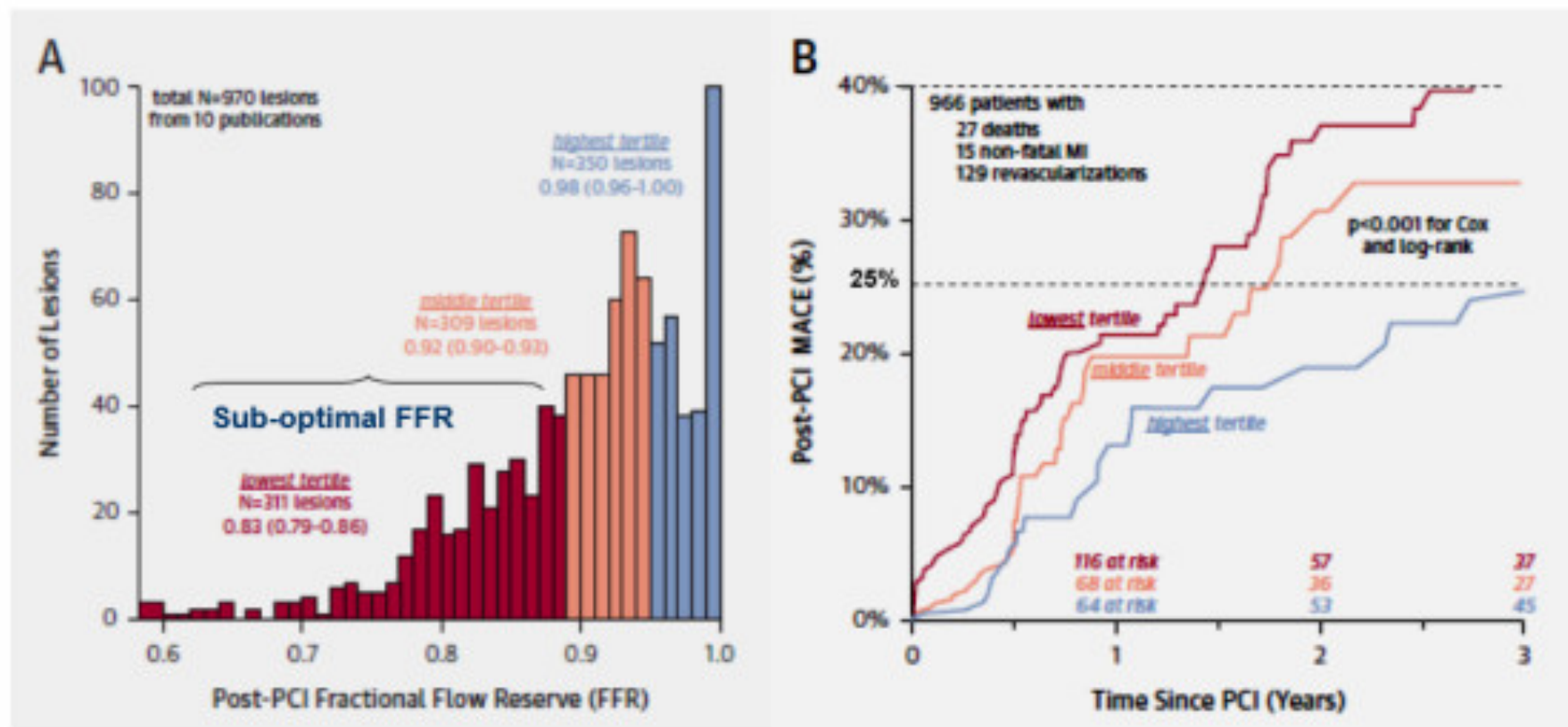
Stenosi coronarica ed Ischemia

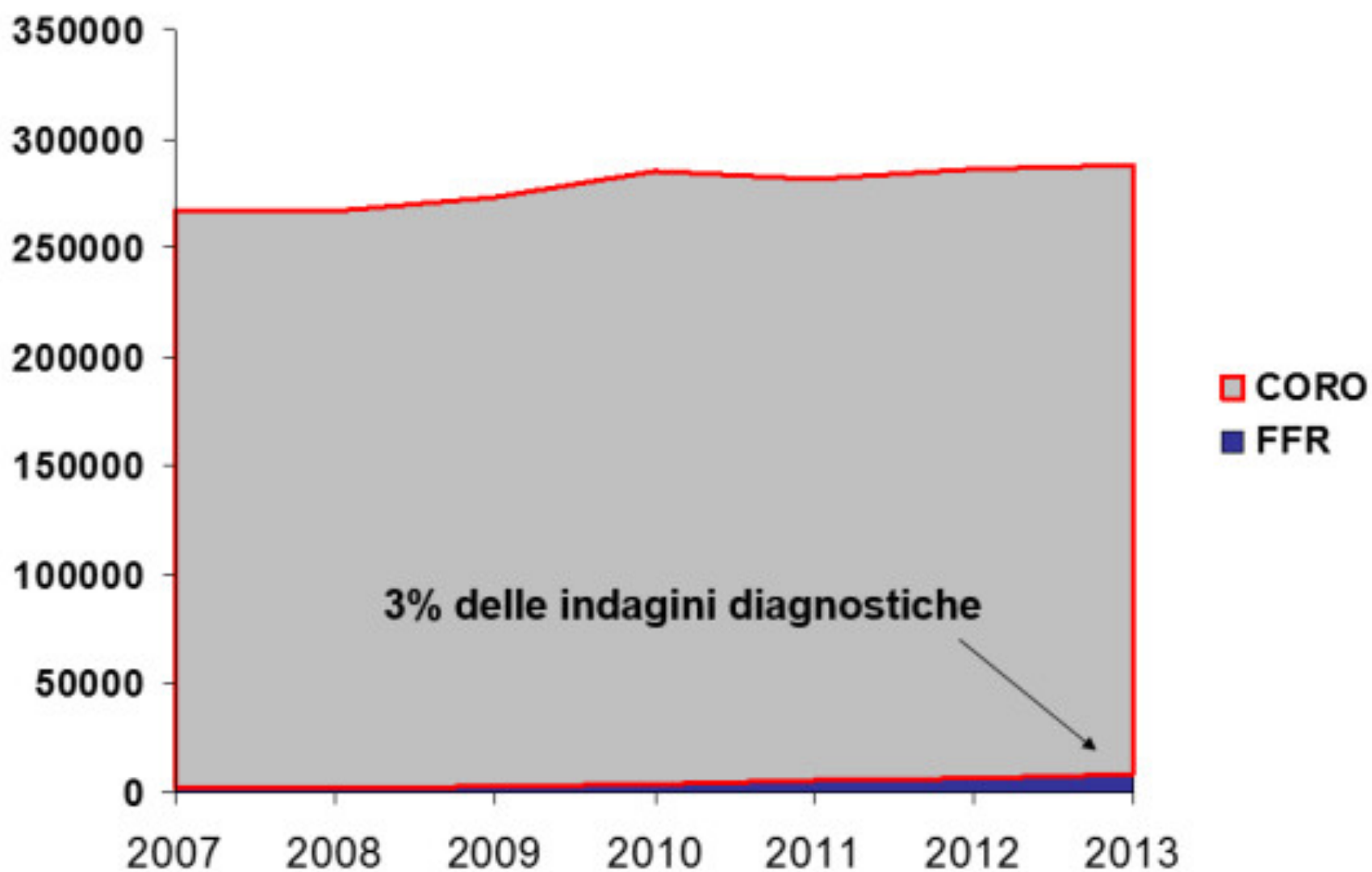
- **La presenza e la gravità dell'ischemia sono importanti determinanti prognostici**
- **La valutazione emodinamica e funzionale in sala di cateterismo consente di**
 - **identificare le stenosi funzionalmente critiche che richiedono un trattamento**
 - **Guidare ed ottimizzare la procedura di angioplastica e stenting**
 - **Comprendere i meccanismi di ischemia non dipendenti dalla stenosi coronarica**



Prognostic Value of Fractional Flow Reserve

Linking Physiologic Severity to Clinical Outcomes

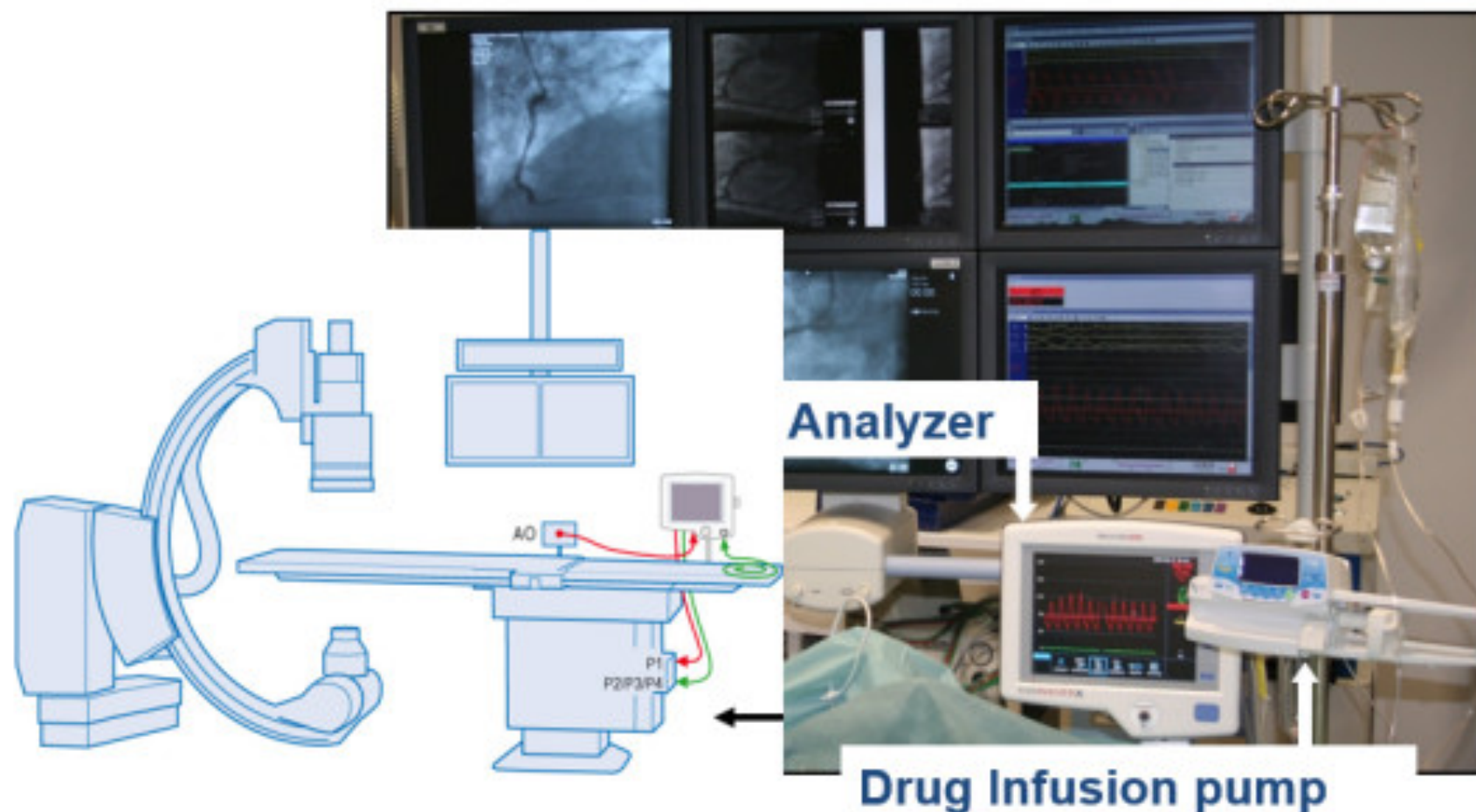




Dati Attività Laboratori di Emodinamica 2013



“take-home message”



...richiedete al vostro «emodinamista» di fiducia la valutazione funzionale delle stenosi e della malattia coronarica !!